

GRADES K-2 FIVE DAY RESOURCE ACTIVITIES

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
MUSIC	<p>Make a beat - Create a beat using either body percussion or objects around your house!</p> <p>Extra Activity - Check out PBSkids music activities! https://pbskids.org/games/music/</p>	<p>DANCE PARTY - Turn on some music (or if you don't have something to play music from, sing a song) and dance to the music! Try to include different styles of music!</p>	<p>Draw to music - Listen to one of your favorite songs and draw something that makes you think of that song!</p> <p>Extra Activity - This website has a lot of online games! http://www.musictechteacher.com/music_quizzes/music_quizzes.htm</p>	<p>Nursery Rhymes - Ask someone in your family to teach you a song they sang when they were a child. Sing along with them!</p>	<p>Songwriting - Write a song about anything you want! Make sure you write some ideas down first and then begin to put it with a beat!</p> <p>Extra Activity - Classics for kids is an awesome website with music games and information! https://www.classicsforkids.com/</p>
ART	<p>Find a rock and draw/paint with bright colors and positive words leave it for a new person to find. pbskids.org/game/rockart</p>	<p>Draw your family doing something fun in the spring picking /planting flowers walking etc...</p>	<p>Draw a huge bunny/Easter egg lots of colors</p>	<p>Make a symmetrical shape same on both sides color/pattern. https://pbskids.org/peg/games/symmetry-painter</p>	<p>Draw yourself if you were a Giant looking down what do you see? Draw things small!</p>
PE	<p>Quick 100</p> <p>25 Jumping Jacks 25 Squats 25 Sit Ups 25 Plank Shoulder Taps</p>	<p>Dance</p> <p>Find your favorite 3 dances on Kids Bop, Just Dance, or Fortnite Dances on YouTube and follow the dance moves!</p>	<p>Animal Travels</p> <p>How many animals can you move like?</p> <p>Frog <u>hops</u> Kangaroo <u>jumps</u> Snake <u>Slither</u> Duck <u>Walk</u> Horse <u>Gallop</u> Inch <u>Worm</u> Crab <u>Walk</u> Bear <u>Walk</u> Alligator <u>crawl</u> Seal <u>walk</u></p>	<p>Grab a Jump Rope!</p> <p>Count how many times you can jump without stopping. Don't have a rope? No problem! Jump in place!</p>	<p>Can Weights</p> <p>Grab two cans of food and use them as hand weights. Curl and stretch your arms for <u>bicep curls</u>. Push them above your head and down to your shoulders for <u>shoulder press</u>. Push them straight out slowly like you are <u>punching</u> in slow motion.</p>
COMPUTER	<p>Dreambox</p> <p>Get started on your week and complete 3 Dreambox lessons. Get to 3 stars!</p>	<p>Myon</p> <p>Find a family member, pet, or stuffed animal and read them 3 stories on Myon!</p>	<p>Dreambox</p> <p>Can you get to 5 stars today? Complete 3 more lessons in Dreambox</p>	<p>Hour of Code</p> <p>Practice your coding and get your brain thinking logically. Play a coding game for 20 minutes on hour of code https://hourofcode.com/us/learn</p>	<p>ABC!Ya</p> <p>Practice your letters and your keyboard skills. Play Typing Rocket Jr. on ABC!Ya What's your High SCORE!?</p>
LIBRARY	<p>It's your turn to be an illustrator. Draw the cover for a book titled: <i>Dogs love Donuts</i>.</p>	<p>Listen to some great stories. Audible many free stories for littlest listeners to teens (and in several languages): find a book or two and enjoy being read to! https://stories.audible.com/discovery</p>	<p>Find a good book in your house. How many sight words can you find in your book? Practice reading this book all on your own!</p>	<p>Explain the parts of a book to someone! Make sure to show them the: Spine, Front Cover, Back Cover, Title Page, Author, and Illustrator. Read the book when you're done!</p>	<p>Draw a picture of the characters of one of your favorite stories or use items you've found around the house to act out your favorite story.</p>

GRADES 3-5 FIVE DAY RESOURCE ACTIVITIES

	DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
MUSIC	<p>Make a beat - Create a beat using either body percussion or objects around your house! Try to include ta's (quarter notes) and ti ti's (eighth notes)</p> <p>Extra Activity - Check out PBSkids music activities! https://pbskids.org/games/music/</p>	<p>Treble Clef practice - Review your lines and spaces. Quiz yourself by drawing 5 lines and 4 spaces and putting a note on one of them. Remember, Every Good Boy Does Fine is in the line. F-A-C-E, face is in the space.</p>	<p>Draw to music - Listen to one of you favorite songs and draw something that you think represents the song!</p> <p>Extra Activity - This website has a lot of online games! http://www.musictechteacher.com/music_quizzes/music_quizzes.htm</p>	<p>What's your favorite? - Ask someone you live with what their favorite music is. If possible, ask them to play their favorite song!</p>	<p>Songwriting - Write a song about anything you want! Make sure you write some ideas down first and then begin to put it with a beat!</p> <p>Extra Activity - Classics for kids is an awesome website with music games and information! https://www.classicsforkids.com/</p>
ART	<p>Find 2 rocks and draw/paint a bright design with a positive message. Share them with someone new. Make one for "Bensley Rocks" Go Tigers! https://www.rmhc-richmond.org/rva-roads/</p>	<p>Draw an Easter Egg or a spring/Easter Picture Include birds, animals/bunny, flowers, baskets with eggs etc.. See if you can make one Like Faberge Check Out the Faberge egg collection at VMFA https://www.vmfa.museum/collections/faberge-and-russian-decorative-arts/.</p>	<p>Draw yourself as if you viewed the world as an Ant, everything around you would be huge as if you're looking up at things. What do you see? Draw big!</p>	<p>Choose one of these and create an object/image Butterfly using either symmetrical(same on both sides), make Zentangle inside repeatLine/shapes pattern/color on the same both sides. See video. https://youtu.be/R84si95L75U</p>	<p>Go outside in your yard and take a moment to listen, smell, see and feel all things around you. Draw these things in one picture.</p>
PE	<p>Quick 100</p> <p>25 Jumping Jacks 25 Squats 25 Sit Ups 25 Plank Shoulder Taps</p> <p>https://bit.ly/2WT3lkf</p>	<p>Dance</p> <p>Find your favorite 3 dances on Kids Bop, Just Dance, or Fortnite Dances on YouTube and follow the dance moves! https://bit.ly/3axx6iS</p>	<p>Animal Travels</p> <p>How many animals can you move like? Frog <u>hops</u> Kangaroo <u>jumps</u> Snake <u>Slither</u> Duck <u>Walk</u> Horse <u>Gallop</u> Inch <u>Worm</u> Crab <u>Walk</u> Bear <u>Walk</u> Alligator <u>crawl</u> Seal <u>walk</u> https://bit.ly/3dEhzRd</p>	<p>Grab a Jump Rope!</p> <p>Count how many times you can jump without stopping. Don't have a rope? No problem! Jump in place! https://bit.ly/2JopLXZ</p>	<p>Can Weights</p> <p>Grab two cans of food and use them as hand weights. Curl and stretch your arms for <u>bicep curls</u>. Push them above your head and down to your shoulders for <u>shoulder press</u>. Push them straight out slowly like you are <u>punching</u> in slow motion. https://bit.ly/2QPtaDI</p>
COMPUTER	<p>The Father of the Internet Watch this video to learn about Alan Turing and the History of computers The Computer and Turing: Crash Course History of Science #36 https://www.youtube.com/watch?v=3xdmEwTlisd0</p>	<p>Code Your Name with Scratch Use SScratch to code your name and add awesome effects. https://scratch.mit.edu/studios/432299/</p>	<p>Typingclub How many levels can you complete in Typingclub? Show off you super-fast typing to a family member!</p>	<p>Dreambox Work hard and try and complete 5 lessons in Dreambox today!</p>	<p>Code.org Try and Complete 5 different levels on code.org today. When your done Complete the Minecraft or Flappy Bird games</p>
LIBRARY	<p>Look up 5 different words in a dictionary (book or online). Copy the entire entry and color code it with the following: Green = definition Blue = part of speech Purple = entry word Orange = pronunciation</p>	<p>Find 10 books/magazines/items with names/titles in your home. Put them in alphabetical order.</p>	<p>Write a letter to an alien describing what a library is. Remember, they don't know anything about our life, so you'll need to explain everything, even what a book is! Tell them about the best parts of life on earth- your favorite people, foods, and things to do!</p>	<p>Dog Man Digital Escape Room: Go to the link below for a fun Dog Man Breakout https://bit.ly/DogManBreakOut (REMEMBER you have to type the URL EXACTLY as it is above- that means capital letters where they appear!)</p>	<p>Draw the cover of your autobiography. Come up with a title too.</p> <p>If you're feeling ambitious, start writing the first chapter!</p>