


ODYSSEY OF **ONSLAUGHT**




✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. ✓/✗	 MISSION: Reflect on the week plan 5 min;  Strategic Steps:
2. ✓/✗	 MISSION: Outreach 45 min ; Linked in Post 90 min; Warm Outreach 15 min  Strategic Steps:
3. ✓/✗	 MISSION: Power Up Call 10 min  Strategic Steps:
4. ✓/✗	 MISSION: Marketing IQ; WebPage analysis 15 min  Strategic Steps:
5. ✓/✗	 MISSION: Helping TRW Students answering the chats I was tagged 10 min  Strategic Steps: Review Copy 10 min
6. ✓/✗	 MISSION: Pitchcraft - min send new entry later today; Linked-In Course -> worked on Linked-In Post 95 min  Strategic Steps:
7. ✓/✗	 MISSION: Master Thesis 90 min  Strategic Steps: work on Topolpgies Dodecane_Water + isobar fit_Xsi got new insights on Fit_Xsi and I found a problem source, need to test it if it works
8. ✓/✗	 MISSION:  Strategic Steps:
9. ✓/✗	 MISSION:  Strategic Steps:

<div> <div>✓/✗</div> </div>	<div> <div> <div>🚀</div> <div>Today's Missions & Strategic Steps To Success</div> <div>🚀</div> </div> <div>(Tackle each mission, step by step, and track your progress.)</div> </div>
<div>10. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>11. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>12. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>13. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>14. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>15. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>16. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>17. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>18. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>19. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>
<div>20. ✓/✗</div>	<div> <div>🎯 MISSION:</div> <div>🗺️ Strategic Steps:</div> </div>

	<div> <div> <div>July</div> <div>17</div> </div> <div>Date of Determination</div> <div> <div>July</div> <div>17</div> </div> </div>
Date:	21.08.23

<div> <div>🔥</div> <div>Igniting Your Flame - Outshine Yesterday's Blaze</div> <div>🔥</div> </div>
<div> <div>Yesterday's Overall Benchmark Score to Surpass Today = 12/19</div> </div>

<div><div>🙌</div><div><div><div>🌅</div><div>3 Blessings I Cherish This Morning</div><div>🙌</div></div></div></div>	
1.	
2.	
3.	

	<div><div> Magic Trio: 3 Priority Missions </div><div>(These are non-negotiable tasks and must be conquered today!)</div></div>
1.	Outreach
2.	IG building
3.	Master Thesis



Hourly Commitments & Reflections



(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good or bad...

(Continue for each hour, and remember to only include relevant hours for your active day.

Remove the hours that you are asleep.)

1 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

2 AM: Mission 🏆	
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Strategy 🔍	
Reflection ✎	
Score 🏆	

3 AM: Mission 🏆	
Strategy 🔍	
Reflection ✎	
Score 🏆	

4 AM: Mission 🏆	
Strategy 🔍	
Reflection ✎	
Score 🏆	

5 AM: Mission 🏆	Wake up + Saltwater + Gymnastics
Strategy 🔍	
Reflection ✎	Wake up + Saltwater + Gymnastics
Score 🏆	good

6 AM: Mission 🏆	Write Outreach Message for Warm Outreach
Strategy 🔍	
Reflection ✍️	Write Outreach Message for Warm Outreach
Score 🏆	good

7 AM: Mission 🏆	Train + Breakfast
Strategy 🔍	
Reflection ✍️	Train + Breakfast
Score 🏆	good

8 AM: Mission 🏆	Write content for LinkedIn
Strategy 🔍	
Reflection ✍️	Breakfast
Score 🏆	good

9 AM: Mission 🏆	Apply for jobs on LinkedIn
Strategy 🔍	
Reflection ✍️	Cold Outreach Call + Warm Outreach
Score 🏆	good

10 AM: Mission 🏆	Make submissions on Upwork
Strategy 🔍	
Reflection ✍️	Write content for LinkedIn + Meeting with Markus
Score 🏆	good

11 AM: Mission 🏆	Eat + Nap
Strategy 🔍	
Reflection ✍️	Meeting with Markus + Eat
Score 🏆	good

12 PM: Mission 🏆	Nap + Master Thesis
Strategy 🔍	
Reflection ✍️	Nap
Score 🏆	good

1 PM: Mission 🏆	Master Thesis
Strategy 🔍	
Reflection ✍️	Master Thesis

Score 🏆	good
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2 PM: Mission 🏆	MPU + Marketing IQ + Review Copy
Strategy 🔍	
Reflection ✎	Master Thesis
Score 🏆	good

3 PM: Mission 🏆	Read + Prepare for training
Strategy 🔍	
Reflection ✎	MPU + Marketing IQ + Review Copy
Score 🏆	good

4 PM: Mission 🏆	Train
Strategy 🔍	
Reflection ✎	Warm Outreach
Score 🏆	good

5 PM: Mission 🏆	Train
Strategy 🔍	
Reflection ✎	outreach

Score 🏆	good
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6 PM: Mission 🏆	Train + Prepare day
Strategy 🔍	
Reflection 🖋️	Outreach + Prospecting
Score 🏆	bad

7 PM: Mission 🏆	Eat
Strategy 🔍	
Reflection 🖋️	Eat
Score 🏆	good

8 PM: Mission 🏆	Puffer
Strategy 🔍	
Reflection 🖋️	Prepare day + Read
Score 🏆	good

9 PM: Mission 🏆	Puffer
Strategy 🔍	
Reflection 🖋️	Puffer

Score 🏆	bad
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10 PM: Mission 🏆	Sleep
Strategy 🔍	
Reflection ✍️	Sleep
Score 🏆	bad

11 PM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

12 AM: Mission 🏆	Prepare for sleep
Strategy 🔍	
Reflection ✍️	
Score 🏆	



Twilight's Review





Today's Learnings: Wisdom or lessons learned from the day

Certainty is attractive and people are desperate for a leader

Reach out to a cousin for a warm outreach project

Set more deadlines for smaller processes to be faster. -> Set deadlines for every task



Victories Celebrated: Accomplishments and successes of the day

Made 3 outreaches

Made a cold call, will follow up on Monday

Interacted with people on LinkedIn

Had some good interactions with Warm Outreach -> try to close some people on it



Stumbles Along the Way: Points of difficulty or mistakes made.

Wasted some time because I haven't reflected on the hours -> will do so tomorrow

Didn't make a post like I wanted

Used more time on research for Webflow or Framer than I wanted



Tomorrow's Illuminations: Plan how to improve and progress the next day.

Use deadlines to increase my performance

Watch the content planner from Dylan

Reverse engineer current outreaches -> Work with doc from Charlie

Think about your Outreach Method -> Try to get a project from warm outreach; use spin questions to build rapport



Consistencies to Keep: Recognize what worked well and should be repeated.

Filling out this plan



Communications: Identifying individuals to connect with.



Pending Missions: Tasks that remain uncompleted



Day's Overall Score: A final assessment of the day's productivity

14/17

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)