Required Athletics Medical Paperwork

Hello and welcome to the Titan family. We wanted to take a moment to reach out and begin the conversation on IWU Athletics Medical Paperwork. This is **in addition to** any medical information required by Arnold Health Services. Athletes will receive all of this athletic information in their IWU email once the Sportsware system transfers over to the 2026-27 school year, which is expected at the end of May. This information attached and included is tentative and subject to change with university policies and procedures. Any information the athletes receive this summer will be the most updated and correct information. To prepare you for this time, below is an outline of required medical forms for IWU athletics and timelines.

Able to complete at any time prior to arrival:

- Obtain sickle cell status
    - Can be from birth records or previous test, see sickle cell policy for more information
    - If records can't be obtained then you may have your doctor order HgS blood test ○ Please submit these records to your Sportsware after June 1.
- Obtain a sports physical on attached IWU form
    - signed by MD, DO, PA, NP – will not accept PT or Chiropractor
    - Must be completed in the 6 months prior to the start of fall season – After Feb 12th, 2026
    - This will be required yearly on the same timeline, 6 months prior to the start of fall season.
- Complete NCAA Banned Substances Medical Exemption form **only if** taking banned substances (Most often asthma medication and ADHD medications)

Must complete **after June 1**:

- Create and complete a SportsWare Profile (swol123.net)
    - Input all personal information
    - Complete insurance information and upload photos of front and back of card
    - Complete medical history questionnaire
    - Sign and complete required online forms
    - Upload sickle cell status, physical, any other pertinent forms or information

All instructions are available on the IWU athletics website which will be updated to the most current information by June 1 and will be a handy reference and guide.

https://www.iwusports.com/sports/2020/8/14/student-athlete-resources-athletic-training.aspx?id=447

Please refrain from contacting athletic training staff until after June 1st regarding incoming athlete medical paperwork. Additionally, any information submitted prior to June 1st will not be processed or accepted.

Melissa Perkins, M.S., LAT, ATC
Head Athletic Trainer
O: 309-556-2060

F: 309-556-2060