

“Is it Really Better to Give Than Receive?” Presented by Keith Germaine

March 17, 2024

Worship Associate: Marilyn Raymond

Music Associate: Phyllis Cannell

Audio Visual Technician: Zain Naqvi

Sounding the Singing Bowl

Board Member Welcome: Keely Kergan

Musical Invocation: “Serenade” by F Schubert

Lighting the Chalice: “Be Still for a Moment” by Elena Westbrook

Gathering Hymn: # 134, “Our World is One World” by Cecily Taylor

Meditation: “Desiderata” by Max Ehrmann

Silence

Music: Phyllis Cannell on tone bars

Reflection: “Is it Really Better to Give Than Receive?” Keith Germaine

Joys and Sorrows and/or a wonderful thing you have given or received

Hymn: # 1053 "How Could Anyone Ever Tell You?" Words & Music: Libby Rodrick

Offering in Support of This Congregation: Doing this ritual differently

Hymn # 402 “From You I Receive” By Jason & Nathan Segal

Benediction and Extinguishing the Chalice: “Go now in peace” by Barbara Hamilton Holloway

Birthday Song: “Merry Widow Waltz” by Franz Lehar, Arranged by John Forster & Tom Chapin

Circle of Peace “Carry the Flame” (Patricia Pavey)



Kelowna Unitarians
Sharing Diverse Explorations of Faith

The Principles and Sources of our Religious Faith ~ Unitarian Universalists (UUs) and UU congregations affirm and promote eight Principles, which we hold as strong values and moral guides. We covenant to these Principles instead of one particular creed or dogma, because we believe that what matters is not who or what you believe in, but how you live your life. UUs live out these Principles within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience.

“The Principles are not dogma or doctrine, but rather a guide for those of us who choose to join and participate in Unitarian Universalist religious communities.” Rev. Barbara Wells ten Hove

Principles ~ We, the member congregations of the Canadian Unitarian Council, covenant to affirm and promote:

- The inherent worth and dignity of every person;
- Justice, equity, and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.
- Individual and communal action that accountably dismantles racism and systemic barriers to full inclusion in ourselves and our institutions.

The living tradition which we share draws from many sources:

- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- Words and deeds of prophetic people which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- Wisdom from the world’s religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God’s love by loving our neighbours as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;
- Spiritual teachings of Earth-centred traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

Grateful for the religious pluralism which enriches and ennoble our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

The Mission of Kelowna Unitarians is ~ *To foster a diverse and caring spiritual community, celebrating individual freedom of religious thought, and sharing a commitment to social justice and to the reverence and enrichment of all life.*