

School/Grade level: Marshall Middle School 6, 7, & 8
Course Title: Physical Education
Curriculum Map - Semester: 1



	September	October	November	December	January
S t a n d a r d s	1, 2, 3,4, 5 & 6	1, 2, 3,4, 5 & 6	1, 2, 3,4, 5 & 6	1, 2, 3,4, 5 & 6	1, 2, 3,4, 5 & 6
C o u r s e C o n t e n t	Fitness	Soccer	Fitness	Basketball	Volleyball
S k i l l s T a u g h t	Aerobic/endurance Anaerobic, Strength Flexibility, Agility Speed, Balance Coordination Measuring Target Heart rate	INSTEP KICK, THROW IN, FOOT DRIBBLE, TRAP, DEFENSIVE PLAY, RULES	Aerobic/endurance Anaerobic, Strength Flexibility, Agility Speed, Balance Coordination Measuring Target Heart rate	Dribble, pass, shoot, triple threat position, rebounding, free throw, pivot, lay-ups, defensive stance, chest pass, and bounce pass, rules	Forearm pass (bump), overhead pass (set), serving, scoring, stance, Spiking, Rotation, rules
I n t e r v e n t i o n s	Resistance bands instead of weight machines, change the intensity or time of exercise , alternate activity for injured students	WII SOCCER, KINECT SOCCER, SOFTER BALLS, SKYBALLS, LOW BOUNCE BALLS, MODIFIED LEAD UP GAMES W/ SMALL GROUPS IN THE BALCONY, TEAM BUILDING SOCCER CHALLENGES	Resistance bands instead of weight machines, change the intensity or time of exercise , alternate activity for injured students	Verbal responses for the essay questions for students who struggle with writing. Use sky balls to work on dribbling skills. Give students several chances on speed spot shooting test. All students practice using the glass.	Verbal responses for the essay questions for students who struggle with writing. Use sky balls or trainer volleyball. Shorten the distance for serving for individuals who struggle

R e s o u r c e s U s e d	pacer test audio file, fitness center, gym, jump ropes, exercise dice, fit deck, resistance bands, stop watch, pencils, stereo system, media cart, whiteboard, weight room, ipad w/ fitness apps	Soccer Pre assessment, SPARK task cards, SPARK self assessment, soccer culminating assessment, skills test data collection sheet, SOCCER BALLS, SMALL TARGET ON BLEACHER FOR FIRST DAY INSTEP KICK DRILL	pacer test audio file, fitness center, gym, jump ropes, exercise dice, fit deck, resistance bands, stop watch, pencils, stereo system, media cart, whiteboard, weight room, ipad w/ fitness apps	Basketball Pre assessment, SPARK task cards, SPARK self assessment, Basketball culminating assessment, skills test data collection sheet, I can poster	pacer test audio file, fitness center, gym, jump ropes, exercise dice, fit deck, resistance bands, stop watch, pencils, stereo system, media cart, whiteboard, weight room, ipad w/ fitness apps
A s s e s s m e n t	Pacer Test Lifestyle fitness index	SOCCER PRETEST OBSERVATION IN DRILLS CA: SOCCER UNIT TEST M/C & ESSAY SELF EVALUATION	Pacer Test	Basketball Pre assessment Observation in drills CA: Basketball Unit Test M/C & Self evaluation essay Self Evaluation	Pacer Test



**Marshall Middle School 6th, 7th, & 8th
Physical Education
Curriculum Map – Semester 2**

	February	March	April	May	June
S t a n d a r d s	1, 2, 3, 4, 5, & 6	1,2,3,4,5, & 6	1,2,3,4,5 & 6	1,2,3,4,5 & 6	1,2,3,4,5 & 6
C o u r s e C o n t e n t	Fitness	Tennis	Fitness	Floor Hockey/ Enrichment games	Fitness/ Enrichment Games

S k i l l s T a u g h t	Aerobic/endurance Anaerobic Strength Flexibility Agility Speed Balance Coordination Measuring Target Heart rate	grip, ace, scoring, backhand, forehand, rules, lob, serve	Aerobic/endurance Anaerobic Strength Flexibility Agility Speed Balance Coordination Measuring Target Heart rate	Face off, dribbling, trapping, passing and shooting.....goaltending, rules/penalties, safe play	Aerobic/endurance Anaerobic Strength Flexibility Agility Speed Balance Coordination Measuring Target Heart rate
I n t e r v e n t i o n s	Resistance bands instead of weight machines, change the intensity or time of exercise , alternate activity for injured students	Shorter racquet, larger ball, no net, wll tennis if striking coordination isn't good enough for normal game play.	Resistance bands instead of weight machines, change the intensity or time of exercise , alternate activity for injured students	Shorter stick for persons in wheelchairs, foam sticks, various puck forms (foam, plastic), sky ball instead of puck	Resistance bands instead of weight machines, change the intensity or time of exercise , alternate activity for injured students
R e s o u r c e s U s e d	pacer test audio file, fitness center, gym, jump ropes, exercise dice, fit deck, resistance bands, stop watch, pencils, stereo system, media cart, whiteboard, weight room, ipad w/ fitness apps	Tennis Pre assessment, SPARK task cards, SPARK self assessment, tennis culminating assessment, skills test data collection sheet, I can poster	pacer test audio file, fitness center, gym, jump ropes, exercise dice, fit deck, resistance bands, stop watch, pencils, stereo system, media cart, whiteboard, weight room, ipad w/ fitness apps	Floor Hockey Pre assessment, SPARK task cards, SPARK self assessment, Floor Hockey culminating assessment, skills test data collection sheet, I can poster	pacer test audio file, fitness center, gym, jump ropes, exercise dice, fit deck, resistance bands, stop watch, pencils, stereo system, media cart, whiteboard, weight room, ipad w/ fitness apps
A s s e s s m e n t	Pacer Test	TENNIS PRETEST OBSERVATION IN DRILLS CA: TENNIS UNIT TEST M/C & ESSAY SELF EVALUATION	Pacer Test	FLOOR HOCKEY PRETEST OBSERVATION IN DRILLS CA: FLOOR HOCKEY UNIT TEST M/C & ESSAY SELF EVALUATION	Pacer Test Summer fitness plan