

The Practice of Eucharist

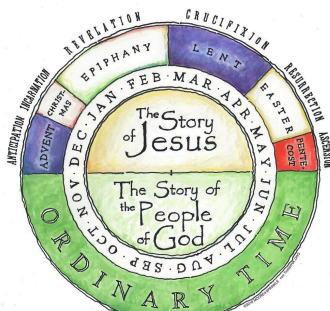
The sacrament of Eucharist was instituted by Jesus at the Last Supper (Luke 22:7-20), practiced by Him after His resurrection (Luke 24:30-35) and given further explanation by the Apostle Paul to the church in Corinth (1 Cor. 11:17-34).

In taking Eucharist, we are not only remembering Jesus' sacrifice of body and blood for the redemption of the world, we are also mysteriously united with Christ. The Apostle Paul takes this union seriously, "Is not the cup of thanksgiving for which we give thanks a participation in the blood of Christ? And is not the bread that we break a participation in the body of Christ?" (1 Cor. 10:16). Furthermore, Eucharist, while personal and intimate, is more than individualistic as we believe that followers of Jesus are also united and mysteriously made one body by sharing in the bread and cup (1 Cor. 10:17).

While we believe nothing magical occurs during Eucharist, something mysterious, real and powerful does. As a result of our theology, we partake in Eucharist on a weekly basis, generally at the end of our worship gathering as a crescendo.

We invite ALL (regardless of denomination) who have begun the journey to trust Jesus as Savior, Teacher and Lord to partake in the Sacrament of Eucharist. If you have not made a decision to follow Christ, please feel free to abstain as we are seeking to create an atmosphere of authenticity in which no one is manipulated into acting against their conscience.

Practicalities: When you come forward for Eucharist, come when you feel ready at your leisure down the center aisle. Receive a piece of bread and then dip that piece of bread into either wine or grape juice before eating it. Then you may return to your seat.



1030 Choteau St. – Helena, MT 59601
406-324-7273
www.helenaheadwaters.org



Sunday, November 2
All Saints/ Souls Day

Order of Service

Welcome

Call to Worship

Songs of Praise

Prayers of the People/ Offering

Children's Prayer

Ministry of the Word

Response in Worship

Communion

(Please check out back of bulletin)

Benediction



Mystery of Human Sexuality – Exodus 20:1-2, 14

What do we need to keep in mind with any of God's commandments?

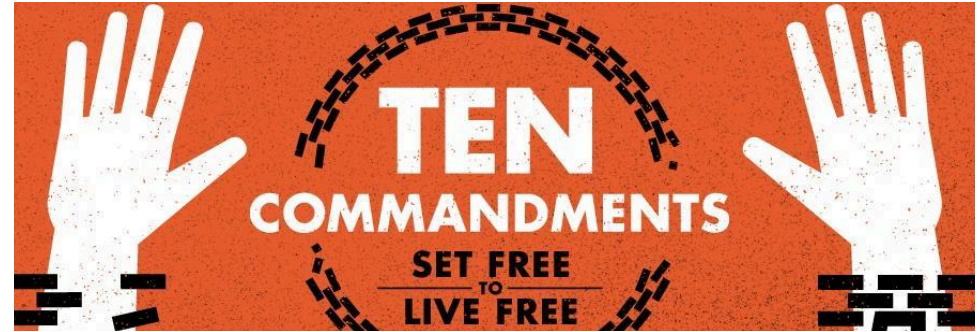
#1: What is the Creator's intention in this commandment?

How does Jesus intensify and expand this command in his sermon?

#2: How can we embody the creator's intention in our sexually supercharged culture?

- a)
- b)
- c)
- d)
- e)
- f)

Which one of these do you need to embody the most today?



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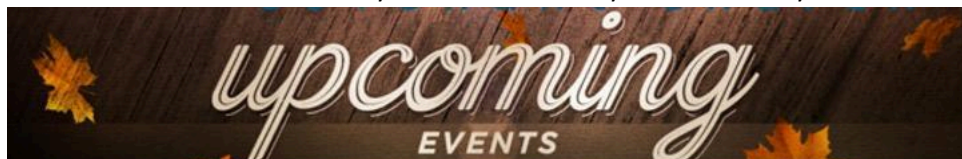
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Love and Logic

Join us every Thursday for 6 weeks to gain tools to handle any scenario our child throws our way, upping the odds that we will raise respectful and responsible kids while preserving a solid and loving relationship. Each week will spark ideas and conversations that will apply over broad ranges of kids' ages and ideas will build on each other from former weeks. Format includes engaging stories via video, insightful conversations in the room (custom-tailored to parent needs), and useful exercises to help lock in the skills. We won't get pushy, but you can take what is useful to you.

Thursdays, October 23 - December 4

(No class on Thanksgiving Day)

6-8 PM @ Headwaters Covenant Church



Presented by Emily Roehm: Trained Independent Facilitator

\$40/individual, \$55/couple - one workbook included

*Scholarships available! Inquire if needed – Register by QR code.

Life Together Game Night

Let's kick off the Thanksgiving long weekend with playing games together! Bring a hearty snack to share & a favorite board or card game for a night of family fun! Headwaters will provide pizza.

Wednesday, November ,26 – 6:00pm -8:00 pm

Advent Party

Join us as we intentionally begin the Advent season with games, festive activities, crafts and music as prepare to enter into the most wonderful of seasons. **Wednesday, December 3, 6:00-8:00 pm Headwaters Gym**

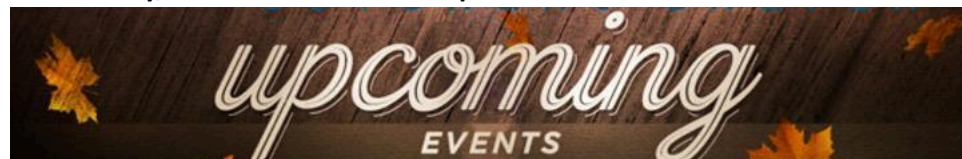
(This will be our final Life Together till January)

Grief Share – Surviving the Holidays

“What do I do now?” this question is asked by many people in the wake of loss. Griefshare Surviving the Holidays is a 2-hour seminar designed to help those in our community to navigate the complicated relationship they now have with what once was a season of joy. Join us and invite others as we gather together

for encouragement, support and valuable tools to navigate the season!

Sunday, December 7 – 3:00-5:00pm @ Headwaters Covenant Church



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Prayer Team Volunteers

Do you enjoy praying with and for others? We are looking for volunteers to help pray with folks during Communion in the back of the sanctuary. Please contact Pastor Seth or Pastor Iain if you are interested in being part of our prayer team!

Church Spot Cleaning Volunteers

Since we love to have snacks following the worship service, we need your help in spot cleaning so it doesn't get tracked around as we have many groups use the building throughout the week. We have a sign-up sheet in the foyer. There are still spots need to fill-in! Thank you for serving in this way!

Children's Church

Children's Church is every other week for kid's preschool-5th grade. We are continuing children's church through the summer and would love more help; if you are interested in serving, please contact Rachel Dombach – 360.305.8052
Next Children's Church Sunday, October 19th.

Men's and Women's Prayer Times

The most important and powerful thing we can do together is to pray.

Men's Prayer Tuesday's 7:00am-8:00am

NEW DAY AND TIME!!! Women's prayer Thursday's 12:30pm-1:30pm

Men's Bible Study

When: Join us every Monday @ 6:30am – **Where:** 1889 Coffee House

The Study: We are working through Proverbs.

Online Tithes

Thank you so much for your outrageous generosity!
We also want to make it convenient for you to share your resources online. Please scan the QR code to tithe.



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Financial Snapshot 2025

	<u>Jan-Feb</u>	<u>Mar-April</u>	<u>May-June</u>	<u>July</u>	<u>August</u>	<u>Sept.</u>
Budget –	\$27,068	\$27,068	\$27,068	\$13,534	\$13,534	\$13,534
Tithes –	\$31,864	\$30,647	\$21,873	\$12,746	\$8,572	\$12,893
Over/(Under)	\$4,796	\$3,579	(\$4,204)	(\$788)	(\$4,962)	(\$641)

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Wednesday Nights Bible Study and Fellowship for all ages

6:00-6:30pm **Dinner and Fellowship**

6:30-6:45pm **Games in the Gym for Everyone**

6:45-7:45pm **Discipleship Groups**

- Nursery for ages 0-3 ^{*(If needed)}
- Pre-K-2nd Grade Bible Study
- 3rd-5th Grade Bible Study
- 6th-12th Grade Bible Study
- Adult Bible Study (meet one week and serve on the off week)

7:45-8:00pm **Worship in the Sanctuary for Everyone**

Wednesday Fall Schedule 2025

Oct 22 - Nov 19: Regular Life Together

November 26: Advent Party for the whole family

December 3 & 10: Regular Life Together

Adult Bible Study

Adults will be going through a study titled: The Gospel-Centered Life. The Gospel-Centered Life helps participants understand how the gospel shapes every aspect of life, no matter where you find yourself on your spiritual journey.

Youth Bible Study

Youth will go through a deep dive in the Epistle of James this fall, focusing on all the practical wisdom freely given to those who desire it.

Pre-K-5th Grade Bible Study

Kids will continue to use The Gospel Project: This study is designed to encourage true transformation that comes only from the gospel, not from behavior modification. It's all about Jesus, and every story points back to Him.

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We will provide a safe, loving, and God honoring environment for children to enjoy while their parents are involved in studying and serving.



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