The way you can delete imports is through Customer > Customer Center > import/Export Customers. This modal will have an Option to Deleted Imports, and it looks like either you or Ben had already queued 2 imports for deletion. The times it takes for those to be fully deleted can depend on how big of imports they were, so I think these imports should hopefully be removed soon. Now, for the Mass changes to Customers, one way that you can mass add to groups and change labels is be selecting all of the customer you wish to change to the same group/label in Customers > Customer List, then clicking "Open Selected Customers". This open the Customer Portfolio of the first customer in that selected list, but the top of the page will have a few options that will affect all of the selected Customers. Here, you can assign them all to a group and set their Labels. Unfortunately I don't believe there is a quick way like this to update the status of the customers selected from this screen.

What I think you could also do is have Categories in the CSV files for "Group", "Label", and "Status" that you can then map to the correct fields when importing. This should set those customers automatically with those settings once they are imported.