ओम् श्रीगुरुभ्यो नमः

Online Classes by Swami Shankarananda

The details of online classes offered including the links to sign up for them are listed below.

To check out Residential retreats please visit - Residential Retreats at Arsha Vidya Gurukulam, Anaikatti

On-line Classes offered (Separate sign-up for each class)

Vivekacūḍāmaṇi

Weekly classes on Vivekacūḍāmaṇi – Sundays at 4:00 PM

A series of classes on Vivekacūḍāmaṇi by Swami Shankarananda, Arsha Vidya Gurukulam, Anaikatti, Coimbatore. The purpose of this class will not only be to unfold the vision of Vedanta but also help one to make one's day to day life more purposeful and meaningful, while trying to grow into the wholeness which is the Vedic vision. With this objective the classes will use the text to dwell on the entire subject matter beginning with the universal human problem of self-dissatisfaction, the intermediate means and ends for growing self-acceptance and culminating in total unconditional self-acceptance.
Vivekacūḍāmaṇi is an elaborate prakaraṇa-grantha attributed to Śankarācarya. It has over 500 verses and covers the subject matter extensively.

An introduction to Vedanta has been completed at the end of Nov,25. The Vivekacudamani text will begin in Jan,2026.

To join Register on zoom for Vivekacūḍāmaṇi classes

On registering you will receive an email from zoom with link to join the class to join the google group used for all class communications.

To get updates and access to group resources please join the group.

https://groups.google.com/u/1/g/av-e-vivekacudamani.

Class catalog link:
https://docs.google.com/spreadsheets/d/1EisbUyMyEs-FKDT5NEfVCJ7T9fjE2wSTcwY1S7ks3FI

YT Play list for all classes:
https://www.youtube.com/playlist?list=PLFx8rf4WVNI6PvudMND4MTK6RZPed9pC0

Guided Meditation

Weekly Guided Meditation – Saturdays at 6:15 AM

Guided Meditations by Swami Shankarananda, Arsha Vidya Gurukulam, Anaikatti, Coimbatore. These sessions are open for those who are attending one or more Vedanta classes with Swami Shankarananda. The meditations will be reality-based meditations and draw upon what is covered in the classes. The purpose of these sessions is help one to become more objective, gain an ability to be by oneself and appreciate the truth revealed by the śāstras more intimately.

To join Register on zoom for Guided meditations

On registering you will receive an email from zoom with link to join the class and to join the google group used for all class communications.

To get updates and access to group resources please join the group
https://groups.google.com/u/1/g/av-e-medit

The link for the YouTube playlist for meditations
is: https://www.youtube.com/playlist?list=PLFx8rf4WVNI7G3GoDXb_NSETUx7Er4Med

Bṛhadāraṇyaka-upaniṣad

Weekly classes on Bṛhadāraṇyakopaniṣad – Thu 6:15 AM to 7:30 AM

A series of online classes on Bṛhadāraṇyakopaniśad (with selective coverage of Śānkara-bhashyam) by Swami Shankarananda, Arsha Vidya Gurukulam, Anaikatti, Coimbatore.

The classes began with an introduction to the Upaniśad (Sambandha Bhāṣyam) and the first adhyaya and 2-1 to to 2-4 have been completed. 2-5 Madhu Brahmana commenced on 10-Sep-2026.

If you are new to the classes it will useful to review past classes:

Full Play list :
https://www.youtube.com/watch?v=ZlXHVlK_ZCM&list=PLFx8rf4WVNI51JwJMvqgMTt7YhcPCFVwW

Play list for BrhUpa 2-1 to 2-3 (Ajatasatru vidya) :
https://www.youtube.com/playlist?list=PLFx8rf4WVNI5YCguvHIV0TRznvtOfREfA

To join Register on zoom for Bṛhadāraṇyaka ūpaniṣad **classes**

On registering you will receive an email from zoom with links to class recordings and to join the google group used for all class communications.

To get updates and access to group resources please join the group
https://groups.google.com/u/1/g/av-e-brhadaranyaka

Sanskrit Classes Online

Weekly classes on Sanskrit - Fridays 6:15 PM to 7:45 PM

Online Sanskrit Classes (in English) to help students of Vedanta learn Sanskrit to facilitate a better understanding and recollection of śāstras. 57 Classes have been completed as of the end of Nov,2024. A series of classes on important Paribhasas, Samjnas and Adhikaras is in progress with 8 classes completed on 23-Nov-2024.

Link to class catalog:
https://docs.google.com/spreadsheets/d/1-_Fy36dm_MnimCLpJhewQ1L8jA_l7zkxIqohDqt1AZI?usp=drive_fs

Play list for current series of Classes: PaniniCore-ParibhasasSamjnasAdhikaras
https://www.youtube.com/playlist?list=PLFx8rf4WVNI7UT1_qUXY57zcMBLHfCTZQ

Complete playlist for all classes:

https://www.youtube.com/playlist?list=PLFx8rf4WVNI50MObSuQUzxreYd5T9eHRp

The series began with 21 classes to give a basic feel and understanding of the features and structure of the language. Paninian grammar was introduced to make the learning more meaningful, engaging, easier to follow and to build a foundation for further study. This introduction is covered in 12 classes up to the end of Oct,23.

https://www.youtube.com/playlist?list=PLFx8rf4WVNI5XtlLsx3UT1x2Lks15lZAl

Zoom links to join the live classes and links to access old class recordings will be included in the mail sent on registration

To join please register on zoom for Sanskrit Classes

Please click : https://groups.google.com/g/av-e-sanskrit to subscribe and ask to join the group. On the screen that is displayed please click on "Ask to join group" (Ignore the message " You don't have permission to access this content" on the screen.). Please follow the same process to add any alternate email-id to the group.

Bhaja Govindam Classes – Concluded

The class recordings are available at:
https://www.youtube.com/playlist?list=PLFx8rf4WVNI4tHm9H2lljqXNlSv-fJdqh

Sign up to receive email notifications when new classes are announced

To receive e-mail notifications when any new class or retreat is announced, please sign up to ave-announcements google-group email list and click [Ask to join group]. Please ignore the message ‘You don't have permission to access this content’ . This mail list will only receive notifications on new announcements.