

GWS Template

Session# ()&()

Desired Outcome/Result:

Planned Task:

Post-Session Reflection

Session 1 (17:35)&(20/06/24)

Desired Outcome/Result:

Do as many outreaches as I can.

Up my copywriting skills.

Use my time effectively.

Planned Task:

Watch power up call

Read my copywriting notes

Post-Session Reflection

I have Been doing outreaches but ain't getting clients. I'll work hard and smart on my outreaches so I land clients.

Session 2 (20:30)&(21/06/24)

Desired Outcome/Result:

Learn to earn money in HU.

Do outreaches.

Planned Task:

Watch the power up call.

Finish self improvement videos by luc.

Go Hustle for money doing services for HC.

Post-Session Reflection

It's a long week and I did all of my tasks when I felt like not doing them.

I did outreaches still no response clients are telling me they will get to.

But I'll keep on pushing.

Session 3(17:34)&(22/06/24)**Desired Outcome/Result:**

Do outreaches and get 2 to 3 clients

Planned Task:

Read notes about copy

Work at least four hours each day.

Post-Session Reflection

I'm proud of myself as I tick all Tasks from my personal list. And I worked four hours as promised to self.

Session 4(17:50)&(23/06/24)**Desired Outcome/Result:**

Do outreaches and get a client.

Planned Task:

Read notes about copy watch power up call and analysis of good copy

Post-Session Reflection

Proud of self as I did all my tasks.

Didn't get any clients but I'll work hard to get clients by doing more outreaches.

Session 5(17:33)&(24/06/24)**Desired Outcome/Result:**

Get clients.

Up my copywriting skills by learning and reading other Gs copy and opening their Google docs.

I'll do that by doing as many outreaches as I can.

Planned Task:

Watch power up call login for more Than fours.

Post-Session Reflection

Did my outreaches early in the morning didn't stop, I sent some in the afternoon and evening and still no response.

But I'm still gonna grind and work my ass off to get those clients.

Session 6(20:26)&(25/06/24)**Desired Outcome/Result:**

Finish Power up call.

Get clients.

Planned Task:

Finish money bag outreaches modules.

Train and analyse top copy in the copywriting campus

Post-Session Reflection

Proud as I did as I planned.

Did get any clients but I'm sure after money bags modules I'll have more skills in doing g outreaches and I'll definitely led clients.

Session 7(20:40)&(26/06/24)

Desired Outcome/Result:

Get a client.

Planned Task:

Do as many outreaches as possible.

Read my notes

Post-Session Reflection

I got a response from a paged that deals with non sticky pots.

Saying my outreaches is interesting even though they get four to five outreaches per week.

Session 8(20:00)&(27/06/24)

Desired Outcome/Result:

Have multiple streams of income.

Using TRW hustlers campus.

Planned Task:

Do as money as outreaches as I can.

Analysis of good copy.

Post-Session Reflection

Did my outreaches go some good response.

Waiting for confirmation.

Session 9(19:41)&(28/06/24)

Desired Outcome/Result:

Gain more skills with copywriting.

Planned Task:

Read copy analyse people products

And do outreaches.
Complete my daily task.

Post-Session Reflection

I'm proud of my day had positive stress
On how I'll change my life using copywriting.
And other business I have so i retire my grandmother as soon as possible.

Session 10(20:22)&(29/06/24)

Desired Outcome/Result:

Find clients from my outreaches.
Finish modules from client acquisition.

Planned Task:

Do outreaches using gumroad and UDEMY.

Post-Session Reflection

My outreaches were not bad. I'm motivated and proud.
I believe I'll soon land clients.

Session 11(20:30)&(30/06/24)

Desired Outcome/Result:

Learn more about outreaches using chatGPT.
LEARN more about copywriting new tings pro Andrew tell us.

Planned Task:

Do outreaches and work hard.

Post-Session Reflection

I don't hope I always take action.

Session 12(20:54)&(01/07/24)

Desired Outcome/Result:

Get clients from my outreaches.

Planned Task:

Do my outreaches.
Learn more from pro Dylan about outreaches.
Luc daily lessons for motivation
And PUC from my pro.

Post-Session Reflection

I got a respond took action I'm now waiting to see how things turn out.

Session 13(20:50)&(02/07/24)**Desired Outcome/Result:**

Use my time effectively.

Be proud of my self.

Planned Task:

Do some outreaches.

Read my notes about copywriting.

Post-Session Reflection

I'm proud of self as i used my time effectively.

Session 14(20:30)&(03/07/24)**Desired Outcome/Result:**

Get clients.

Planned Task:

Do outreaches.

Sell products on Facebook marketing

Or Gumtree.

Post-Session Reflection

I'm proud as I used my time effectively and achieve my goal.

Session 15(19:50)&(04/07/24)**Desired Outcome/Result:**

Do as my outreaches.

Finish up the LIVE BEGINNER CALLS.

Planned Task:

Read my notes about copy.

Write at least one business idea.

Post-Session Reflection

I had technical difficulties but I still did my work. Fours of work. 😊

Session 16(20:00)&(05/07/24)**Desired Outcome/Result:**

Get response from the outreaches I did.

Planned Task:

Be productive for at least six hour before.

Washing Dustbins.

Post-Session Reflection

Productivity done as plan
Made some papers.
Proud.

Session 17(19:50)&(06/07/24)

Desired Outcome/Result:

I spoke to a client it's promising that I can land clients anytime soon.

Planned Task:

Do outreaches.
Train.
Finished up with luc lessons
And catch up with the PUC.

Post-Session Reflection

I had wifi problems but I managed to do my task as planned.
I trust and believe that I will land clients soon.

Session 18(20:06)&(07/07/24)

Desired Outcome/Result:

Achieved all my tasks.

Planned Task:

Do outreaches on different niches.
Read and know my copywriting notes by heart.

Post-Session Reflection

Blessed Sunday.
I'm proud of how it turned out.
I didn't get clients but I'm still gonna grind and work hard so I can land clients.

Session 19()&(08/07/24)

Desired Outcome/Result:

Get a client.
Read and understand my notes better.

Planned Task:

Water garden
Train.
Learn more from HC and copywriting.

Post-Session Reflection

I did my outreaches as always.
I trust and believe I'll land a client soon.

Session 20(19:50)&(09/07/24)**Desired Outcome/Result:**

Get a client from my outreaches.
Analysis of good copy.

Planned Task:

Pace up with my G work.

Post-Session Reflection

Slept early so I rest I'm happy I did I slept early as I was done with my job.

Session 21(20:10)&(10/07/24)**Desired Outcome/Result:**

Did my outreaches got response and it's promising that I'm gonna land a client soon.

Planned Task:

Finishing daily checklist.

Post-Session Reflection

I got a response from a client they just have to talk to their team and I'll hear from them.

Session 22()&(11/07/24)**Desired Outcome/Result:**

Land clients

Planned Task:

Do outreaches spend more time on TRW

Post-Session Reflection

A productive day finished all beginner calls waiting for new releases now.

1/5

Session 23()&(12/07/24)**Desired Outcome/Result:**

Spoke to a G yesterday fluent and effective talk just have to see what he says.

Planned Task:

Do outreaches keep my work updated
PUW.
New relationships videos.

Post-Session Reflection**Session 24(13/07/24)****Desired Outcome/Result:**

Congratulations 🎉
Finally landed my first client.
Have to see what he got for.

Planned Task:

Show gratitude to the client I got.
Tell my G in the Chats.
Focus on my clients' work.

Post-Session Reflection

I'm happy that I finally land a client
It's been a long time since I thought I would land one. ask, believe and receive just
have to show my client what professors Andrew taught me.

Session 25(14/07/24)**Desired Outcome/Result:**

Get results for the client.

Planned Task:

Work on my client website

Post-Session Reflection

I did what I was asked to do, problem-solving and providing value.
I hope my client is happy with the web site.

Session 26(15/07/24)**Desired Outcome/Result:**

Got my clients Result.

Planned Task:

Do more outreaches and land more clients.

Post-Session Reflection

I did work for my client.

I spent the whole yesterday doing the website. I learnt something not proud as my clients weren't happy with what I provided.

I am just good as I gained experience.

My clients just cut off ties as he was not happy.

I did reflect on myself and saw how I can keep the next client I'm landing as definitely I'm going to.

Session 27(20:00)&(16/07/24)

Desired Outcome/Result:

Got response from some clients I did outreach to and still on waiting lists

Planned Task:

Do my outreaches

And land clients

Post-Session Reflection

I used heartbreak to be more productive

Session 28(19:56)&(17/07/24)

Desired Outcome/Result:

Land clients

Planned Task:

Do my outreaches finish modules in the copywriting campus.

And get updated with new knowledge.

Post-Session Reflection

I'm proud as I became less productive even if I have a lot of school work. All about balancing

Session 29(20:55)&(18/07/24)

Desired Outcome/Result:

Land clients

Planned Task:

Do outreaches

Watch PUC

Lesson to Daily lessons

Post-Session Reflection

Got response from clients and it's promising I'm gonna land clients again sooner or later.

Always tired from school but that does make me to less productive or use it as an excuse.

Session 30(19:30)&(19/07/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Do my outreaches.

Continue with top player analysis calls.

Post-Session Reflection

Had technical difficulties but managed to work a little bit

Session 31(18:00)&(20/07/24)

Desired Outcome/Result:

Land clients good communicating one's.

Be proud of self.

Planned Task:

Continue my top play analysis in TRW

Analysis of copy for 10 min

Patrol Chats and raise power level

Post-Session Reflection

Did my outreaches I'm proud of self.

Just be patient as I'll land clients soon.

Session 32(17:50)&(21/07/24)

Desired Outcome/Result:

Land a client.

Learn more about copywriting

Planned Task:

Do outreaches

Post-Session Reflection

Did my outreaches but I later face technical issues.

Session 33(18:40)&(22/07/24)

Desired Outcome/Result:

Land clients

Planned Task:

Do my outreaches

Post-Session Reflection

Did my daily outreaches as always
I trust and believe I'll land clients soon

Session 34(19:00)&(23/07/24)

Desired Outcome/Result:

Finish winners writing with professor A.
LAND CLIENTS

Planned Task:

Do my outreaches

Post-Session Reflection

Conscious of the fact that I have wifi problems so did my outreaches early.

Session 35(18:30)&(24/07/24)

Desired Outcome/Result:

Watch at least one winners writing process

Planned Task:

Land clients

Post-Session Reflection

Did my daily task.
I'm proud for my hard work.

Session 36(19:40)&(25/07/24)

Desired Outcome/Result:

Land a client

Planned Task:

Gws from copy map.
Hour working on Gws.

Post-Session Reflection

Stressed because I don't have enough paper to continue my subscription.
I believe in myself I'm a G I'll make a plan.

Session 37(21:05)&(26/07/24)

Desired Outcome/Result:

Land a client

Planned Task:

Do Outreaches

Work on Gws for a full hour.

Post-Session Reflection

Decided to cancel my subscription as I don't have enough cash to pay.

I'm not proud put trust in my Gs think they will help but they didn't.

Session 38(19:33)&(27/07/24)

Desired Outcome/Result:

Land a client

Watch PUC I missed.

Planned Task:

Do my Gws

Post-Session Reflection

Did my Gws I trust I'll land clients soon or later.

Session 39(19:05)&(28/07/24)

Desired Outcome/Result:

Land a client

Planned Task:

Watch the four hour calls in the copywriting campus

Post-Session Reflection

I wasn't motivated to do my tasks but I did them.

Session 40(20:15)&(29/07/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Do 100 plus outreaches

Post-Session Reflection

Just Deactivated my membership.

But I still got my job done doing outreaches.

Session 41(19:20)&(30/07/24)

Desired Outcome/Result:

Spent an hour on my GWS

Planned Task:

DO OUTREACHES

Post-Session Reflection

I wasn't motivated to finish my task but I did.

Session 42(20:00)&(31/07/24)**Desired Outcome/Result:**

Land a client a good communicating one

Planned Task:

Do my daily outreaches

Post-Session Reflection

I didn't login Trw as I thought my membership was terminated

Session 43(19:40)&(01/08/24)**Desired Outcome/Result:**

Land a client

Planned Task:

Hour GWS WITH no distraction.

Post-Session Reflection

I'm proud as I am a man of my word.

Session 44(21:40)&(02/08/24)**Desired Outcome/Result:**

Land a good communicating client.

Planned Task:

DO A GWS WITH NO DISTRACTION.

Post-Session Reflection

I still login in TRW as I'm waiting for my membership to be terminated.

Session 45(20:00)&(03/08/24)**Desired Outcome/Result:**

Land a client.

Planned Task:

Do My GWS
Daily outreaches.

Post-Session Reflection

I did my daily outreaches.
My account ended up not wanting me to send more messages.
And FB gave a warning to my account. 🙄

Session 46(18:37)&(04/08/24)**Desired Outcome/Result:**

Land a good communicating client.

Planned Task:

Done outreaches on different niches.
I trust I'll land clients soon.
One client is perfect as pro Andrew said.

Post-Session Reflection

I'm no longer motivated to do my work but my tasks are always complete.
I trust in my Hardwork it will pay of one day.

Session 46(19:50)&(05/08/24)**Desired Outcome/Result:**

Work hard to land a client

Planned Task:

Do outreaches for an hour

Post-Session Reflection

I did my outreaches and got attention from a few clients that shows that hard work does pay off.

No outreache no response!

Session 47(20:26)&(06/08/24)**Desired Outcome/Result:**

Land a client

Planned Task:

Do outreaches for an hour.

Post-Session Reflection

Did my outreaches on different niches as I had held myself accountable

I believe I'll soon or later land a client.

Session 48(20:52)&(07/08/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Watch Power up call Do my outreaches.

Post-Session Reflection

I did my outreaches in the morning and evening.

It's funny how Instagram does send my messages.

It's because I did a lot of outreaches and I'm Not stopping until I achieve my goal.

Session 49(20:12)&(08/08/24)

Desired Outcome/Result:

Land a client

Planned Task:

Watch PUC AND DOMINATION CALL.

Do my outreaches.

Post-Session Reflection

I have done my outreaches go one rejection and another clients is still trying to understand what's a copywriter I trust with the last message I sent he will be answered.

Session 50(20:41)&(09/08/24)

Desired Outcome/Result:

Land a clients.

Planned Task:

Watch PUC and copy DOMINATION CALL

Post-Session Reflection

Not motivated, just did everything out of discipline.

Session 51(19:30)&(10/08/24)

Desired Outcome/Result:

Land clients

Planned Task:

Do as much outreaches as I can using all the platforms I have.

Post-Session Reflection

I'm proud as I got my job done regardless of not being motivated to do so.

Session 52(18:55)&(11/08/24)**Desired Outcome/Result:**

Land clients

Planned Task:

Watch my PUC and DOMINATION CALL

Do my task.

Post-Session Reflection

Really wanna land a client I have been over thinking lately about the future.

Will things work out or I'm just wasting time.

Session 53(19:50)&(12/08/24)**Desired Outcome/Result:**

Land a client

Planned Task:

Do my outreaches see what work

Always do something regarding copywriting in my free time.

Instead of consuming cheap dopamine

Post-Session Reflection

I did my outreaches land a client with Facebook.

Thank you thank you thank you. 😊 🎉

Session 54(20:16)&(13/08/24)**Desired Outcome/Result:**

Work on clients projects and see how I can help them.

Planned Task:

Research about their competitors website and their social media acc see how will manoeuvre around them and help my clients.

I'm not yet done but the goal is to be done before my subscription ends.

Post-Session Reflection**Session 55(21:18)&(14/08/24)****Desired Outcome/Result:**

Submit what my client ask for.

Planned Task:

Work on my client marketing strategies on five social media platforms.

Post-Session Reflection

I'm proud I finally landed a client and I finna work to get them happy.
I did my Gws session. I'm done with one social media platform with only four left.

Session 56(21:30)&(15/08/24)**Desired Outcome/Result:**

Get results for my client.

Planned Task:

Continue working on my projects
One hour GWS on a client's project.

Post-Session Reflection

I finished two on social media for marketing strategies one two to go.
I trust and believe I'll make my clients happy.

Session 57(19:00)&(16/08/24)**Desired Outcome/Result:**

Finish up with clients marketing strategies.

Planned Task:

Analysis of top players in the hair and beard products.

Post-Session Reflection

I did all the planned tasks. I'm proud because I used my time effectively.

Session 58(00:00)&(17/08/24)**Desired Outcome/Result:**

Get my client what she wants

Planned Task:

Work on my clients' email marketing.
Analysis of top players and their emails list.

Post-Session Reflection

I'm cross nighting meaning im not sleep for the whole night I'll be proactive with clients projects and catch up with what I missed

Session 59(20:00)&(18/08/24)**Desired Outcome/Result:**

Get response from my client about the email marketing strategies.

Planned Task:

Watch PUCs

Post-Session Reflection

I watched three PUC I've missed and I'm motivated.

Session 60(21:24)&(19/08/24)**Desired Outcome/Result:**

Land more clients

Planned Task:

Work on clients project

Post-Session Reflection

Worked on my client project I sent her what she wanted.

Session 61(20:50)&(20/08/24)**Desired Outcome/Result:**

Land more clients

Planned Task:

Do outreaches warm and cold.

Watch DOMINATION CALLS.

Post-Session Reflection

I did as planned on my task I'm proud of self.

Session 62(19:23)&(21/08/24)**Desired Outcome/Result:**

Land more clients.

Planned Task:

Do more outreaches

Learn something new from copying writing

Post-Session Reflection

I wasn't motivated to do my work just did out of discipline

Session 63(20:00)&(22/08/24)**Desired Outcome/Result:**

Learn more from copywriting

Planned Task:

Do outreaches using UDEMY.com

Post-Session Reflection

Want to start business mystery course.

And I can if I stop wasting my time because I've been wasting time for no reason.

Session 64(22:00)&(23/0824)

Desired Outcome/Result:

Work hard on client project.

Planned Task:

Social Media strategies for my client.

Post-Session Reflection

Had talks with my client she lacks trust in me because of what happened with her previous marketer.

She doesn't wanna give marketing access to website.

Session 65(21:54)&(24/08/24)

Desired Outcome/Result:

Manage my time well as I started with my exams.

Balance between copy and school work.

Planned Task:

Do my daily outreaches.

Check what my client need help with.

Post-Session Reflection

Clients seems to be ghosting me I don't know why?

Session 66(20:45)&(25/08/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Text my clients and check wagan with her not talking much nowadays.

Post-Session Reflection

I did my task .

Clients responded nicely but I think I have to land other clients as soon as possible.

Session 67(21:30)&(26/08/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Do my outreaches.

Post-Session Reflection

Task completed even with the pressure of exams I'm writing.
I'm proud. 😊

Session 68(22:40)&(27/08/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Do everything from my daily task list..

Post-Session Reflection

Client has not been texting back and I'm the last one to send a text.

Session 69(20:30)&(28/08/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Do my daily tasks and out reaches.

Post-Session Reflection

I trust and believe I'll land clients soon patience is a virtue to success.

Session 70(21:01)&(29/08/24)

Desired Outcome/Result:

Land clients

Planned Task:

Do outreaches..

I have lot of work to do no time to waste

I have to teach my self to use my time and be selfish with it.

Post-Session Reflection

I have to stay hard 😞

Even though it's tough I have to be always working hard.

Session 71(20:30)&(30/08/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Do my outreaches

Post-Session Reflection

I feel like thing not going to work.

And my still gonna work hard because I started believing and knowing it will.

My side Hustle is still going well.

Session 72(21:50)&(31/08/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Do my outreaches.

Post-Session Reflection

Did my outreaches.

My school work.

It's tough but I'm still grinding.

Session 73(12:11)&(01/09/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Did my outreaches

Did my school work

Post-Session Reflection

Worked even though I didn't feel like it.

I'm up to date with copy writing work.

Session 74(20:38)&(02/09/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Do my outreaches

Balance between school and TRW.

Post-Session Reflection

My TRW Task are complete.

Including my school work did my outreaches patiently waiting to land clients.

Session 75(21:00)&(03/09/24)**Desired Outcome/Result:**

Land more clients.

Planned Task:

Watch PUC calls I've missed Patrol Chats and complete my check list.

Post-Session Reflection

.my Client ghosted me I still did my outreaches trusting and knowing I'll land more.

Session 74(20:30)&(04/09/24)**Desired Outcome/Result:**

Land more clients

Planned Task:

Watch DOMINATION CALLS.

Post-Session Reflection

Still grinding and doing outreaches.

I don't act on how I feel.

Session 75(21:00)&(05/09/24)**Desired Outcome/Result:**

Up my copywriting skills.

Planned Task:

Do my outreaches.

Post-Session Reflection

I did my outreaches was productive.

But school consuming my time as I have to study for exams.

Session 76(21:30)&(06/09/24)**Desired Outcome/Result**

Use my time effectively.

Planned Task:

Do my outreaches.

Post-Session Reflection

I got all my task done.

I didn't login in TRW for long but I'm proud.

Session 77(20:30)&(07/09/24)

Desired Outcome/Result:

Land clients from my outreaches.

Planned Task:

Watch PUCS

Post-Session Reflection

I did as planned.

I didn't grind to the core but Tried my best.

Session 78(19:50)&(08/09/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Do my outreaches.

Post-Session Reflection

Logged into TRW got knowledge about copy still have to grind as the work is not yet started.

Session 79(21:25)&(09/09/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Study and do my outreaches.

Post-Session Reflection

Writing my third of last paper.

I'm happy as I'll get time to work on upgrading my life.

Session 80(20:21)&(10/09/24)

Desired Outcome/Result:

Land clients

Planned Task:

Study as always copywriting note and school work.

Do my outreaches.

Post-Session Reflection

I did as planned.

I'm happy that I'm finishing with my exams.

And then I'll have my time to me.

Session 81(20:50)&(11/09/24)

Desired Outcome/Result:

Land clients and use my time effectively

Planned Task:

Up my copywriting skills.

Read my notes.

Post-Session Reflection

I did ask planned followed my task list.

Session 82(21:45)&(12/09/24)

Desired Outcome/Result:

Land clients

Planned Task:

Do my outreaches.

Post-Session Reflection

Done with my exams realized I have to watch pucs and be up to date with my work.

I'm happy as I'll have more time to my self.

Session 83(22:00)&(13/09/24)

Desired Outcome/Result

Land clients.

Planned Task:

Do my outreaches

MANY HOURS GWS.

Post-Session Reflection

Still grinding late today, I have to push and stay up.

So I am updating myself.

Tomorrow is Saturday and I'm cross nighting till Sunday. I have to push and work hard and use my time effectively.

Session 84(01:00)&(14/09/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Be up to date with PUCs

Post-Session Reflection

I'm happy for how the night went and still have to finish up with what's on my task list.

I did not sleep and I'm planning sleeping at 13:00.

Session 85(21:17)&(15/09/24)

Desired Outcome/Result:

Land clients.

Planned Task:

Continue my PUCs

And watch DOMINATION CALLS.

Post-Session Reflection

Used my time effectively and I'm glad I did.

I just woke up and have to grind until I feel mentally tired.

Session 86(20:17)&(16/09/24)

Desired Outcome/Result:

Do all my tasks.

With no regrets.

Planned Task:

Do outreaches

Post-Session Reflection

I'm motivated by my professors. I have to just act accordingly and stay disciplined to achieve my goals and pray.

Session 87(20:37)&(17/09/24)

Desired Outcome/Result:

Use my time effectively.

Land clients

Planned Task:

Do my outreaches.

Finish all my tasks.

Post-Session Reflection

I did as planned. I just didn't jot down My plan.

Used my time effectively did outreaches just patiently waiting to land clients.

Session 88(20:30)&(18/09/24)

Desired Outcome/Result:

Land a clients

Planned Task:

Do outreaches.

Post-Session Reflection

Driven internally have a lot to conquer.

Today I realised I have to stay disciplined so I can maintain my productivity.

Session 89(20:12)&(19/09/24)

Desired Outcome/Result:

Use my time effectively

Planned Task:

Do outreaches Watch Daily PUC

Post-Session Reflection

Did all Task work and did one hour 20 outreaches.

I trust and believe I'll had a client soon.

It's never enough.

Session 90(20:03)&(20/09/24)

Desired Outcome/Result:

Land clients

Planned Task:

Watch intermediate call.

And yesterday PUCs.

Post-Session Reflection

Jotted down my goals.

For end of year and next.

Financial goals.

I'm internally driven.

Session 91(20:31)&(21/09/24)

Desired Outcome/Result:

Land clients.

Use my time effectively.

Planned Task:

Do outreaches.

Post-Session Reflection

Did everything on my task list.

One hour GWS on outreaches.

Session 92(20:10)&(22/09/24)

Desired Outcome/Result:

Land new clients

Planned Task:

Do my outreaches And use my time effectively

Post-Session Reflection

I have to admit I failed to use my
time effectively i spent my time watching TV.

Did Hour Gws on outreaches.

And other tasks.

Session 93(20:44)&(23/09/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Do my outreaches use my time effectively.

Post-Session Reflection

I have to work for membership money.

Nothing big, just have to work hard, stay hard and grind more.

Did everything on Task and used my time effectively.

Session 94(20:00)&(24/09/24)

Desired Outcome/Result:

Land more clients

Planned Task:

Hour Gws on copywriting campus

Read my notes.

Post-Session Reflection

Some of Task were not complete.
Panic mode.

Session 95(20:21)&(25/09/24)

Desired Outcome/Result:

Land clients

Planned Task:

Read my notes
Do my outreaches

Post-Session Reflection

Did my outreaches some responses are promising I finna get a client soon.

Session 96(20:23)&(26/09/24)

Desired Outcome/Result:

Land and reach more prospects.

Planned Task:

Do my outreaches And use my time effectively.

Post-Session Reflection

I'm grateful for how my day went.
Have to normalise on focusing on one Task at a time as Andrew said.

Session 97(20:23)&(27/09/24)

Desired Outcome/Result:

Land more clients.

Planned Task:

Do outreaches.

Post-Session Reflection

Got some papers from my side Hustle.
Did my task only one Gws left.

Session 98(20:18)&(28/09/24)

Desired Outcome/Result:

Land clients

Planned Task:

Do my outreaches.
Learn more about copywriting

Post-Session Reflection

Task done and completed.

I feel internally driven.

Session 99(20:30)&(29/09/24)**Desired Outcome/Result:**

Land more clients

Planned Task:

Do my outreaches for two hours.

Read copywriting docs sent and saved.

Post-Session Reflection

I did and completed all my task

I'm proud.

Session 100(20:30)&(30/09/24)**Desired Outcome/Result:**

Land clients

Planned Task:

Do outreaches and read my notes.

Post-Session Reflection

Gws session challenges were a motivator I got to reflect on my days for hundred 100.

It helped me plan and be driven to do my work.

I'll continue to grind and work hard irregardless of the obstacles I face.

My tasks are complete and driven and proud that I'm still pushing.

