

Getting to Know You

1.) As we have journeyed through the “Untangle” series for the past five weeks, which of these subjects--*Remember and Grieve*, *Repentance*, *Forgiveness*, *Gratitude*, or *Wisdom*--stands out most or has challenged you the most? Why?

2.) Are you more untangled today than when we started this series? How so?

Into the Bible

3.) Read Matthew 7:24-27. Thinking back over this series and the passages we have covered, which one(s) do you still need to put into practice in your life? How will you accomplish that?

4.) We began this series with Matthew 11:28-30. Read it again. Now, five weeks later, how do you need to take “my yoke upon you, and learn from me,” and how will that bring “rest for your soul”?

5.) What have you learned or been reminded about God in this series?

Application

6.) What actions do you need to take to continue your pursuit of getting emotionally untangled and staying untangled?

7.) What are some ways to untangle the knots of our souls, beyond the things that we have talked about (listed in question 1)?

8.) What is your one take-away and your one action step from this series?