

Information about benefits planning and public benefits

What are Benefits and Did You Know You Can Work and Receive Benefits?

Benefits refer to government public assistance programs provided to people and families in the form of cash or vouchers based on disability or financial need.

What is Benefits Planning?

Benefits Planning is a service that helps people understand how employment and other life decisions will impact their benefits. Benefits Planners develop a personalized plan to help you reach your employment goals and build self-sufficiency! It's never too late or too early to partner with a Benefits Planner!

A certified Benefits Planner can help you maximize your income while getting what you need from public assistance programs. As you enter the workforce and build your career, your benefits and income can work together in a way that is meaningful to your employment journey.

Examples of Government Benefits Programs

- Health Insurance: This includes programs such as Medicare and Medicaid.
- Housing: The Public Housing Authority program helps people afford safe, sanitary, private housing.
- Supplemental Nutrition Assistance Program (SNAP): Food-purchasing assistance for low- and no-income people.
- Temporary Assistance for Needy Families (TANF): Helping families in need achieve self-sufficiency.
- Supplemental Security Income (SSI) & Social Security Disability Insurance (SSDI): Two programs that provide cash benefits based on disability.
- Colorado Low-Income Energy Assistance (LEAP): Helps Coloradans pay a portion of their home heating costs.
- Aid to the Needy and Disabled (AND): Provides cash assistance to eligible Coloradans.
- Home and Community Based Services (HCBS) Long-term: Medicaid-funded services that support people to thrive in their own home and community.