Berrien County

Clinics and Agencies

Provider Name/Web Address	COVID19	Clinicians	Focus Area	Age	Insurance	Phone/Fax	Address
Riverwood CMH			-has a PMTO therapist (Claudia) however, she can only see current CMH outpatient consumers individually to do this parent training (no groups available at this time). -Individual therapy, group therapy, Autism evaluations -TFCBT -DBT groups. -substance abuse services (must call SWMBH to access substance abuse services)	All ages	When consumer is SMI they take all Medicaid plans. When consumer is mild to moderate only accept Meridian Medicaid.	269- 925-0585 800- 336-0341 269- 684-4270 888- 686-3670	Benton Harbor Office: 1485 M-139 Benton Harbor, MI 49022 Niles office: 115 S. St. Joseph Ave. Niles, MI 49120
Riverwood Northstar Center			Psychiatric services (medications only)		Most commercial plans, will take Medicaid when it is secondary, and accepts Medicaid Meridian. Will do a sliding fee scale	269- 982-7844	3950 Hollywood Rd Ste 245 St. Joseph, MI 49085

Andrews Community Counseling Center andrews.edu/counseling	Doing just telehealth right now. Taking new referrals	Master level and PhD level psychology students supervised by licensed Psychologists.	Individual, group, family- Open Monday-Thursday Do an intake over the phone/psychologist reviews the case to determine if it is appropriate for their students/skill level.	Typically 5 and up. (will consider 3 and 4 years just depends on the presenting problem.)	Free Services	269-471-6238	4195 Administration Dr Bell Hall Room 156 Berrien Springs, MI 49103
The Avenue Family Network, Inc. avenuefamilynetwork.org	l/m 6-15-20		They have a safe shelter for domestic violence. - They provide individual counseling there for the adults, however, they do not do therapy with kids. Support groups also for DV (Benton Harbor-4:30-6 Wednesday and Niles- 4:30-6 Thursdays.)	Only work with the adults. But do have a shelter for DV.	No Charge	269-925-1725	2450 M-139 Benton Harbor, MI 49022
Family Therapy and Development Center familytherapydevelopmentcenters.com/	Most appts are telehealth, however, testing is	Janene Donarski, PhD, LP, LMSW Jene Hamilton, MA, LLP	-Psychological Testing -Neuropsycho-logical Testing -Counseling	Ages 2 and up	Participate with most insurance plans. Accept straight Medicaid	269-982-3832	830 Pleasant Street St. Joseph, MI 49085

	done face-to-face. Taking new referrals.	Shannon Groh MA, LPC Robert Gerl, PhD Kimberly Bay, LLMSW Edwin Vergara, MA, LLPC Brittany Hill-Morales, MA, LLMFT Allyse Donarski Jaimi Bray	-trained in EMDR *Spanish Speaking Testers		and Medicaid HMO's, Medicare		
Depression & Bipolar Support Alliance	l/m 6-15-20		Peer-led group that helps those with depression and/or bipolar and the family with how to handle the diagnosis	18 and older	Free	St. Joseph Location: 269-861-1334 Niles Location: 574-386-2289	
Maternal Infant Health Program-Silver Lining Family Services	Just doing tele-health-may start opening up in home services to those comfortable in July	Juanita Ruiz, Coordinator	Provide services to the mother during pregnancy through delivery and then the baby up until 18mths. Offers nursing, social work, and nutrition visits in your home.	Berrien, Cass, Van Buren, St. Joseph Counties-English or Spanish speaking families. Kalamazoo, Calhoun, Allegan counties-m	Medicaid only (referred from OB provider, WIC, CPS)	269-473-6060	4615 Lauren Lane St. Joseph, MI 49085

				onolingual-Spanish only.			
Lory's Place https://www.spectrumhealthlakeland.org/lorys-place/lory's-place	Seeing people in person for counseling; however, the support groups are being done virutally		Provides peer support group services for grieving children and their families. Also have school outreach program and peer grief support groups in the schools	3 and up	Free of charge	269-983-2707	445 Upton Drive St. Joseph, MI 49085
Centered on Wellness http://www.centeredonwellness.info/	Offering limited in person appointments or will continue to do tele-health	Cristin Adams, MA, LMSW, CAADC Josephine Cassar, MSW, LSW, LMFT	Emphasis on marriage/family, anxiety, grief, depression, addiction, and behavioral issues. Works with all ages- in the Benton Harbor, Coloma, and South Haven office) Emphasis on behavioral issues, women's issues, adult survivors, depression, grief, anxiety. Also has experience working as a child behaviorist, evaluating and	Have worked with as young as 2 ½.	Accept Medicaid HMO's (Meridian, Molina, UHC, PH), Commercial plans include: BCBS, UHC, Priority Health, Tricare, and ASR *Do not accept straight Medicaid *will do a sliding fee scale.	269-926-6199	1850 Colfax Benton Harbor, MI 49022 *have satellite offices in: Sawyer St. Joseph Niles Stevensville South Haven

			treating at risk youth-including ADHD, Bipolar, ASD, and developing behavior plans for kids. (at the Benton Harbor office)				
		Dr. Glenn Chapman, D.Min, LPC, LMFT	Specializes in CBT (works with 14 and up) Works out of the Benton Harbor, South Haven, Niles locations)				
		Peggy Lett, MA, LPC, NCC	Emphasis on individual, couples and family therapy. Faith based (works with adults only)				
		JoAnn Klupp, MA, LLMSW	Emphasis on marriage/family, anxiety, grief, depression, play therapy, and parent and behavioral issues.				
		Katie Rozniak, MA, LLP, CAADC	Emphasis in addiction, anxiety, grief, depression, and behavioral issues.				

		Lori VonKoenig, MA, LPC	Emphasis on preteen, young adult, and behavioral issues.				
Southwestern Medical Center Christian Counseling & Psychological Services – Lakeland Affiliate www.spectrumhealthlakeland.org/southwestern-medical-clinic/counseling-services	Primarily in person; trying to limit teletherapy appts	Marcia Wiinamaki, PsyD Mary Andres, MA, LPC (not taking any new referrals) Tracia Williams, MA, LLPC	Specializes in the following areas: depression, anxiety, childhood sexual and physical abuse, premarital/ marital therapy, family therapy, relationship problems, group psychotherapy Works with individuals and families. Emphasis in grief and loss, mood disorders, anxiety, depression, trauma, adolescents and women with self-esteem issues, healthy coping skills, healthy boundaries with food and overall wellness	5 and up	Aetna, ASR, Assurant Health, Cigna, Federated, Group Marketing, Healthscope, Humana, Liberty Union, Priority Health, Starmark, UHC, Community Health Alliance, McClaren, *the only Medicaid HMO they participate with is Meridian *Have interns at the Stevensville location that only charge $25/session	269-429-7727	5675 Fairview Avenue Stevensville, MI 49127 *also have locations in Buchanan, Coloma, St. Joseph, and Niles

		Kris Petlick, MA, LLP Meredith Sheldon, MA, LLPC Ali Talbot, MA, LLC Rich Watson, MA, LLP, LBC	Works with children and adults. Works with all ages. Emphasis in depression, anxiety, trauma, abortion, ASD, and parenting issues. Specializes in the following area: divorce, loss, traumatic incidents, ADHD, self-esteem, behavioral issues, victims of sexual abuse and Domestic Violence, weight, and self-esteem issues. Works with children, adolescents, college/early adulthood; specializing in self-esteem and eating disorders. Specializes in college age/students,				

		Bradford Wilson, MS, MA, TLLP Edie Zars, MSW, LMSW Jeremy Malzon, MA, LLPC *in August- Marcus Youngberg	ADHD, Conduct Disorder, depression, anxiety, addiction, marital therapy. Special training in trauma. Works with adults. Emphasis in anxiety, depression, relationship boundaries, self-esteem. Works with all ages. Special interest in marital therapy. Works with children and adults				
Southwestern Nutritional Wellness Inside Well of Grace Ministries www.spectrumhealthlakeland.org/southwestern-medical-clinic/counseling-services/locations/Detail/southwestern-nutritional-wellness-stevensville/	Primarily face to face	Mary Andres, MA, LPC Flori Mejeur, MSW, LMSW Ali Talbot, MA, LLC Leslie Kroeze, MSW	Groups offered for Eating Disorder, Anorexia, Bulimia, and Binge Eating- Counseling and Dietician services offered. Services provided at 12 different schools around Berrien County	13 and up Females only	Aetna, ASR, Assurant Health, Cigna, Federated, Group Marketing, Healthscope, Humana, Liberty Union, Priority Health, Starmark, UHC, Community Health Alliance, McClaren, *the only Medicaid HMO they	269-428-9355	Inside Well of Grace Ministries 5707 Red Arrow Hwy Stevensville, MI 49127

			Oasis- group offered for women 18 and up-psychoed groups on various topics-typically runs for 6 weeks		participate with is Meridian *Groups are free		
Early On-Berrien RESA berrienresa.org/education_services/early_childhood_education/early_on_and_build_up_michigan	Providing virtual services and evaluations at this time. No in home services at this time.	Patrick Conley-Early On Coordinator Sarah Lepird, Intake Contact	A system of early intervention services for infants and toddlers, birth to three years of age, with developmental delay(s) and/or disabilities, and their families. Eligibility is based on the child's needs and not on the family's income. Early On is a collection of activities, supports, services and resources.	Birth to 3 years of age	There is no charge to families for the in-home evaluation, Individual Family Service Plan (IFSP) development, or service coordination of this voluntary program.	269-471-7725 For coordinator: Ext 1384 For intake: Ext 1301 F 269-471-2941	711 St. Joseph Avenue Berrien Springs, MI 49103
Community Healing Center, Niles (SUD treatment) www.communityhealingcenter.org/chc-services/niles-outpatient-treatment	Starting face to face for individual therapy on 6-29-20; groups will remain virtual; Drug	Darren Fox, LPC Kay Sanders, LPC Elizabeth McGee, LPC Rosario Espinosa, LPC	*mostly SUD treatment- do some general counseling * Individual, group, Enhanced group (2hrs-3x/wk with	14 years old and up	Most commercial plans. For Medicaid must have prior approval from SWMBH. No Medicare	(269)684-7741 F(269)684-3671	1225 S 11th St. Niles, MI 49120

	Awareness Class, Family & Friends Program and Alcohol Safety Class are still on hold for now.		1hr/wk of individual) *Also have Drug Awareness Class, Friends & Family Program, SUDs Jail Program, and Alcohol Highway Safety Class				
University Medical Specialist Community Counseling Center www.umspc.org	Just doing tele-health at this point (video)	Frederick Kosinski, PhD L. Ann Hamel, PhD Nancy Carbonell, PhD (Spanish speaking) Beverly Sedlacek, DNP, PMHCNS-CS	Limited availability Does a lot of missionary work-specializes in trauma and PTSD Specializes in working with children Is taking most of the new referrals due to being there full time.	All ages	Participates with most commercial plans. *No Medicaid – straight or HMO's	269-757-2154 269-470-4449 269-277-0775 256-783-4647	9045 US Highway 31 Berrien Springs, MI

Private Practice

Provider Name/Web Address	COVID19	Clinicians	Focus Area	Age	Insurance	Phone/Fax	Address
Lighthouse Behavioral Health, PLLC www.drhackworth.com/	l/m 6-24-20	Bruce Hackworth, Ph.D., Licensed Psychologist	CBT EMDR DBT (uses the skills, but is not	All ages (ran an infant mental health	BCN, BCBS, Medicare Plus Blue PPO, United Health Care, Aetna PPO, Humana, ASR	(269) 985-3618 F (269)281-7094	811 Ship St. Suite 4B St. Joseph, MI 49085

			currently running DBT groups) -Individual, family, couples -testing (ADHD, WISC), Substance abuse counseling	program in the past)	Health Benefits, Health SCOPE Benefits, Magellan, Priority Health, McLaren Health Plan including Medicaid PPO, Meridian Health Plan including Medicaid PPO.		
Bridges of Courage Counseling bridgesofcourage.org/	Face-to-face-taking new referrals	Cindy Bridgman, LCSW Meredith Sheldon, MA, LLPC Breanne Jones, LLMSW	TF-CBT Individual, family Specialize in sexual abuse trauma Trauma, ADHD, behavioral problems. TF-CBT, art, sand tray, and play therapy	Ages 2-17	Accepts most insurance plans, including most Medicaid plans.	(269) 944-9274	1465 Pipestone Road Benton Harbor, MI 49022
Lighthouse Counseling www.lighthousecounselingandmediation.com/	l/m 6-24-20	Briana Dixon, MA, LPC, CAADP	-Individual, group, and family counseling -Play therapy -Acupuncture -Trauma focused	3 and up	Aetna, Cigna, ASR, Humana, Magellan, Medicaid, Meridian, Health Link, United, BCN, EAP *does not participate in BCBS or Medicare yet. *does offer a sliding scale	(269) 408-6031	521 State Street Saint Joseph, MI 49085
Haelan Family Counseling Center	Only doing tele-health; accepting new referrals	Marc Milhander, PhD Joy Lampton, LMSW	Trained in CBT, DBT, performs psychological testing Trained in CBT and DBT	5 and up	Accept most insurance plans including Medicare *participates in straight Medicaid and Medicaid HMO's	269-683-8972	109 N. 3rd St. Niles, MI 49120

		Andrea Bontrager, LMSW Crystal Monnin, LLMSW	Trained in EMDR Individual, family, and couple's therapy- no groups at this time.		*prefers not to bill Cigna but will		
Freedom Counseling Center Freedomcounselingusa.com	Starting to do face-to-face appointments ; will still do tele-health if that is preferred	Timothy McVay, MA, LLP, LPC Corey Volpi, MA Susan Startup, LCSW Rudy Marschner, MA Claire Mendenhall, MA, LPC	-Individual, couple, and family therapy. Individual, couple, family therapy. Specializes in anxiety, depression, PTSD, Eating Disorders, ADD/ADHD, Parental/family difficulties, EMDR Relationship issues, personal tragedies, depression, substance abuse, anger Depression, Anxiety, PTSD, relationship issues, family dynamics Specializes in anxiety, self-injury, Bipolar, depression,	17 and up 17 and up 17 and up 14 and up 17 and up	Accept most insurance plans *do not participate with straight Medicaid and only participate with Meridian Medicaid HMO	269-982-7200 630-791-5722	1901 Niles Avenue St. Joseph, MI 49085

		Jeremy Malzon, MA	personality disorders, grief Specializes in anxiety, depression, anger, relationship issues, children/teen issues, and behavioral issues.	7 and up			
Peace of Mind Counseling Center *currently not accepting new referrals* as of 3/29/2021	offering just tele-health-may start seeing a few face to face in July; taking new referrals	Margo Runkle, MA Laura Denise Rohde, LCSW, ACSW Debbie Rose, MS, LMFT Patricia Dorsey LMSW	CBT, EMDR Specializes in Trauma, Anxiety, and Relationship LGBTQ and transgender issues. Does Biofeedback. CBT, EMDR, Lens Neurofeedback Specializes in Trauma, Anxiety, and Relationship issues. Specializes in Grief, Relationship issues, and Life Transitions. Does couple and family therapy. Trained in CBT. Specializes in Anxiety, Depression, and Parenting. Does couple and family therapy.	11 and up	BCBS, Magellan, Aetna, Anthem, Humana, ASR, Meridian, Medicare, Priority Health, Medicaid, Cofinity, Health Scope, United Health Care, Cigna, Meridian, Optum, Tricare *no straight Medicaid	(269) 428-4789	3573 Hollywood Rd St. Joseph, MI 49085

		Kristin Emanuel, PhD Laura Ziebarth, PhD	Areas of interest/specialty are low self-esteem, relationship issues, family problems, fertility concerns, postpartum, emotional regulation. Works with a variety of issues, mostly does individual. Trained in CBT				
Runkle Therapy and Mediation runklefamilylaw.com/	l/m7/6/2020	Margo Runkle, MA, JD	CBT, EMDR Specializes in Trauma, Anxiety, and Relationship issues.	11 and up	Aetna, Anthem, BCBS, Magellan, Cofinity, Humana, Medicaid, Priority Health *will do a sliding scale	269-245-0409 (this number goes to Peace of Mind counseling) 269-615-2450	3408 Niles Road St. Joseph, MI 49085
Don-Nee Elizabeth German PhD	Primarily doing virtual appointments -taking new referrals	Don-Nee Elizabeth German PhD	Individual, family, CBT, Trauma focused, play therapy, Solution focused therapy. Specializes in Trauma, Depression, Relationship issues, ADHD, Addictions.	All ages	ASR Health Benefits, Aetna, Anthem, Behavioral Health Systems, BCBS, Cigna, Cofinity, Health Net, Health Scope, Lakeland Care, Magellan Behavioral Health, Medicare, PHCS, United Healthcare, Medicaid HMO's, as well as straight Medicaid	269-983-1263 F269-983-1281	2600 Morton Ave. St. Joseph, MI 49085

Katara Therapy, LLC www.kataratherapy.org evening hours available and weekends. *will do in-home as well	Some face-to-face and tele-health	Katie Rosenbaum, LMSW	TF-CBT trained, trained in Solution-focused, Individual therapy, Family therapy, DBT, CBT, Depression & Anxiety for adolescents and adults, Divorce, Parenting, ADHD, BSC screens for the State of Michigan (Initial Trauma screens)	All ages	BCBS PPO Trust, traditional BCBS, BCN, Medicare Plus Blue PPO, Michigan Medicaid, McLaren Health, Meridian, United Behavioral Health	269-944-7692	3665 Lakeshore Dr. St. Joseph, MI 49085 (located inside the Attila Real Estate Plaza)
Shepard House Counseling & Psychological Services, PC shepardhouse.info	Primarily doing virtual or phone appointments - taking new referrals	Adam Jones, MA, LLPC Trish Pierce, LMSW, ACSW Rebecca Katovsich, PhD, LLP, LMSW	Works with children, families, and adults. Works with children, families, and adults. Specializes in the treatment of adolescents and adults with a variety of issues including anxiety, depression, mood disorders, women issues, relationship issues, grief and loss, and issues concerning faith and spirituality. Also completes	4 years old and up	Most insurance plans, including Medicaid HMO's. No straight Medicaid	(269) 985-2000 Toll free- 800-687-0907 F269-985-2002	903 Main Street St. Joseph, MI 49085

			psychological evaluations.				
M. Longley Counseling and Consulting www.mlongleycounseling.com	Primarily doing tele-health-taking new referrals	Melissa Longley, LMSW, LCSW Stacy Torzewski, LLMSW	Individual, marriage, and family therapy, substance abuse counseling. Also completes Mental Health evaluations, Forensic Evaluations, Advanced clinical training in forensic work as well as work with children and families.	9 and up	Aetna, Anthem, BCN, CHA/Sagamore, Meridian Health Plan, Humana, Medicaid HMO's, Medicare, Multiplan PCHS, New Avenues-Midwest Behavioral Health, Priority Health, Physicians Health, Tricare, United Health Care. *No straight Medicaid *Stacy is just paneled with Meridian Medicaid	269-687-5050 F269-687-5899	311 East Main St Niles, MI 49120
Thrive Psychology www.thrivepsychgroup.com/	l/m 7/8/2020	Mitzi Kalin, PsyD, LP Sandy Dennis, MA, LLP	Works with men and women across lifespan blending theories from areas of cognitive, emotional, and psychoanalytic areas of psychology. Specializes in EMDR, IMAGO Relationship Therapy	3 and up	BCBS, ASR, Priority Health, Cofinity, Physicians Care, Tricare, Health Scope Benefits. No Medicaid, No Medicaid Health plans, No Medicare	269-408-8474 F269-408-8725	711 Pleasant Saint Joseph, MI

		Sue Murray, MA, MS, CFLE, LMFT	Specializes in work with families and children. Offers Prepare-Enrich Inventories for premarital and marital couples, including those couples working on parenting issues.				
		Nicole Slagor, MA, LLPC	Specializes in a holistic approach to therapy, which includes addressing both the underlying emotional and physiological aspects of mental health.				
		Panankosi Mbunjwa, LMSW, CAADFC	SUD therapist				
		Nancy Mason, LCSW	Works with children and families. Specializes in helping children regulate behaviors and emotions.				
		Claudia Pozo, MA, LPC	CBT, DBT. Solution focused,				

			Family Systems. Specializes in Emotional Disturbance, Child/Adolescents, and Family Conflict *Spanish speaking				
		Holly Garces, MS, ATR	Specializes in Children and Adolescents, Mood Disorders, Coping Skills, Art Therapy, Play Therapy.				
		Andrew Cheff, PsyD	Areas of specialty include Depression, Marital and Premarital, and Men's issues. Utilizes MI, MBCT, Family Systems, ACT, and CBT. Also performs Psychological testing and Evaluations.				
		Elizabeth Brown, LPC, NCC					
Hinman Counseling Services hinmancounselingservices.com/	Just doing virtual therapy-not doing face-to-face at this time.	Dr. Brad Hinman, LPC, LMFT, NCC	Individual, couples and group therapy. Specializes in sexual deviant behavior. Works with couples and	All ages	ASR Andrews University, ASR Lakeland, BCBS, Priority Health, Aetna, Health Scope, Meridian,	(269) 471-5968	640 St. Joseph Avenue Berrien Springs, MI 49013

	*Only Mary is taking referrals	Jose Gonzalez II, MA, LPC Mary Insalaco, MA, LLPC	families with a variety of issues including divorce, DV, infidelity. Will also work with children. Specializes in out of control sexual behavior. Runs a weekly group on Pornography addiction. Works with children, trauma (sexual abuse), ran a Women's group (currently on hold due to COVID)	Only works with 18 and older Works with all ages	BCN, Physicians Health Plan, Medicaid HMO's. *no straight Medicaid *No Medicare *will also do a sliding fee scale		
John Whitfield Wells, PsyD, MA, LLP	l/m 7-8-20	John Whitfield Wells, PsyD, MA, LLP	Provide individual, family, group therapy for adolescents at risk. Work most frequently with youth with behavioral disorders, court involved; focus on diverting youth from the juvenile court system. Specializes in Teen Violence, ADHD, and Oppositional Defiance.	11 and up	BCBS, Medicaid, Meridian *sliding fee scale	269-280-4147	2460 Lakeshore Saint Joseph, MI 49085

			-Parenting with Love and Limits parenting group				
Bright Hope Counseling Center www.brighthopecounseling.fatcow.com/	l/m 7/8/20	Melanie Page-Wood, MA, LPC, CAADC Deborah Webb, LMSW James Panozzo, LPC, CAADC	Utilizes a variety of evidence based treatments, such as CBT, MI, SFBT. Specialty areas include Mood Disorders, Addiction, and Gambling. Treatment modalities include CBT, SFBT, and certified in TF-CBT. Areas of special interest include depression, relationship issues, anxiety, trauma, and substance abuse. Work primarily with individuals with substance abuse issues, sexual offenders, an involved in the court system. Substance abuse evaluation, Domestic Violence evaluation, Driver's License Evaluation	12 and up	Aetna, ASR Health (not Lakeland ASR), BCBS, Beacon, Behavioral Health Systems, BCN, Multi Plan, Cofinity, Healthscope (Whirlpool), Priority Health, United Behavioral Health, Value Options *will also do a sliding fee scale for a limited number of people.	(269) 944-7331 (269)489-3216	1101 Broad Street Saint Joseph, MI 49085

Psychiatric & Psychological Specialties psychspecialties.com/	Tele-health only- Only taking referrals for 18 y/o and up	Stephanie Slye, PsyD Acquisha Sampson, MA Christopher Contardo, PhD, ABPP-CN	Special interest in psychoanalysis and extensive experience treating individuals with eating disorders and body image concerns. Also uses CBT, Motivational interviewing, Mindfulness, and Family Systems. Uses psychodynamic, cognitive-behavioral, object-relations, and person-centered theories. Areas of focus include anxiety, depression, emotional-regulation due to trauma, self-esteem issues, acculturation difficulties, and life transitions in young adults. Specific training and expertise in assessment and diagnosis of stroke syndromes, concussions, neurodegenerative disorders,	6 and up. *Assess-ments can only be done at this time with 16 and up.	BCBS, Medicare, ASR Health Benefits, Physicians Care Health Plans, Cofinity, Lakeland Health Care. Some-Aetna, Meritain, Priority Health, Core Source *No Medicaid (HMO's or straight)	269-408-1688	1030 Miners Road Saint Joseph, MI 49085

			dementia, attentional disorders, and aphasic syndrome. Specializes in assessing the influence of medical and psychiatric illness on cognitive affect and behavior and strives to provide real-world, useful recommendations that address the behavioral, emotional, and the cognitive concerns of the patient and family. Performs Neuropsychological evaluations.				
		Katie Erickson, LLMSW	Special interest includes attachment theory, cognitive-behavioral, psychodynamic, interpersonal, person-centered, and strength based. Experience working with individuals struggling with anxiety, depression, personality and behavioral difficulties due to				

			past trauma, as well as struggles with self-esteem, sense of self, and life transitions.				
		Derek Henderson, PA	Sees patients for medication refills-not taking any new referrals				
		Margaret Bluhm, PhD, LMSW	Specializes in trauma recovery. Particular interest in helping individuals work through interpersonal trauma, problems with trust, anxiety, depression, shame, integrating mind/body awareness, major life transitions, loss and grief.				
	*Patrick is not taking any new referrals	Patrick Byrnes, LLPC	Integrative and eclectic approach to therapy with includes psychodynamic, family systems, humanistic, multicultural, and mindfulness-focused treatments. Experience with early childhood				

		Patrick Murphy, LMSW Raghu Veeramasuneni, MD Samantha Sanderson Brown, PsyD	trauma and/or trauma later in life. Trained in MI, mindfulness, CBT, TF-CBT, and DBT. Psychiatrist-provides evaluations, diagnosis, and treatment Experience in psychotherapy and enjoys working with a variety of patient populations, especially in context of life transitions. Special interest in working with athletes across the spectrum of needs including neuropsychological assessments and concussion management, injury recovery/rehabilitation, transitioning to new team/high school/college, improving performance, retiring from a sport. Passionate about being part of changing the				

		Shervin Tehrani-Rad, MPH-PsyD	perception of mental health treatment within the sports community and improving use of mental health services for athletes who experience difficulties. Main interests lie with adult neuropsychological assessments related to both neurological and psychiatric etiologies. Passionate about working with socially and culturally diverse populations, treating personality disorders, and severe psychopathology, ADHD/conduct/oppositionaity/antisocial difficulties, integrated health/somatization, anxiety spectrum and panic. Proficient in providing services in English and Farsi				

		Vojana Veeramasuneni, LCSW, PsyD	Clinical specialties include depression, trauma, anxiety, life transitions, women's issues, bi-cultural identity and psychodynamic/insight oriented psychotherapy.				
Ronald D. Coffen, PhD	l/m 7/16/20		Individual Therapy -(limited availability due to being a full time professor at Andrews University	5 y/o and up	BCBS, ASR, Magellan, Medicaid Meridian	(269) 471-3491	1045 E. Front Street Suite B-4 Buchanan, MI 49107
Caringworks Counseling Services, LLC	l/m 7/16/20	Patty Murray, LMSW	Faith based, CBT, Mindfulness. Specializes in working with women, especially those struggling with anxiety, relationship issues, self-esteem, parenting, etc.	Adults	Aetna, BCN, BCBS, ComPsych, Magellan, McLaren, Medicaid, Medicare	269-369-8581 F269-925-0916	107 Water St. Ste 202 Benton Harbor, MI 49022
Depth Psychotherapy and Counseling	l/m 7/16/20	Bruce Heustis, LPC	-works with dreams and the unconscious -sand play therapy -art therapy	14 and up	Aetna, Anthem, Beacon, BCBS, Medical Mutual, Priority Health, United Healthcare *sliding scale	(574) 383-5183	3130 South 11th St. Suite 107 Niles, MI 49120
Life Coach Psychology lifecoachpsychology.com	Doing some face-to-face appointments and telehealth	Harold Smith, PsyD	Specialties: Depression, Anxiety, Autism, ADHD, Testing,	Prefers to work with adults	Aetna, Beacon, Horizon Healthcare, BCBS, Cigna, Magellan Health	(269) 815-5331	300 W Ferry Street Berrien Springs, MI 49103

			Neuro-psych –includes ADHD Testing, AutismTesting, Neuropsych testing, and CBT		Services, Humana, United Healthcare, Medicare *participates with straight Medicaid and Medicaid HMO's – all **except** Molina and McLaren		
		Judith Fisher, PhD	Areas of focus include Depression, Anxiety, Eating Disorders, Self Esteem, and Career Issues. *Fluent in Spanish and French	Works with just adults-not taking referrals at this time.			
		Alina Baltazar, PhD, LMSW	Works with children and adults all ages who are having difficulties with depression, anxiety, ADHD, bipolar, grief, weight issues, divorce, recovery, disability, interpersonal conflict, parenting issues, and child behavior problems through CBT.	Works with any age-not taking referrals at this time.			
		Denise Stoddard, PhD	Works with children, adolescents, adults, couples, and families. The major issues she works with include	Works with adults only-acce pting new referrals			

	During the summer is only doing tele-health	Diana Mitchell, LPC	behavior problems, trauma, relationship problems, emotional problems. Treatment specialties include interpreting projective drawings, psychological evaluations, pain evaluations, diagnosis, and biofeedback therapy. Works with children, adolescents, young adults and adults with various problems such as ADHD, Depression, Anxiety, ODD, Conduct Disorder, Bipolar, PTSD, Physical/Sexual Abuse, Autism Spectrum, Substance abuse/dependence, Parenting skills, Life Span issues, Marital/Couple problems through CBT, Art Therapy, Play Therapy,	Works with children and adults-taking new referrals			

			Behavior Modification, Strength based, and Solution Focused				
		Marlene Rich, LPC	Anxiety, Depression, Addictions, ADHD, Behavior problems	Works with children and adults-accepting new referrals.			
		Sharon Dudgeon, LPC	Works especially with those in crisis, physical/sexual abuse. Mainly works with adults. Runs support groups for female survivors of abuse.	Works with only adults-accepting new referrals			
		Ryan Huling, MA, LPC	Specializes in work with those who suffer with addiction and substance abuse, working with teens and young adults who suffer from depression, anxiety, and children and adults who have ADHD and ADD, history of suicidal thoughts/attempts. Finally work with	Prefers to work with 6 and up-accepting new referrals			

			adults in criminal justice system, with Bipolar Disorder, relationship, communication problems, and grief and loss.				
Hope Reborn Counseling www.hopereborncounseling.com/	Just doing tele-health at this time. – accepting new referrals	Nadine Fish, LMSW	CBT, ACT, Gottman Method, SFBT, MI. Specialize in anxiety, depression, and addiction.	Works with any age, however, prefers 11 and up	BCBS, BCBS PPO Trust, BCBS Mental Health & Substance Abuse, Medicare Plus Blue PPO, Health SCOPE *no Medicaid-straight or HMO's	269-301-1219	2816 Willa Dr. Saint Joseph, MI
Midwest Recovery & Wellness/Niles midwestrecoveryandwellness.com/about-us/	Doing both face-to-face and tele-health appointments - accepting new referrals	Robin Harvell, MA, LPC Heather Peterson, LMSW	Specializes in depression, life coach, trauma and PTSD. Special training in Trauma informed care, DBT, CBT, family therapy, Substance abuse, Meditation, and Mindfulness. Work with children, adolescents, and families. Special training in TF-CBT, DBT, MI, and addiction. Specialize in the following age group 4-18.	Works with children and adults Works with children and adults	ASR Health Benefits, Aetna, Anthem, Beacon, BCBS, CHA, *only accept the following Medicaid HMO's- Meridian and Priority Health *accepts straight Medicaid	269-262-1815 F269-262-1815	Niles location: 2527 South 11th St Ste 2 Niles, MI 49120 St. Joseph location: 1101 Broad St. St. Joseph, MI 49085

		Patrick Murphy, LMSW	Extensive training in MI, Mindfulness, CBT, DBT, and TF-CBT.	Works with children and adults			
		Ronald Robinson, MA, LLP	Extensive training in MI, CBT, DBT, and TF-CBT. Enjoy working with adults, couples and the LGBTQ community.	Works with just adults			
		Sari Lammivaara, LMSW	Works with co-occurring Substance Abuse population.	Works with just adults			
		Dr. Melina Sample, PhD	Specializes in working with adults. Extensive training in CBT, Solution Focused Therapy. Likes to take a holistic approach. She especially enjoys working to target anxiety and depression as it contributes to chronic pain and chronic illness.	Works with young adults			
		Dawn Racht, MA, LLPC	Enjoys working with adolescents-specialty areas include anxiety,	Works with both children and adults			

		Cullen Hardy, PsyD	depression, self-harm, grief, and conflict resolution. Will also work with adults and families. Specializes in Mindfulness, CBT, DBT, and psychodynamic. Extensive training in CBT, MI, TF-CBT, Psychodynamic and CBT for addiction. Also, specializes in working with college students and their families.	Works with mainly adults			
Family Empowerment Services	No answer/no vm-7/16/20 Tried again 8/12/20	John Whitfield Well, PsyD, MA, LLP	Serves adolescents at risk. Specializes in behavior disorders, court involved, Teen Violence, ADHD, Oppositional Defiance, and focuses on diverting youth from juvenile court system. Treatment modalities include: CBT, DBT, REBT, MI, and Family Systems.	11 and up	BCBS, Medicaid, Meridian	269-280-4147	2460 Lakeshore Dr. Saint Joseph, MI 49085

			Also runs a group: Parenting with Love and Limits.				
Return to Joy Counseling	Doing face-to-face and tele-health appointments - accepting new referrals	Laura Bailey, LMFT Groups are on hold due to COVID	Individual and play therapy for children 3-11; family therapy for individuals with anxiety, depression, grief, trauma, childhood emotional and behavioral problems, parent/caregiver coaching/training, Type of therapy include Attachment-based, CBT, Family Systems, play therapy, Trauma focused. *Group- The Family Remedy Series- 12-week series, 20 hours of education and experiential class time.	Ages 3-11	BCBS PPO, Meridian	269-231-0990	1101 Broad St. Studio 308 Saint Joseph, MI 49085
Trilogy Counseling trilogycounselingmi.com/	l/m- 7/16/20	Anne Carpenter, PhD	Experience includes helping others as they work through life stages and transitions such as divorce, loss, parenting,	11 and up	ASR Health Benefits, Aetna, BCBS, Cofinity, Humana, Lakeland Care Network, Priority Health, Liberty Union/MET Mid America,	269-429-3324	3408 Niles Rd Saint Joseph, MI 49085

			disrupted attachment, LGBTQ issues, academic concerns, ongoing critical health, abuse, job loss, end of life concerns. Trained in EMDR, trauma focused.		Physicians Health Plan, United Healthcare		
		Kristine Proctor, MSW, LMSW-C	Trained in EFT, EMDR, and works with those experiencing major life transitions, anxiety, depression, grief, parent challenges, LGBTQ issues, adoption, attachment issues, marital stressors, and victim of trauma.				
		Samuel Lewin, MA, LLPC	Particular interest includes working with individuals with anxiety, depression, life adjustments, trauma, LGBTQ issues, relationship issues. Trained in EMDR and also offers equestrian assisted processing.				

		Christiana Atkins, LLPC, NCC	Special interests include working with individuals that suffer from anxiety, depression, are survivors of trauma, life transitions, attachment issues, LGBTQ issues, OCD, relationship issues. Trained in EMDR and offers Equestrian assisted processing. *Offer onsite counseling at St. Joseph High School				
		Amante Gonzalez, MA, LLPC	Utilizes cognitive coping skills, psychodynamic exploration of the origin of the problems and system focused approaches.				
		Rebekah Reynolds, MA, LLPC, NCC	Specializes in Anxiety, Depression, Life Transitions. Utilizes CBT, MBCT, Play therapy-works with all ages.				

Hellcat Counseling, PLLC hellcatcounseling.com/	l/m- 7/16/20	Seven Avery-Williams, LPC, MA, NBCC Megan Schumacher, LCSW	Specializes in women's issues, relationship issues, marital/premarital, female development and potential disturbances including depression, anxiety, emotional over-reliance, body dissatisfaction, and relationship discord. Certified in Motivational Therapy and CBT	14 and up	Activa, Aetna, Bas, Behavioral Health System, BCBS, Commercial Travelers, Federated Insurance, Health Scope, Humana, Lakeland Care, Priority Health, United Network Healthcare	269-240-7788	609 Market Street Saint Joseph, MI 49085
Silver Point Counseling silverpoint.counseling@gmail.com	l/m 7/16/20	Vineesha Rathnam, MA, LLPC, SPADA, CAADP	Areas of specialty include addiction, PTSD and Trauma, and Child/Adolescents. Utilizes many treatment modalities including Attachment based, CBT, DBT, Family System, Mindfulness, Trauma Focused, MI, to name a few.	All ages	ASR Health Benefits, Aetna, Medicaid, Meridian, Priority Health, Tricare, United Healthcare. *sliding fee scale	269-757-1644	521 State Street Saint Joseph, MI 49085
Straightways Community Services	l/m 7/6/20	Chiquitha Cornelius, PsyD, LCSW	Specializes in Behavioral issues, Anger	All ages	Beacon, AMERIGROUP, Molina, Optum,	574-274-0152 F877-635-7891	3130 South 11st St. Ste. 105 Niles, MI 49120

www.straightwayscommunityservices.org/index.html			Management, Antisocial Personality, Substance Abuse, Co-occurring Disorders, and DV. Also provide adult case management, evaluations.		BCBS, Cigna, Meridian, Humana, McLaren, Priority Health, United Healthcare, Michigan Medicare, Michigan Medicaid, Aetna, Magellan		
Rise Counseling Center	l/m 7/16/20	Leslie Navarro, LMSW	Specializes in the following areas: relationship issues, depression, anxiety, family issues, coping with stress, addiction, and trauma.	12 and up	BCBS *sliding scale	269-231-4927	5710 St. Joseph Ave. Stevensville, MI 49127
Mindset Psychology www.mymindsettherapist.com/	Primarily tele-health-currently has a wait list due to only seeing clients in the evenings	Chris Alphenaar, LPC, LLP, CAADC	Specialty areas include anxiety, depression, sports performance, addiction, and trauma. CBT, DBT, Mindfulness	14 and up	ASR behavioral health, Aetna, Anthem, Beacon, Behavioral Health Systems, BCBS, Health Scope, Magellan *no Medicaid HMO or straight Medicaid *will do a sliding fee scale	269-240-4137	5710 St. Joseph Ave. Stevensville, MI 49127
Victory Counseling Services www.victorycounselingllc.com/	Primarily doing tele-health (slowly going to transition to face-to-face)-accepting new referrals	Vonetta Reshan McGinnis, LMSW	Trained in TF-CBT, Family Systems, SFBT, MI. Trained in Triple P Positive Parenting Education Program. Works with abuse/neglect cases. Contracted with DHHS to	All ages	Aetna, BCN, BCBS, Cofinity, McLaren, Meridian, United Health Care Community Plan. *No Straight Medicaid *sliding scale	269-628-8703	185 E Main St Ste. 402 Benton Harbor, MI 49022

	*Call back next week for more information on new therapists	Julius Poole, LLMSW Ashley Spratling, LLMSW Jasmine Jones, LLMSW	work with families involved with CPS. Works well with children and adolescent males with emotional and behavioral challenges. Specializes in working with adolescents. Works with children and adults				
?Riverwood?	l/m 7/16/20	Kurt Allan, Taulbee, MA, LLP	Parenting skills, Divorce, acting out behaviors, stress management. Specializes in DBT and CBT			269-241-4347	Niles, MI 49120
Kandyce K Brink, MA, LMSW, LPC kandycebrink.com/	Only doing tele-health-limited availability for new referrals	Kandyce Brink, MA, LMSW, LPC	Specializes in depression, anxiety, self-esteem through CBT, Mindfulness, solution focused	Primarily adults-wil l see mid-late adolescent	Aetna, American Behavioral, BCBS, Meridian, Cigna, Cofinity, ComPsych, HealthNet, Humana, Magellan, PHCS, United Healthcare. *No Medicaid HMO's or straight Medicaid *sliding scale	269-983-5600	1804 Colfax Ave Benton Harbor, MI 49022
Family Solutions Counseling Services, PLLC bestfamilysolutions.com/	? number no longer working?	Littney Cruz, LMSW	Provides Youth Prevention Services, School Based & Therapy Support,	All ages	Aetna, BCBS, McLaren, Medicare, Meridian. *sliding scale	269-757-7433 F269-757-7440	185 East Main St. Ste. #502 Benton Harbor, MI 49022

			Individual/Home based therapy, Parent Education, Anger Management Group, and ADD/ADHD Therapy Services *Spanish Speaking				
*Healing & Growth Counseling Services		Thora Greaves, LMSW	Provide outreach and in office counseling. Trained in Triple P Parenting. Specializes in behavioral issues, parenting, especially parenting challenging youth, and suicidal ideations.	All ages	BCBS, McLaren, Meridian, United Healthcare	269-861-5084	107 Water St. Ste. #206 Benton Harbor, MI 49022
Hope for tomorrow, LLC		Carolyn Macomber, LPC	Specializes in Trauma, PTSD, and Sexual Abuse	Child/Adolescents	ASR Health Benefits, Aetna, BCN, BCBS, Champs VA, HealthScope, Optum, McLaren, Meridian, United Health Care, UMR *will do a sliding scale	269-601-7404	1011 Broadway, St. Ste. 10 Niles, MI 49120
Connection Counseling Center, LLC www.connection-counseling-center.com/		Angela Shuey, MA, LPC	Specializes in the following areas: Mood and Anxiety, Trauma recovery, Eating Disorders, Substance Abuse, Self-harm,		ASR Health Benefits, ASR Behavioral Health, Aetna, Anthem, Beacon, Behavioral Health Systems, BCN, BCBS, Health	269-921-6953 F269-588-3047	5710 St. Joseph Ave Stevensville, MI 49127

			LGBTQI, Personality Disorders, and relationship difficulties. She is trained in EMDR, DBT, and ACT		Scope, Magellan, Optum, Tricare		
John Berecz PhD, ABPP, PLC		John Berecz, PhD, ABPP, PLC	Specializes in Family Conflict, Child/Adolescent, and Divorce. Expertise in Personality. Use CBT, and also perform Psychological Testing and Evaluation	All ages	Aetna, BCBS, Medicare	269-795-6310	2117 Grange Road Buchanan, MI 49107
Intrigue Counseling www.intriguecounseling.com/		Abbee Smith, LCMSW	Specializes in Depression, Anxiety, Transgender Transition counseling, Anger Management groups, Marriage/Relationship counseling. Utilizes Mindfulness, MI, CBT, Family Systems, and Play.	All ages	Aetna, Anthem, Beacon, BCBS, Meridian, Cigna, First Health, Great West Life, Guardian, Humana, IBH, MBHN, MHN, Magellan, Managed Care Concepts, Medicare, Multiplan, New Avenues, Value Options, Tricare, United Healthcare,	574-234-3515 F574-234-3565	1045 E Front St Ste. B2 Buchanan, MI 49107
Red Arrow Counseling pkhanlin@redarrowcounseling.net www.redarrowcounseling		Patrick Hanlin, LPC	Areas of specialties include Depression, Anxiety, and Relationship Issues Some of the treatment	14 and up	ASR Health Benefits, Aetna, Anthem, Beacon, BCBS, Cigna, ComPsych, Humana, Magellan, Medicaid, Meridian,	269-421-4010	497 E. Shawnee Rd Baroda, MI 49101

.net (website pending)			modalities include CBT, Trauma Focused, Solution Focused Brief Therapy.		Optum, United Healthcare *will do a sliding scale		
Dr. Kurt M. Hanus, PsyD Psychotherapy, Consultation, and Clinical Supervision www.kurtmhanus.com/		Kurt M. Hanus, PsyD	Psychodynamic therapist. Works with adolescents who are struggling with self-esteem, social, behavioral & school related issues. Also offers group therapy.	14 and up	BCBS PPO, Blue Choice PPO	312-409-4819	Tele-mental Health P.O. Box 100 New Buffalo, MI 49117
		Sylvia Bowen, LCSW				269-210-8333	Berrien Springs, MI 49103

Residential Treatment Facilities

Name and Contact	Therapy Offered or Clinical Focus	Insurance	Ages
Serenity Hills Recovery & Wellness Center 6418 Deans Hill Road Berrien Center, MI (269) 815-5500 Sacredheartcenter.com	Detoxification Residential inpatient	Participate with all insurance providers except Anthem *Medicaid (need prior approval from SWMBH)	18 y/o and up Have a special unit for women who are pregnant.