## 5 Star

- 1. <u>The Real All Americans: The Team That Changed a Game, a People, a Nation</u>- just read, such an awesome story!
- 2. <u>War's Unwomanly Face</u>- I love the perspective. The introduction of the book is well worth reading. It shows how many women were involved, what they did, how they suffered and overcame, and how their voices were so easily forgotten.

## 4 Star

- 3. The Secret History of Wonder Woman- The creator of Wonder Woman was an intriguing man! His life was surprising to me on multiple levels. The paradoxes in his beliefs and actions make him very complex. The book also gave a great history lesson of women's suffrage and feminism. The book is barely about comics which didn't bother me at all. If I hadn't liked the Wonder Woman movie I probably would have never read it.
- 4. Come as You Are: The Surprising New Science that Will Transform Your Sex Life- This book was written for women, but I think everyone should learn about this information. Spoiler: women and not men. I hear so many guys say stupid things about women. We need to correct society when it comes to sex. This book does a great job debunking the societal norms that have been established
- 5. <u>Storm in a Teacup: The Physics of Everyday Life</u>- very relatable and informative. She coined **"booby knowledge."**
- 6. <u>Black Edge: Inside Information, Dirty Money, and the Quest to Bring Down the Most Wanted Man on</u>
  Wall Street
- 7. <u>Touching a Nerve: Our Brains, Our Selves</u>- a philosopher's exploration of the latest brain science and its ethical and practical implications
- 8. The Case for God- This is a great book for any type of religious person or atheist. This is really a history book! Also, this is my first Karen Armstrong book. I might read more now. The title is very misleading. I don't see Ms. Armstrong making an argument for God. In fact I think her book would make a better argument against God. But the book is more giving a history of religious thinking. She adds great context, and brings up many thinkers I never heard of before or knew quite well. Even the historical figures I knew well, there was a fresh perspective relating to other ideas and or periods. Her arguments comparing new atheists to fundamentalists are valuable. And she makes interesting points about the rise of science, secularism, atheism, and fundamentalism.
- 9. <u>Never Enough: The Neuroscience and Experience of Addiction by Judith Grise</u>- mix of memoir, Dr. Grisel is a recovered addict, and a science of addiction and drugs. The book is very informative on the subjectively and objectively.
- 10. On Death and Dying- analysis on case studies of dying patients give valuable perspectives on dying people. The intro also referenced ideas I keep coming across in recent books I read like The Worm at the Core and Until the End of Time. All three make a nice death pairing.

## **Biography**

11. <u>A Beautiful Mind</u>- Dr. Nash was a crazy interesting person (pun intended). Although he wasn't always a very likeable character, his story was a compelling read. I found myself a bit anxious to get to his illness and I wasn't sure what to expect because I learned everything I knew about Nash from the prologue (I only knew about the Nash Equilibrium and that a movie existed). I thought the pace could have moved

- a little quicker through the 1950's. But this is a book I'm going to add to my personal library. I'd read it again someday.
- 12. <u>Wild Swans: Three Daughters of China</u>-this is memoir or family history. Really long but very informative about the World Wars and Communism from a Chinese perspective.
- 13. Fast Girl: A Life Spent Running from Madness- The prologue kind of blew my mind. I read a few other reviews, and found them a bit unfair and true. It is not great writing! And most of the things others said about Favor Hamilton I wouldn't disagree with, and there is a nativity about her even in hindsight. She seems clueless, and way too self-centered. Still, it is intriguing, or maybe annoying to other readers. She gets to share her voice because of her extreme privilege and popularity, but how is that any different from most other writers. I find myself defending Hamilton because I was hooked on her story. Give her a chance. I feel I understand people in my family better from reading this book. As someone with little knowledge about bipolar disease, I gained a great perspective from this book. Which is one of the author's goals.

## On my Read list

- 1. The Warmth of Other Suns: The Epic Story of America's Great Migration
- 1. The New Jim Crow: Mass Incarceration in the Age of Colorblindness
- 2. Lost in Math: How Beauty Leads Physics Astray
- 3. These Truths: A History of the United States
- 4. Weapons of Math Destruction: How Big Data Increases Inequality and Threatens Democracy
- 5. The Second Sex- classis philosophy text. Existentialist.
- 6. <u>Defending Science within Reason: Between Scientism And Cynicism</u>
- 7. Good Booty: Love and Sex, Black and White, Body and Soul in American Music
- 8. Zinky Boys: Soviet Voices from the Afghanistan War
- 9. Educated (not Duckworth, Obama recommended)
- 10. Voices from Chernobyl: The Oral History of a Nuclear Disaster
- 11. Grunt: The Curious Science of Humans at War
- 12. Annette Gordon-Reed
- 13. Brazen: Rebel Ladies Who Rocked the World
- 14. An American Sickness: How Healthcare Became Big Business and How You Can Take It Back
- 15. Stiff: The Curious Lives of Human Cadavers
- 16. Minuscules: when less is more...
- 17. On the Ragged Edge of Medicine: Doctoring Among the Dispossessed
- 18. A Chosen Exile: A History of Racial Passing in America

Fiction- historical fiction. Dam they are so good!

- 1. Half of a Yellow Sun
- 2. In the Time of the Butterflies
- 3. The Poisonwood Bible
- 4. <u>Song of Solomon</u> just fiction but so good!