11/9/26

In Attendance:

- *Eric Bush, Health and Physical Education Teacher*
- *Theresa Colantuono, Occupational Therapist*
- *Nate Edmunds, Principal*
- *Kathleen Soares, School Social Worker*
- *Rosyln Dobyna, Special Educator*
- *Melissa Gill, School Psychologist*
- *Christine Bernardo, 5th Grade Teacher*

Alternate Recess Pilot: Roslyn created a google form. Roslyn presented to 6th grade team.

Team concerns

Make sure its not targeting some kids

How do you manage numbers who gets in who doesn't sign up and have a number cap.

Union hat: Roslyn needs lunch and or compensation

Nate could look for a TA or someone else to run.

Christine Bernardo shared an idea to get an outdoor stage.

DESSA screener: Administered once. No surprises. Some teachers felt concerned about having their name tied to an SEL evaluation. ProSocial Skills.

SOS: Other universal screener - 6-8. Beginning in January.

Completed Digital citizenship classes buildingwide. - Eric Bush and Lisa Ruth went to all classes discussing digital citizenship and appropriate interactions with peers.

Gmail chats - can we shut this off? Nate did a sysaid to see if we can turn off or learn the function of the chat feature.

Digital wellness workshop for families - parents and kids together- on 12/1 from 6-7:30 in the Melrose Multipurpose Room.

Can it be virtual?

Can it be a PD topic?

Can it be recorded?

Health Exploration update - Expose 8th graders to CTE programs 9Health services. Beginning in Q3. Working with fire department. Next year flip so this course is in the fall?

RHTP Grant for BP2-BP5 - Thinking of potential grant application for BP2-BP5

How to make Wellness more official - Site on the webpage. Official notes on the website.

11/3/26
Wellness Brainstorming Agenda
Attending - Melissa Gill, Micahela Onosko, Eric Bush, Amanda Bridges, Heidi V., Rebeccca Bringhurst, Roslyn Dobyna, Sarah Desrosies, Laurie C., Theresa Colantuono

Jamestown School Wellness Policy
Jamestown Schools Wellness Policy

Review the RIDE Wellness Committee Toolkit
RIDE Toolkit

What are we already doing? Or have we done?
Big Apple Crunch
Attendance Goal
Working with the Trust: - Grants
Yoga
Tier one education classes - Example SEL / Digital citizenship
Nurse notes in the Howl.
Choose to Defuse
CAPE - How to partner with PTO/parents invested and part of the learning.
    CAPE Grants - ties to diversity
Attendance -
Book studies tied to staff/parents
Choose Love:enhance with techniques -
Peer buddy program with NK -
Lunch groups
Unified sports

Peer Buddies:
Potlucks
Signs of Suiside
Dessa Screener

Recruiting community members ideas
Invite lunch people
Invite student
Reach out to PTO Alicia Caldwell, Hayley OBrien, Ellen Haywood

General Ideas
Getting people together
Pickleball lessons: Rec Center
Mental Health Day in a larger context/tying to diversity/perspective taking.
PD tips and strategies to manage students who are thinking differently
Ruler Matrix
Neurodivergence: Strengths! Marci Atkins
Peer Support Group: Lunch and Recess Friendship/Inclusion Promoters
Alternate lunch/Alternate Recess -
Create a pilot for kids
Create a google form: if you could join a screen free club for recess time what kind of club would you be interested in….
Examples: board games, card games, crafts, music, reading, legos, rubix cube Ranking.
Grade 6 only

Next Meeting: **11/9/26 3:00 PM at Lawn**