

Player Skill Development

STORM takes pride in developing our athletes. Skill development is included in player fees and provided through our training partners. The training organizations determine session nights and times. During training weeks, one weekly practice will also be scheduled at a D303 or St. Charles facility. Players must attend the session time assigned to their team.

Coaches are encouraged to attend training sessions as spectators. Coaching from the sidelines is not permitted.

Boys (Grades 3–5) & Girls (Grades 3–8)

Highlands Elite Academy Training (H.E.A.T.)

1500 Foundry, Unit 3, St. Charles

Tuesdays (9/30-11/4)

- 6:30-7:30 PM – 5B White / 5B Black
- 7:30-8:30 PM – 5B Red / 5B Gray
- 8:30-9:30 PM – 7G White

Wednesdays (10/1–11/5)

- 5–6 PM – 3G White / 4G Black
- 6–7 PM – 4G White / 5G White
- 7–8 PM – 4B White
- 8–9 PM – 6G White / 6G Black

Thursdays (10/2–11/6)

- 6:30-7:30 PM – 3B White / 3B Black
- 7:30-8:30 PM – 4B Black and 4B Red
- 8:30-9:30 PM – 8G White

H.E.A.T. reserves the right to adjust times or combine groups based on attendance.

Boys (Grades 6–8)

M14 Hoops Academy

2414 Church Road, Aurora

Grade 6 - Tuesdays 6:10-7:25 PM

- 11/4-12/16
- No training on Thanksgiving (11/27)

Grade 7 - Tuesdays 7:45-9:00 PM

- 12/16-2/3
- No training during D303 Winter Break

Grade 8 - Thursdays 7:30-8:45 PM

- 12/18-2/5
- No training during D303 Winter Break

M14 reserves the right to adjust times or combine groups based on attendance.