

Volunteer Coach - Seasonal Guide

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Fall 2026 Coach Meeting Recordings & Presentation

📺 5-6U Fall 2026 Coaches Meeting Recording.mp4

📺 7-8U Fall 2026 Coaches Meeting Recording.mp4

📺 9U+ Fall 2026 Coaches Meeting Recording.mp4

[Coaches Meeting Slide Deck](#)

Risk Management

1. Login here system.gotsport.com:

*First time logging in? (or you cannot remember your password), click on "Forgot Password", you can then enter your email to have your login credentials sent to you. *Check spam/junk folder*

2. Navigate to “**Dashboard**” scroll down to ‘Requirements’

- Scroll down the page until you find the **US Club Soccer Requirements** section.
- If your status for **25/26** is **Fulfilled**, no further action is necessary.
- If your status is **Required**, **Expired** etc, please click **Details** next to the corresponding requirement.
- NEW Requirement - Staff Registrant Annual Certification - will be satisfied immediately upon submission.

Voucher codes for background check:

- For JUSC use **F26JUSCBG**

- For WDMSC use **F26WDMBG**

[Individual requirements 1-2-3 \(Risk Management Guide\)](#)

Roster Announcements & Field Reservation

All rosters have been finalized and all parents have received an email with the team information for the season.

A practice preference form has been sent out and should be visible in Playmetrics under 'Forms' if you have not completed it yet.

Game Schedules & Access to Club Fields

All Games will be synced to PlayMetrics team calendars.

5U-8U Game Schedule has been released and is visible in Playmetrics

9U+ League Schedule has been released and is visible in Playmetrics

Team Training / Practice @ Club Fields Expectations

No need to train at Club Fields! More than 50% of coaches practice at green spaces in the community, by schools etc using cones where fields are not lined.

Reserving Field Space at Club Fields

- **Approved/Assigned Practice will sync with Team Calendar!**
- **Head/Lead Coach Only** Form Request - Not sure? Check with the head coach or your administrator.
- **Up to 2 teams can be scheduled on one field at a time**

DO NOT MOVE GOALS

If you move goals for practice MOVE THEM BACK to the touch line like they are set for games.

Team Practice Communications

Announce your set plans or start the conversation with your team parents on when/where you plan to hold weekly practices - Set a quick deadline for input and announce shortly after! Please try to **train or**

meet with the team at least once before the start of the season and set your Game and Practice expectations.

Not training at Club fields?

Enter Practice in Team Calendar: **Under 'Coach' role** select your team and Navigate to Calendar tab and select **'Add Other Event' - Name Event Title: Practice**; Check 'Recurring' if set for season, enter address and save. **Alternate Training Locations** = Any green spaces in community (on first come basis)

Contacts

Pair Practices = Train & Scrimmage Together on Full size field!

- [JUSC & WDMSC Coaches](#)

IDL 9U+ League  Fall 2026 Team Contact Info

- [Game Time Contacts](#) *Rescheduling, emergency contacts*
 - All games should be played as scheduled even when short players or coach not available, parents/assistants can step in to help.
 - 5/6U Games can not be rescheduled.
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Need an Assistant?

Reach out to your families asking for specific help - assistants that will be alone with the team at any time must complete Risk Management - send them to your divisional administrator. Izzy for 5-8U teams, and Haris for 9U+.

**Helper in charge of snacks and no direct work with the team, does not need to complete the risk management.*

Home/Away Jerseys

- **JUSC** Home Jerseys: **Sky (Light) Blue** | **JUSC** Away Jerseys: **Navy Blue**
- **WDM** Home Jersey: **White** | **WDM** Away Jersey: **Royal Blue**
- **Parents should bring both jerseys to games!**

- Club's Uniform Kit: [JUSC Uniforms](#) | [WDM Uniforms](#)

Game Day Coach Checklist

- [Discovery Game Day Checklist](#) ✓ (5U-8U)
 - [REC Game Day Checklist](#) ✓ (9U+)
 - [IDL REC League Game Day Procedures & Protocols](#)
 - [9U-19U Rec Rules](#) 
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Rescheduling Protocols, Policy & Procedures

- **All Games should be played as scheduled.** When a game has to be rescheduled, ideally the process will be started well in advance (as soon as schedules are published).
- **Propose Alternatives:** Please ensure the proposed alternatives work with the coach of your opposition before submitting the request (form link below)

The home team coach is responsible for following their club protocols to confirm field space availability.

- **Step One:** Discuss alternative dates and times with the coach of the opposing team. It is recommended you identify more than one alternative.

We prefer games be rescheduled for weekends - especially for 9U and up. Weeknights, especially Tuesdays and Thursdays, can be challenging to find times that will work.

- **Step Two:** Submit Game Reschedule Form [Rescheduling/Canceling Game Protocol > Start Here](#)
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PlayMetrics App & Help

- [Add PlayMetrics App](#) *Essential Tool to manage team
 - [Understanding PlayMetrics Communication Tools \(link\)](#)
- **Rosters** | [Game Schedules](#) | (9U+) GameDay Roster (pending league release)
- **Pair Practices & Train Together** | [‘Club’ Coach Contacts](#)

Working as a [Coach in PlayMetrics](#)

- [Team's Event Attendance](#) *Parents & Coaches
- [Adding Family Contacts](#)

- [PlayMetrics Quick Help Links](#)
- [One Account - Multiple Clubs](#)

Intro/Welcome Message to Parents (Templates)

- (1) [Welcome to the Team!](#) (Template)
- (2) [Introduction: Welcome to the Team!](#) (Template)

[PlayMetrics Club Resources](#) All of this is available and more you can access in the PlayMetrics App!

Questions

Club Admin Specialist, Zorana at z.mcquillan@sportingiowasoccer.org

[JUSC FAQs](#) | [WDM FAQs](#)

Contact | [WDM Soccer Club](#) | [JUSC](#)

Technical coaching questions: kenton@sportingiowasoccer.org

Membership General Account services, please contact Haris at serdarevic@sportingiowasoccer.org