

Emergency Mental Health Resources

If you ever feel hopeless or alone, please know that there are people who love you.
We're fighting for you, and you can call or text these numbers if you need help:

Trans Lifeline
Police-Divested Hotline:
(877) 565-8860

Trevor Project Hotlines:
Call: 1-866-488-7386
Text: START to 678678

Visit https://txtranskids.org/additional_resources
for additional mental health resources

Arkansas

[inTransitive](#)

An Arkansas-based mutual aid group that focuses on providing food, housing and transportation to black and brown trans women in emergency situations.

Venmo: @intransitive

Cashapp: \$Transcoins

PayPal or Card Donations: <https://intransitive.org/donate>

Support their boycott:

<https://intransitive.org/ar-boycott>

House of GG -- Griffin-Gracy Educational Retreat and Historical Center

An Arkansas-based organization supporting the leadership of trans women of color in the US South, and creating safe and healing spaces for trans and nonbinary people. Founded and Directed by Miss Major.

Donate: <https://houseofgg.org/donate/>

Center for Artistic Revolution

An Little Rock-based organization organizing empowering community events and community mutual aid initiatives.

Paypal Donations: <https://tx.ag/CenterforArtisticRevolution>

Arkansas Black Gay Men's Forum

A Little Rock-based grassroots network dedicated to improving economic and wellness opportunities for black gay men and LGBTQ+ people in Arkansas.

Little Rock Queer Girls

A support group dedicated to connecting queer women in Arkansas and providing information about safe spaces for queer women.

Texas

Black Trans Advocacy Coalition

BTAC is a coalition of the non-profit organizations [Black Transmen, Inc.](#), [Black Transwomen, Inc](#) and [Black Trans MX](#). The organization provides food and transportation to trans people on a national level.

Donate: <https://blacktrans.org/donate/>

The Trans Disaster Relief Fund

A collective based in Houston, originally founded in response to Hurricane Harvey, providing housing and resource donations to trans communities in need.

PayPal Donations: <https://tx.ag/TransDisasterReliefFund>

Transgender Foundation of America

A Houston-based grassroots non-profit organization providing homelessness services, vetted mental health referrals and free group therapy, support groups, and organizing events.

PayPal Donations: <https://tx.ag/TFAHouston>

The Houston Intersex Society

A TFA branch organization that supports the needs of intersex communities in Houston and worldwide.

Donate: <https://tx.ag/THIS>

SWOP Austin

An Austin-based mutual aid group providing food and funding to trans sex workers.

Donate: <https://atx.swopusa.org/donate/>

Black Trans Leadership of Austin

An Austin-based mutual aid group providing community organizing and data collection resources

Donate: <https://btla.squarespace.com/donate>

Trans Education Network of Texas

A Texas-wide community organization providing training and educational campaigns for underserved trans communities

Donate: <https://secure.everyaction.com/Aluze8fLdEmIU5KgX5Ar1w2>

North Carolina

Campaign for Southern Equality

A national organization providing vital legal and political education services to community organizers fighting against anti-LGBTQ legislation.

Donate: <https://southernequality.org/donate/>

Tranzmission

An Asheville-based trans advocacy organization providing transitional education and resources, trans support groups, and COVID-19 relief for trans people in North Carolina.

PayPal Donations: <https://www.paypal.com/paypalme/Tranzmission>

Florida

Gulf Coast Transgender Alliance

A Pensacola-based organization providing vital transitional resources and education, as well as a safe space and support group, to the trans community in Florida.

SunServe

A Fort Lauderdale-based organization providing housing legal services, transitional services and education, mental health resources, and support groups to trans people in Florida.

Donate: <https://www.sunserve.org/donate/>

Washington DC

No Justice No Pride

An advocacy organization organizing events and providing housing to LGBTQ+ people in the District of Columbia. They've radically supported trans sex workers and focus on intersectional organizing including racial justice and prison abolition.

Donate: <https://www.nojusticenopride.org/donate>

Patreon: <https://www.patreon.com/nojusticenopride>

Kentucky

[Kentucky Health Justice Network](#)

Providing reproductive and gender affirming healthcare to Kentuckians, as well as transitional resources in collaboration with [TSTAR Lab](#).

Donate: <http://www.kentuckyhealthjusticenetwork.org/donate.html>

Louisiana

The TGNC Peoples COVID Crisis Fund of Louisiana

A collective fund being disbursed to trans and nonbinary people suffering financially from COVID-19. Louisiana has been hit especially hard by the virus due to its large tourism and travel industry.

Donate: <https://www.gofundme.com/f/tgncLA>

Vermont

[Out In The Open](#)

A Brattleboro-based organization building community, visibility, and power for LGBTQ+ people in rural areas

Donate: <https://www.weareoutintheopen.org/donate>

National

[Transgender Map](#)

A huge collection of medical, social, and legal transition resources for trans, nonbinary, and gender-questioning people, organized in a comprehensive map.

[Informed Consent HRT](#)

A map of all the clinics that offer HRT services with informed consent policies.

[Funding Queerly Giving Circle](#)

An branch organization of [Astraea Lesbian Foundation for Justice](#) dedicated to providing funds to smaller grassroots trans activist organizations, specifically those run by people of color, black, indigenous, and low-income communities.

Donate: <https://tx.ag/QueerlyGivingCircle>

[Big Door Brigade](#)

A comprehensive guide and list of resources for starting your own mutual aid initiatives in your community, based on experience with racial justice, trans justice, and prison abolition organizing.

[Familia: Trans Queer Liberation Movement](#)

An organization dedicated to liberated queer and trans Latinx communities through organizing, education, and advocacy.

Donate: <https://familiarqtm.org/donate/>

Trans Justice Funding Project

A community-led funding initiative providing grants and resources to grassroots, trans-led justice groups throughout the US and US territories.

Donate: <https://www.transjusticefundingproject.org/donate-now/>

For The Gwols

A New York-based organization raising money for black trans communities to pay for rent, gender-affirming surgeries, and transportation to medical facilities.

Donate: <https://www.forthegwols.party/donate>

Third Wave Fund

A gender justice group supporting trans and gender activism with grants, long-term funding, and capacity building, focusing on support for women of color.

Donate: <https://tx.ag/ThirdWaveFund>

Black and Pink

A prison abolitionist organization focused on freeing incarcerated LGBTQIA+ individuals and those criminalized due to HIV/AIDS.

Donate: <https://www.blackandpink.org/DONATE/>

Trans Housing Coalition

An organization led by black trans women that uses a person-centered, housing-first approach to providing permanent housing to homeless black trans women.

Donate: <https://www.transhousingcoalition.org/donate>

Point of Pride

A completely volunteer-run non-profit organization that provides gender-affirming programs and resources to communities lacking gender-affirming care.

Donate: <https://pointofpride.org/donate/>

Funders for LGBTQ Issues

A collective of over 75 corporations, funding institutions, and foundations increasing the scale of financial support provided to LGBTQ+ communities.

Donate: <https://lgbtfunders.org/donate/>

The Transgender District

A district of San Francisco, encompassing 6 blocks in the southeastern Tenderloin and crossing over Market Street to include two blocks of 6th street, dedicated to creating a safe urban environment for trans residents and providing resources to create similar districts across the country.

Donate: <https://www.transgenderdistrictsf.com/donate>

South Asian Queer and Trans Collective

A New York-based grassroots organization dedicated to creating safe and uplifting spaces for LGBTQ+ South Asians and Indo-Caribbeans through community building, arts, and culture.

Donate: <https://linktr.ee/saqtcddonate>

The Okra Project

A collective dedicated to bringing home cooked, healthy, and culturally specific meals and resources to black trans people.

Donate: <https://tx.ag/TheOkraProject>

Out2Enroll

A national initiative dedicated to providing LGBTQ+ people resources and education to connect them with health insurance plans under the Affordable Care Act.

TransLifeline Microgrants

Microgrants coordinated by the police-divested emergency response organization TransLifeline for trans people of color seeking medical and legal transitioning resources and other resources for trans people of color and incarcerated trans people.

Donate: <https://translifeline.org/donate/>

The Trevor Project

A national organization providing mental health crisis response for LGBTQ+ people, as well as extensive educational resources and research.

Donate: <https://tx.ag/TrevorProject>

TransLash

An organization dedicated to curating content through to focus on trans women and their stories through the lens of journalism and personal narrative. Their initiative raises awareness and celebrates the lives of black trans women.

Donate: <https://translash.org/donate/>

[The Marsha P. Johnson Institute](#)

The Marsha P. Johnson Institute organizes, advocates, creates an intentional community to heal, develops transformative leadership, and promotes their collective power in order to protect and defend the human rights of black transgender people.

Donate: <https://tx.ag/MPJI>

[OtherWise Christian](#)

Faith resources for trans people, including love letters to transgender communities, a self defense manual against Bible abuse and Christian trans-antagonism, and reflection materials on transgender history within Christianity.

Not Trans-Specific Mutual Aid

[The Sex Workers Project](#)

An organization dedicated to a harm-reduction-centered approach to advocacy for sex workers, providing client-centered legal and social services to individuals who engage in sex work, regardless of whether they do so by choice, circumstance, or coercion.

Donate: <https://swp.urbanjustice.org/donate/>

Database of Localized Resources During COVID 19 Outbreak

A collective of information on local mutual aid, national mutual support, mental health resources, relief funds, support for healthcare workers, and many more resources.

It's Going Down

A comprehensive list of mutual aid groups providing COVID-19 support, listed by state.

Whose Corner Is It Anyway

A mutual aid, harm reduction, political education, and organizing group led by stimulant and opioid-using, low-income, survival, or street-based sex workers who have created a regular community and organizing meeting for other sex workers and opioid users.

Donate: <https://www.gofundme.com/f/whose-corner-is-it-anyway>

Central Arkansas Harm Reduction Project

A Little Rock-based grassroots organization created by and for people impacted by the War on Drugs. They operate a hotline anyone can text to receive resources for safer drug use and safer sex, as well as drop-in clinics providing Naloxone (brand name Narcan), a medicine that reverses opioid overdoses, Fentanyl test strips, 1-minute HIV tests, Condoms, Sterile supplies to prevent the spread of Hepatitis C and HIV, and Community education.

Donate: <https://www.arkansasharmreduction.org/donate/>

Organizations Monitoring Anti-Trans Legislation

[ACLU](#)

An activist organization dedicated to fighting anti-trans and anti-abortion legislation through court cases and legislative action.

Donate: <https://tx.ag/ACLU>

[Human Rights Campaign](#)

An organization dedicated to pushing the Equal Rights Act and ensuring protection for all LGBTQ+ people through local, national, and global outreach.

Donate: <https://tx.ag/HumanRightsCampaign>

[OutRight Action International](#)

A non-profit organization dedicated to working at the international, regional and national levels to research, document, defend, and advance human rights for LGBTIQ people around the world.

Donate: <https://tx.ag/OutRightInternational>

[Equality Texas](#)

Equality Texas works to secure full equality for LGTBQ+ Texans through political action, education, community organizing, and collaboration.

Donate: <https://tx.ag/EqualityTexas>