

CSD 13 SCHOOL BOARD

POLICY NUMBER: 5.01

Adopted: 1/3/95

Previous Revisions: 5/2/06, 7/3/18

Revised: 06/20/23

SCHOOL NUTRITION PROGRAMS

1. The CSD School Board supports good nutrition as part of a school environment that contributes to student health and encourages positive food choices and eating habits. The Board believes that nutrition influences a student's ability to take full advantage of the school system's educational program and is, therefore, related to student achievement. A student's education should include the concept of healthy eating as an important life skill. The school's food service program shall emphasize a commitment to nutrition in the selection of menus for lunch and breakfast. Menu components shall meet nutritional standards established by the USDA.
2. Class A school lunch and milk programs will be provided in the CSD schools and shall operate in accordance with state and federal guidelines. Each year prior to the start of school the Board shall establish prices for student and adult lunches.
3. Policies relating to eligibility for free and reduced price meals and/or free milk shall be consistent with federal guidelines for school nutrition programs. These guidelines are available in the Principals' offices.
4. A snack program of nutritious foods shall be available to all students. Parents who provide snacks for their children will be encouraged to choose nutritious foods.
5. Nutritious foods shall be encouraged at class parties and food sales. Candy and other non-nutritious foods/beverages will not be used as incentives for students.
6. The Board also recognizes that proceeds from the sale of foods and beverages outside of the School Lunch Program ("competitive foods") are a source of funds for student activities that the school might not otherwise be able to provide.
7. The Maine Department of Education mandates that any food or beverage sold at any time on school property of a school participating in the National School Lunch or School Breakfast Programs shall be a planned part of the total food service program of the school and shall include only those items which contribute both to the nutritional needs of children and the development of desirable food habits, and shall not include foods of minimal nutritional value as defined in applicable federal regulations, except as provided for by School Board policy in certain circumstances.
8. As allowed by Rule Chapter 51, the Board permits the sale of food and beverages outside the total food program to:

- A. School Staff
 - B. Attendees at school-sponsored events held on school property
 - C. The public at community events held on school property in accordance with the Board's facilities use policy
9. When foods and beverages are sold to raise funds for schools or student activities, students, staff, parents, or school-sponsored organizations involved in such sales must include healthy food choices.
10. Funds from all food and beverage sales made at any time on school property shall accrue to the benefit of the school's non-profit school food service program, except that funds raised through authorized sales outside the total food service program shall accrue to the sponsoring school or approved student organization in accordance with applicable policies, cash-management procedures and administrative directives.

Reference: Ch. 51 (Dept. of Educ. Rule) (Child Nutrition Programs in Public Schools and Institutions)