



# TEELAND MIDDLE SCHOOL

“Striving for Excellence”

2788 N Seward-Meridian Pkwy  
Wasilla, AK 99654

Karen Ingraham , RN Phone (907) 352-7510 Fax (907) 352-7585

**Dear Parent/Guardian,**

Growth screening involves measuring height and weight to calculate Body Mass Index (BMI) and determine growth pattern deviations. The purpose of the Growth Screening Program is to give you information about your child’s growth status. This information also helps Teeland Middle School and Matsu Borough School district address a comprehensive approach to the health and wellness.

**Alaska Statute Article 02. Section 14.30.127** mandates that school districts provide student hearing and vision screenings for identification of possible unknown or unrecognized diseases or health impairments that may affect a student’s education. While vision and hearing screenings are required, growth screenings are recommended by the Alaska Division of Public Health as another tool to evaluate the health of each child. Results are confidential. The growth screenings will take place in a private setting, supervised by the school nurse. Once completed, parents will be notified in writing of screening results by the school.

**If you want your child to participate in the free growth screening offered by our school, you do not have to complete this form.** If you **do not want** your child to receive growth screening services at school, please complete the form and return it to the school office.

To opt out of this screening, please complete and return this form to the school by October 5<sup>th</sup>, 2023.

Student: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

School: \_\_\_\_\_ Grade: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

If you have any questions, please contact your school nurse.

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**MATANUSKA-SUSITNA**  
BOROUGH SCHOOL DISTRICT