#### Meals

# Catholic Charities Marian House Kitchen (719-475-7314)

- · Address: 14 W Bijou St
- · Hours: 10:30am-1:00pm Monday-Sunday
- · Service: Lunch Monday through Sunday
- Point of Contact: Jim Benavidez, Kitchen Director: 719-866-6551
- Additional notes: Separate family room for families with children, children have items nutritionally targeted. Take out meals available on request during meal service. It is not possible to receive a take out meal and go through the line. Takeaway leftovers available at end of meal time (1:00pm).

#### Springs Rescue Mission (719-632-1822)

- Address: 5 W Las Vegas St
- Hours: Daily Breakfast (6am, 6:30am, 7am) and Daily Dinner (4pm, 4:30pm, 5pm)
- · Service: Breakfast and dinner
- Point of Contact: Cari Parchinski, Resource Center Manager: carip@springsrescuemission.org
- Additional notes: 67 seats each shift for 30 minutes long before clearing for next group. You do not have to sleep at the Rescue Mission to access meals.

#### Church of the Lord of Glory (719-635-1057)

- · Address: 500 W Bijou St
- Hours: 4:45pm-6pm Wednesday and Sunday
- Service: Dinner and worship if desired
- Point of Contact: Rev. Rebecca Aitken: 719-217-3432 (cell)
- Additional notes: Worship at 3:45pm if interested

#### Food Not Bombs (N/A)

- Address: 20 N Cascade Ave, in front of Penrose Library
- Hours: 1:00pm Sunday
- · <u>Service:</u> Vegan lunch
- Point of Contact: Ruthie Markwardt: 920-809-2708
- · Additional notes: National website: foodnotbombs.net, local

Facebook: Food Not Bombs Colorado Springs

#### More Than A Meal (719-473-7113)

- Address: 502 N Walnut St, Legacy Wesleyan Church
- · Hours: 8:00 am Saturday
- · Service: Clothing and blankets, breakfast
- Point of Contact: Randy Sirota: 719-447-5009
- · Additional notes: Clothing and blankets handed out at 8:00am,

five-minute devotional, breakfast starts at 8:30am or 9:00am

# The Lord's Dinner at Sacred Heart Church (719-633-8711) (Suspended until further notice)

- · Address: 2030 W Colorado Ave, Sacred Heart Church
- · Hours: 6:00pm-7:00pm, Sundays
- · <u>Service:</u> Westside Cares provides dinner, Catholic Charities provides resources, which can include toiletries and information.
- <u>Point of Contact:</u> Sacred Heart Church, 719-633-8711, or Doug Rouse, Catholic Charities, 719-866-6266
- · Additional notes: Prayer at beginning of gathering.

### **Shelter**

RJ Montgomery/Salvation Army (719-578-9190)

- Address: 709 S Sierra Madre St
- Hours: Intake times: 9am-11am, 1pm-3pm, 5pm-9pm
- <u>Service:</u> Emergency shelter for men, women and families as space allows. For clients in shelter, toiletries, laundry, donated clothes, breakfast, dinner, lunch Saturday and for stay-ins/day pass. Bible study.
- <u>Point of Contact:</u> Vivian Valentine and Gene Morris, Supervisors:
   719-578-9190; Tammy Miles, Main Office: 719-636-3891
- <u>Additional notes</u>; Valid Picture ID required. See police operations center for referral if no ID. Children under 18 not admitted on their own. Zero tolerance for violence, drugs or alcohol. No sex offenders.

#### Springs Rescue Mission (719-632-1822)

- Address: 5 W Las Vegas St
- Hours: 5pm daily shelter opens
- <u>Service</u>: Shelter for women and men 18-years and older. Laundry, showers, necessary supplies. Client navigators to assistance with independence goals, IDs, counselors. Some pet sheltering.
- <u>Point of Contact:</u> Cari Parchinski, Resource Center Manager: 719-632-1822
- · Additional notes: Partner agencies and referral for: DHS, AspenPointe, Family Services food boxes, Peak Vista Mobile Medical, Star Dental. Low barrier, capacity for 168 on beds, 230 with mats, women up to 70. No need to shelter to use facilities. HMIS registration.

### *Urban Peak* – youth only (719-630-3223, after hours and weekends call 719-205-7129)

- Address: 423 E Cucharras St
- · Hours: All hours available, office staff 9am-5pm Monday-Friday
- <u>Service</u>: Shelter and resources for youth of all identities ages 15-20 years old. Basic needs, intensive case management, health services, education, employment, life skill classes, bike program, community activities. Youth up to 24 may access case management services/support through Outreach. Youth do not need to stay in shelter to receive assistance from Urban Peak.
- Point of Contact: MJ McHugh, Street Outreach Case Manager,
   719-630-3223 ext. 2821 Allison Ometer, Street Outreach Case
   Manager ext. 2813. Victoria Scanlon, Program Supervisor ext. 2830
- · Additional notes: 20 beds available.

### **Walk-in Medical Care**

SET clinic at 0.onjones@centura.org

 Additional notes: Arrive at 11:15am to ensure being seen in the clinic. No narcotics available.

### Open Bible Medical Clinic and Pharmacy (719-475-0972)

- Address: 555 E Costilla St.
- Hours: 5:00pm-9:00pm Tuesday, 10:00am-2:00pm, Thursday, pharmacy only: 9:00am-1pm, Saturday
- <u>Service:</u> Provides non emergency medical care for uninsured and local residents. Medications, labs and x-rays at no cost. Referrals. Diabetes clinic with endocrinologist on Thursdays.
- Point of Contact: openbiblemedicalclinic@gmail.com
- Additional notes: Call for appointments. Adult only over 18 years old. Includes veterans with no benefits, poor employed (see criteria on website), uninsured, ineligible for medicaid or medicare. Non Peak Vista, SET Clinic, or Mission Medical Clinic patients. Need ID, proof of residency, proof of income if available.

#### Peak Vista Homeless Clinic (719-632-5700)

- · Address: 117 W Rio Grande St.
- Hours: 8:00am-5:00pm Monday-Thursday, 8:00am-12:00pm
   Friday. Doors open at 7:45am each day. Dental hygiene on
   8:00am-12:00pm Tuesday, Dentist 8:00am-5:00pm Wednesday
- <u>Service:</u> Medical care. Behavioral health. Prescription pick-up. Dental hygiene. Dental care. Medicaid enrollment. Referral to specialists. Can register/enroll as Peak Vista patient.
- Point of Contact: Call 719-471-2789 to speak to clinic directly.
   Annie Beer, Director of Homeless Care, 791-344-7049
- Additional notes: Call for appointments if possible. Walk-ins welcome based on availability. Need to be signed up with benefits before or at the visit. Most services charge no co-pay.

#### Peak Vista Mobile Medical Van (719-632-5700)

- · Address: 5 W Las Vegas St.
- · Hours: 9:00am-12:00pm, Monday and Tuesday
- <u>Service:</u> Acute medical care, some disease management, follow up care, Medicaid enrollment, Peak Vista registration, determination for Medicaid eligibility.
- <u>Point of Contact:</u> Annie Beer, Director of Homeless Care, 791-344-7049
- · <u>Additional notes:</u> Sign up at Springs Rescue Mission Day Center. Call for appointment if possible. Walk-ins welcome based on availability. About 12 appointments available a day, low barrier.

#### Mission Medical Clinic (719-219-3402)

- Address: 2125 E La Salle
- · Hours: Varies by specialty, call for hours and appointments
- <u>Service:</u> Primary care, diabetes care, prescriptions 719-219-3402, Dental Care 719-227-0436, Vision eye glasses 719-219-3402 or <u>vision@mmccs.org</u> Appointments, behavioral Health, durable medical supplies and spiritual companionship.
- Point of Contact: Barb Cronin, Executive Director, 719-219-3402 ext 1006, barb.cronin@mmccs.org
- Additional notes: Primary care does not accept medicaid. Refers patients to Peak Vista. Primary care is for uninsured, underinsured and undocumented. New patients arrive 15 minutes early.

# El Paso County Public Health Department (719-578-3199 ext. 1 for family, ext. 5 for vaccines)

- Address: 1675 W Gardens of the Gods, Citizen's Service Center
- Hours: 7:30am-4:30am Monday-Friday for family clinic, 8:00am-3:00pm Monday-Friday for vaccines and immunizations, 8:00am-2:00pm Tuesday for walk-ins
- <u>Service:</u> Immunizations, vaccinations, STD testing and treatment, family planning clinic, to testing, tobacco cessation. Family services for families with children.
- Point of Contact: healthinfo@elpasoco.com
- Additional notes: Medicaid but also sliding scale. No client denied services. Call to ask. Spanish-speaking providers available.

#### Westside Outreach Clinic (719-387-7920 ext. 305)

- Address: 1616 W Bijou St.
- Hours: 1:30pm-3:30pm Wednesday by appointment.
- · <u>Service</u>: Free clinic to Westside residents. Uninsured or lack access to medical care. Nursing level-care.
- Point of Contact: Lisa Noll, RN Faith Community Nurse,

719-385-7920 ext. 305, lisanoll@centura.org

 $\cdot$  Additional notes: For residents who say they are living west of I-25 in Colorado Springs. No OB care. No narcotic pain management.

#### Westside Cares (719-389-0759)

- · Address: 2808 W Colorado Ave.
- · <u>Hours:</u> 8:30am-12:30pm Monday-Thursday, 4:30pm-6:30pm Thursday by appointment only
- <u>Service</u>: Neighborhood Nurse Center, RN on site for assessment, teaching, advocacy, Spiritual support and referrals. Will help pay for prescriptions, Medical CoPays, glasses and limited dental copays and referrals..
- Point of Contact: Kristy Milligan, CEO, 719-389-0759 ext. 101, kristy.milligan@westsidecares.org or LisaNoll@Centura.org
- <u>Additional notes:</u> For residents who say they are living west of I-25 in Colorado Springs. Limited financial support for Rx for emergency.
   Referrals for long-term Rx. Some Spanish speakers.

### **Prescription Help**

#### Mercy's Gate (NNC) (719-277-7470)

- · Address: 4360 Montebello Dr. Suite 300
- Hours: 4:00pm-7:00pm Monday, 9:00am-12:00pm Wednesday, 9:00am-12:00pm Thursday, 1:00pm-4:00pm Friday
- <u>Service</u>: Neighborhood Nurse Center, RN on site for assessment, teaching, advocacy, Spiritual support and referrals. Will help pay for prescriptions, Medical CoPays, glasses and limited dental copays and referrals. emergency food supplies, clothing vouchers for Goodwill, bus tokens and gas subsidies, legal screening for referrals, spiritual support.
- <u>Point of Contact:</u> Marva Ehmen RN <u>MarvaEhmen@Centura.org</u>
   <u>Point of Contact:</u> Rose Artuso, Program Coordinator,

719-358-2576 ext. 4, rartuso@mercysgatecs.org

Additional notes: ID required, El Paso County residences only. Come in when they open for best chance at meeting needs. Call in advance, zip code specific.

#### TLC Pharmacy (719-596-4449)

- Address: 555 E Costilla St.
- · Hours: 9:00am-1:00pm Monday, Wednesday, Saturday
- <u>Service</u>: Prescription medications.
- · Point of Contact: none listed
- Additional notes: \$15 for individual fees or \$25 for family and afterwards free prescription. Call for requirements. Residents of El Paso and Teller County only.

#### Mission Medical (719-219-3402)

- Address: 215 E La Salle St.
- Hours: 9:30am-6:00pm Monday-Wednesday, 9:00am-8:00pm Thursday, 9:00am-12:00pm 1st and 3rd Saturdays of each month
- <u>Service</u>: Healthcare for uninsured 18 to 64 years old. Complete care including dental, vision including free eyeglasses, behavioral health, medical equipment, and prescription assistance.
- Point of Contact: none listed
- · Additional notes: none listed

#### Westside Cares (NNC) (719-389-0759 x110)

- . Address: 2808 W. Colorado Ave
- . Hours: Monday-Thursday, 9:30-12:30
- . <u>Service:</u> Neighborhood Nurse Center, RN on site for assessment, teaching, advocacy, spiritual support and referrals. Assists neighbors living west of I 25, Help paying for: prescriptions, medical copays, limited dental and vision care.
- Point of Contact: Lisa Noll RN LisaNoll@Centura.org

#### Catholic Charities Marian House

- . Address: 14 W. Bijou Street
- . Hours: Tuesday, Thursday and Friday 10:30-1:00
- <u>Service</u>: Penrose Faith Community Outreach Nurse, RN on site for assessment, teaching, advocacy, spiritual support and referrals. Help paying for: prescriptions, medical copays, limited dental and vision care.
- Point of Contact: Velda Baker RN VeldaBaker@Centura.org

### **Specialty Medical**

#### Peak Vista Nurse Line (719-632-5700)

- Address: Telephonic service
- Hours: 24/7
- · Service: Nurse consultation
- Point of Contact: none listed
- · Additional notes: none listed

#### Nurse Advice Line (800-283-3221)

- · Address: Telephonic service
- Hours: 24/7
- · <u>Service:</u> Registered nurses can assist with most medical issues or tell individuals if they need to seek urgent or emergency care.
- · Point of Contact: none listed
- · <u>Additional notes:</u> Health First Colorado Medicaid resource, available free of charge

#### Healthlink Memorial Hospital (719-444-2273)

- · Address: 5360 Academy Blvd N Suite 220
- Hours: 8:30am-7:00pm Monday-Friday
- <u>Service</u>: Nurse advice and consultation, referral to medicaid sign-up locations, class sign ups, tour of hospitals sign up, physician and low cost clinic referrals.
- · <u>Point of Contact:</u> Carol Foss, RN Manager, 719-365-6984, <u>carol.foss@uchealth.org</u>
- Additional notes: Privacy maintained. Interpretation services.

# Ascending to Health Respite Care (719-633-2800, after hours 719-360-5205)

- Address: 123 W Rio Grande St.
- · Hours: 8:00am-5:00pm Monday-Friday
- <u>Service</u>: Interim sheltering for homeless patients discharged from inpatient hospital stays or emergency department care. Access to case management, mental health services, initiating social and health benefits. Access to healthcare, continuum of care and logistical support, transportation, food and clothing.
- Point of Contact: Greg Morris, CEO, greg@athrc.com
- Additional notes: Contact Ascending to Health Respite Care to determine whether client qualifies for services. Admissions done during hours of operation.

### **Dental Care**

#### Catholic Charities Marian House

- . Address: 14 W. Bijou Street
- . <u>Hours:</u> Tuesday, Thursday and Friday 10:30-1:00
- . <u>Service:</u> Penrose Faith Community Outreach Nurse, RN on site for assessment, teaching, advocacy, spiritual support and referrals. Help paying for: prescriptions, medical copays, limited dental and vision care.
- . Point of Contact: Velda Baker RN VeldaBaker@Centura.org

#### Peak Vista Homeless Clinic (719-632-5700)

- Address: 117 W Rio Grande St.
- <u>Hours:</u> Dental hygiene on 8:00am-12:00pm Tuesday, Dentist
   8:00am-5:00pm Wednesday
- · <u>Service:</u> Dental hygiene. Dental care.
- <u>Point of Contact</u>; Kelly Utermoehlan, Director of Communications,
   719-344-7191, Kelly.utermoehlan@peakvista.org. Call 719-471-2789
   to speak to clinic directly. Annie Beer, Director of Homeless Care,
   791-344-7049
- <u>Additional notes</u>: Call for appointments if possible. Walk-ins welcome based on availability. Need to be signed up with benefits before or at the visit.

#### Comfort Dental (719-591-7599)

- · Address: 509 N Academy Blvd
- Hours: 7:30am-7:30pm Monday-Friday, 7:30am-1:30pm Saturday
- · Service: General dentistry, extractions, etc. pediatric dentistry
- Point of Contact: none listed
- Additional notes: Medicaid accepted, \$19 for initial exam and x-ray

#### Senior Mobile Dental (719-310-3315)

- · Address: 509 N Academy Blvd
- Hours: 9:00am-3:00pm, Tuesday in Pueblo, 8:00am-4:00pm,

Wednesday-Friday in Colorado Springs, call to schedule

- <u>Service</u>: Basic dental care, exams, x-rays, cleaning, fillings, extractions, dentures, emergencies and referrals for specialists.
- · <u>Point of Contact:</u> Pam Izboinikov, Office Manager, 719-310-3315 <u>seniormobiledent@gmail.com</u>
- <u>Additional notes:</u> All ages, but especially for elderly. Free and up to 50% of cost based on eligibility. Can provide some financial support.
   Accepts Medicaid. Do not provide implants, crowns, bridges or do cosmetic procedures. Please call ahead to verify hours and location.

#### KIND: Kids In Need of Dentistry (719-227-1018)

- Address: 1120 N Circle Dr. Suite 240
- · Hours: 8:00am-5:00pm Monday-Friday by appointment only
- · Service: General dentistry for kids 6 months to 18 years.

Orthodontics are referred out.

- <u>Point of Contact:</u> Sharon Fabrizius, Clinic Coordinator sfabrizius@kindsmiles.org
- Additional notes: Application determines financial responsibility up to 75% off. Medicaid and CHP+ accepted. No private insurance.
   Application online or go in. Some Spanish-speaking available.

#### Mission Medical (719-219-3402)

- Address: 215 E La Salle St.
- Hours: 9:30am-6:00pm Monday-Wednesday, 9:00am-8:00pm

Thursday, 9:00am-12:00pm 1st and 3rd Saturdays of each month

- <u>Service</u>: Healthcare for uninsured 18 to 64 years old. Complete care including dental.
- Point of Contact: none listed
- · Additional notes: none listed

### **Vision Care**

#### Catholic Charities Marian House

- Address: 14 W. Bijou Street
- . Hours: Tuesday, Thursday and Friday 10:30-1:00
- . <u>Service:</u> Penrose Faith Community Outreach Nurse,, RN on site for assessment, teaching, advocacy, spiritual support and referrals.

Help paying for: prescriptions, medical copays, limited dental and vision care.

. Point of Contact: Velda Baker RN VeldaBaker@Centura.org

#### Peak Vista Homeless Clinic (719-632-5700)

- · Address: 117 W Rio Grande St.
- Hours: 8:00am-5:00pm Monday-Thursday, 8:00am-12:00pm Friday. Doors open at 7:45am each day.
- <u>Service:</u> Medical care. Prescription pick-up. Referral to specialists. Can register/enroll as Peak Vista patient.
- Point of Contact: Call 719-471-2789 to speak to clinic directly.
   Annie Beer, Director of Homeless Care, 791-344-7049
- · <u>Additional notes:</u> Call for appointments if possible. Walk-ins welcome based on availability. Need to be signed up with benefits before or at the visit.

#### Mission Medical (719-219-3402)

- · Address: 215 E La Salle St.
- Hours: 9:30am-6:00pm Monday-Wednesday, 9:00am-8:00pm

Thursday, 9:00am-12:00pm 1st and 3rd Saturdays of each month

- <u>Service</u>: Healthcare for uninsured 18 to 64 years old. Complete care including vision and free eyeglasses.
- · Point of Contact: none listed
- Additional notes: none listed

#### Lion's Club (719-325-9586)

- · Address: N/A
- · Hours: N/A
- · <u>Service:</u> Funding for eye exams, eye frames and lenses.
- Point of Contact: Mick McCawley, 719-325-9586
- Additional notes: Apply for consideration of benefits, preferably through a referring agency. Some of referring agencies are Greccio Housing, Springs Rescue Mission, DHS, El Paso County Public Health, Mt. Carmel, Ascending to Health. Ask your local service agency.

#### In-Sight Optical (719-577-4366)

- Address: 12 E Pikes Peak Ave
- · <u>Hours:</u> 10:00am-6:00pm Monday-Friday, 10:00am-2:00pm Saturday
- <u>Service</u>: Younger than 21 years: 100% eye exam, frames and lenses if on medicaid. Older than 21 years: 100% eye exam if on medicaid, nothing on frames and lenses. If no medicaid eye exam is \$74. Funds can come from ESM, Lions Club or Elks Charity.
- <u>Point of Contact:</u> Dave Fenholz, owner, 719-577-4366, iso@iso84.net
- · Additional notes: Call for appointments

#### Eagle Eyes (719-591-8889)

- Address: 2750 S Academy Blvd
- Hours: 9:00am-5:00pm Monday-Thursday, 9:00am-10:00pm
   Friday, closed 11:30am-12:00pm, Saturday appointments on request
- · Service: Eye exams, frames and lenses
- · Point of Contact: citadelvision@hotmail.com
- Additional notes: The Resource Exchange can provide financial support. Application required and 2 week wait. Covers exam, lenses and frame. Financial support apply at: The Resource Exchange 6385 Corporate Dr. Ste 301 tre.org 719-380-1100

### Women's Health

#### Planned Parenthood (719-475-7162)

Address: 3480 Centennial Blvd.

- Hours: 8:00am-5:00pm Monday, 11:00am-7:00pm Tuesday, 9:00am-5:00pm Wednesday-Friday, 8:00am-3:00pm Saturday
- · <u>Service:</u> General health care, patient education, pregnancy testing and services, women's services, Men's health services LGBT services, STD testing and treatment, vaccines, emergency contraception, abortion, adoption referrals, specialist referrals.
- Point of Contact: none listed
- <u>Additional notes:</u> Can provide reduced rates when necessary, but does not have a free program. Regardless of gender identity.

## Catholic Charities Family Connections (719-578-1222)

- · Address: Helen Hunt Campus 917 E Moreno Ave.
- · Hours: 9:00am-2:00pm Monday-Friday
- $\cdot$  Service: Prenatal nurturing class, childbirth class, parenting class, layettes for new moms.
- Point of Contact: info@ccharitiescc.org
- Additional notes: Appointment only after 2pm. Education courses can earn Kidz Kash to be used on needed baby items at the Kidz Klozet. Safe & Secure Kidz is a free course on car seat safety and safe sleep practices for children, prizes upon course completion.

#### Dream Centers Women's Clinic (719-388-1594)

- · Address: 4360 Montebello Dr. Suite 900
- · Hours: 9:00am-4:00pm, Monday, Wednesday, Thursday,

12:00pm-7:00pm Tuesday, call for an appointment

- <u>Service:</u> Free medical and mental health counseling for women, spiritual and social services. Well women care, pap smears, breast exams, std checks and treatment, pregnancy tests, prenatal and ob care, birth control and education, menopause and hormone treatment, chiropractic, massage and advocacy.
- Point of Contact: Michelle, 719-388-1594
- Additional notes: Medicaid or insured will be referred to other sources. This is for uninsured. Present ID and proof of residency, but will serve regardless. Make appointment in advance.

#### Peak Vista Women's Health Center (719-632-5700)

- · Address: 225 S Union Blvd.
- · Hours: 8:00am-5:00pm Monday-Friday
- · Service: OB/GYN, prenatal and postnatal care.
- · Point of Contact: none listed
- Additional notes: Includes full-time licensed counselor is available to help with patients with emotional or behavioral health concerns.

# Homeward Pikes Peak - Bloom Recovery Center (719-375-8794, 719-930-8707)

- · Address: 225 S Union Blvd.
- Hours: 8:00am-5:00pm Monday-Friday
- <u>Service:</u> Recovery home for expectant women. 12 month transition living with case management.
- Point of Contact: Rachel Brown, 719-375-8794, rbrown@homewardpikespeak.org
- Additional notes: No income or insurance. Homeless prioritized.
   Pregnant or parenting one child less than 12 months old at intake.
   Referrals accepted in any form.

#### Ecumenical S

#### ocial Ministries - WISH House (719-636-1916)

- Address: 201 N Weber St
- $\frac{\text{Hours:}}{1000} 9:00 \text{am-} 3:00 \text{pm Monday-Friday, } 8:00 \text{am-} 11:30 \text{am}$  Saturday, 10:00 am- 2:00 pm Sunday

- <u>Service</u>: Strength based program that provides nightly shelter and intensive case management services for single women 18 years or older experiencing homelessness
- Point of Contact: Sandra, Director, 719-228-6788 ext. 124
- Additional notes: VI-SPDAT referrals. Need to be able to work in 30-days of joining program. Drug and alcohol free.

#### **Behavioral Health**

#### AspenPointe - Crisis (844-493-8255)

- <u>Address:</u> 2 Walk-in Crises Centers: 115 S Parkside Dr. and 6071 E Woodmen Road Suite 135
- Hours: 24/7
- <u>Service</u>: Emergency care for mental health crises as well as resources to long-term care for patients requiring ongoing mental health care.
- Point of Contact: Call 844-493-TALK (8255) or text TALK to 38255 to speak with a trained professional.
- Additional notes: Lighthouse on Parkside is an inpatient secured 24-hour facility for patients over the age of 18. Average visit is 5 days and patients are provided post-acute phase referrals

#### AspenPointe - Outpatient (719-572-6100)

- Address: Multiple locations: 875 W Moreno Ave., 220 Ruskin Dr.,
- · Hours: 7:00am-5pm Monday-Friday, depending on location
- · <u>Service:</u> Counseling and therapy, substance use treatment, medication management, creative expressions art therapy, vocational training.
- · Point of Contact: none listed
- <u>Additional notes:</u> Take Medicaid and many insurance forms, but no one will be denied access to care based on ability to pay. Call for an appointment and more information. No walk-ins. Intake scheduled by calling.

# Homeward Pikes Peak/Housing First (719-375-8794)

- Address: 610 S Tejon St.
- Hours: none listed
- <u>Service</u>: Provides case manager with a variety of services to provide stable permanent housing specifically for the mentally ill, substance abusers and chronically homeless populations. Also has Veteran specific housing.
- <u>Point of Contact:</u> Heather Ryan-Figueroa, MSW Housing Director <u>hrvanfigueroa@homewardpikespeak.org</u>
- · Additional notes: none listed

## Franciscan Community Counseling Inc. (719-955-7008)

- · Address: 7665 Assisi Heights
- Hours: 8:00am-5:00pm Monday-Friday, by appointment only
- · <u>Service:</u> Counseling and psychotherapy, workshops, psychological testing, and consultation.
- Point of Contact: Dr. Mark Wexler, 719-955-7009
- Additional notes: none listed

### **Substance Use**

# El Paso County Community Detoxification Facility (719-390-2046)

- Address: 2723 E Las Vegas St
- Hours: 24/7

- <u>Service</u>: Warm, safe place for persons under the influence of alcohol/drugs to detox safely. Resources and referrals for treatment and additional assistance. Physical assessments.
- Point of Contact: none listed
- · <u>Additional notes:</u> Three meals daily. Warm showers, and clean/dry clothes. Detox will not check individuals for warrants or criminal history. Detox will accept homeless or uninsured individuals. Individuals must be at least 18 years of age. Violence and weapons not tolerated.

#### Colorado QuitLine (1-800-QUIT-NOW)

- · Address: Over the phone service
- Hours: Call QuitLine
- <u>Service</u>: Tobacco cessation through phone coaching. Full pharmacotherapy program. Planning and education materials. Membership in an online tobacco cessation community.
- Point of Contact: none listed
- · <u>Additional notes:</u> Enrollment can be completed online at <u>www.coquitline.org</u>

#### New Life Program - men only (719-572-6100)

- · Address: 15 E Las Vegas St.
- Hours: 9:00am-4:00pm Monday-Friday
- <u>Service:</u> 12-month residential addiction recovery program helping men with drug and alcohol addiction.
- Point of Contact: none listed
- Additional notes: Christ-centered program promotes healing.

#### AspenPointe - Adults and Youth (719-572-6100)

- Address: Adult: Phoenix Tower 11th floor, 2864 S Circle Dr and 220 Ruskin Dr. Youth: 179 Parkside Dr.
- · <u>Hours:</u> Intakes are Monday-Friday, call to schedule, substance use group hours are daytime and evening for both adult and youth
- · <u>Service:</u> Adult services offer outpatient and enhanced outpatient treatment support through group therapy. Youth services are for ages 12-18 years old offering individual therapy, group therapy, family group sessions, and drug and alcohol screenings.
- Point of Contact: none listed
- Additional notes: Call for more information to to schedule intake. Teen substance use education also provided for prevention strategies.

## A Turning Point of Colorado Springs (719-550-1011, emergency 719-337-4310)

- Address: 5160 N Union Blvd.
- Hours: Intakes are 9:00am-4:00pm Monday and Wednesday, regular business hours 9:00am-9:00pm Monday-Thursday, 10:00am-6:00pm Friday, 8:00am-2:30pm Saturday
- <u>Service:</u> Drug treatment program focusing on health and substance abuse services. Providing substance use treatment with outpatient care. DUI and DWI offenders supported through drug rehab. Drug testing. Minor in possession also supported.
- Point of Contact: none listed
- · Additional notes: Intakes take 45 minutes to 1 hour and there is a charge of \$20. Call for more program specific information.

## Homeward Pikes Peak/Harbor House Residential (719-473-5557)

- · Address: 606 S Tejon St.
- Hours: Intakes are 11:00am-1:00pm Monday and Thursday at the Harbor House office (606 S Tejon St) for
- <u>Service</u>: Drug and alcohol-transitional sober living program at no or low cost for individuals affected by drug or alcohol addiction.

- · <u>Point of Contact:</u> Nikki Cosgrove, Program Manager, 719-473-5557
- Additional notes: 30 beds available. 3-12 month residency program, Bilingual available, individualized.

## Homeward Pikes Peak/Harbor House Clinic (719)-473-5557)

Address: 606 S Tejon St.

· Hours: Intakes are available when call in-

<u>Service</u>: Drug and alcohol outpatient clinical services at no or low cost for families and individuals affected by drug or alcohol addiction.

- Point of Contact: Alanna Baker, Program Director, 719-473-5557
- Additional notes: Bilingual available, individualized.

## Homeward Pikes Peak/Bloom Recovery Home (719)-473-5557)

Address: 610 S Tejon St.

- $\cdot$   $\,$   $\,$  Hours: Intakes are case by case. Referrals are accepted from DHS and DOC/DOJ
- <u>Service:</u> Drug and alcohol outpatient clinical services at no or low cost for families and individuals affected by drug or alcohol addiction.
- Point of Contact: Rachel Brown, Program Manager, 719-375-8794
- · <u>Additional notes:</u> Bilingual available, individualized. Care for pregnant addicts 3 to 12 month residency.

## Homeward Pikes Peak/Housing First (719-375-8794)

- · Address: 610 S Tejon St.
- · Hours: 8:00am-5:00pm Monday-Friday
- · <u>Service</u>: Residential Addiction Recovery Program for chronic homeless men and women with mental illness and substance issues that wish to leave the streets and alter their lives
- <u>Point of Contact:</u> Heather Ryan-Figueroa, Housing Director (719)-375-8794
- · Additional notes: permanent supportive housing program

### **Veteran Services**

# PFC Floyd K. Lindstrom Outpatient Clinic - VA Outpatient Care (719-327-5660)

- · Address: 3141 Centennial Blvd.
- <u>Hours:</u> 7:30am-4:30pm Monday and Tuesday, 7:30am-6:30pm Wednesday-Saturday
- <u>Service</u>: Health care, mental health treatment, substance use counseling, rental assistance vouchers, HUD-VASH, Compensated Work Therapy, job training.
- · Point of Contact: none listed
- Additional notes: By appointment only. Must be registered with VA.

## Rocky Mountain Human Services - Homes for All Veterans (719-323-2600)

- · Address: 17 S Weber St.
- · Hours: 8:00am-5:00pm Monday-Friday
- · <u>Service:</u> Homelessness prevention and housing referrals. Short term case management for the veteran and family. Navigation of complex benefits systems. Referrals to additional services.
- Point of Contact: Alison Gerbig, Program Manager,

<u>HAVreferrals@rmhumanservices.org</u> or general questions and eligibility call: 1-855-838-7428

· <u>Additional notes:</u> Eligibility criteria includes: US Military Veteran of all branches who have service at least one day of Active Duty. Living in Colorado. Not dishonorably discharged or court martial. Income limits determined by family size and area of residence. Verified homeless or at risk of becoming homeless.

## Mount Carmel Veteran's Service Center (719-772-7000)

- · Address: 530 Communication Circle
- · Hours: 8:00am-5:00pm Monday-Friday
- <u>Service</u>: Resource center for all veterans resources: behavioral health counseling, employment and transition support, job placement, internships, benefits support, financial and housing assistance, legal, education assistance, financial coaching. Vet organizations present. Clinic next door. For veterans and family of veterans.
- Point of Contact: Greet and Connect 719-722-7000
- Additional notes: Drop in or call to see what resources are the best fit. Visit us online at veteranscenter.org for a list of services and our monthly calendar

### Colorado Veteran Resource Coalition - Crawford House (719-477-1639)

- · Address: 415 S Weber St.
- Hours: 8:00am-4:00pm Monday-Friday
- <u>Service</u>: Safe, emergency housing at the Crawford House in the Colorado Springs area. Community-based residential care, treatment, and rehab services for veterans who are homeless and/or suffer from substance use and/or chronic mental illness.
- Point of Contact: Jerome Ford, Program Director, 719-477-1639
- Additional notes: Qualified are honorable or general under honorable conditions discharged. Crawford house has 15 beds.

# Disabled Veterans Outreach Program - US Department of Labor (719-667-3700)

- · <u>Address:</u> 1675 Garden of the Gods Rd, Citizen's Service Center Pikes Peak Workforce Center
- · Hours: 8:00am-4:30pm Monday-Friday
- · <u>Service</u>: DVOP specialists provide intensive services to meet employment needs of disabled vets and other eligible veterans with emphasis on economically or educationally disadvantaged homeless vets and those with barriers to employment, job referrals, resumes, facilitate employment, bus passes, training.
- <u>Point of Contact:</u> Tim Armthor, Lead DVOP Specialist, 719-667-3783, Anthony Ford 719-667-3726, Jerry Shiflett 719-667-3720, <u>ppwfcinfo@elpasoco.com</u>
- Additional notes: Call to make an appointment and see about other resources available. Can work with bad conduct, not dishonorably discharged.

# El Paso County Veterans Service Office (719-520-7750)

- · Address: 5850 Championship View Suite 130D
- Hours: 8:00am-5:00pm Monday-Friday
- · <u>Service:</u> Assist military and their families cut through red tape to receive VA benefits.
- Point of Contact: Carl McDaniel, vet@elpasoco.com
- Additional notes: Military person must be honorably discharged.

#### Peak Military Care Network (719-577-7417)

- Address: 1257 Lake Plaza Dr. Suite 220
- · Hours: 8:00am-5:00pm Monday-Friday

- · <u>Service:</u> Connecting military services members, veterans, and their families to the highest quality resources provided by our trusted community partners.
- Point of Contact: Ask for Peak Military Care Network Navigator.
- Additional notes: Connection to veteran based services and partnering agencies supporting military culture and challenges.

#### **Resource Information**

#### Pikes Peak Library (719-577-7417)

- · Address: 20 N Cascade Ave
- · <u>Hours:</u> 9:00am-9:00pm Monday-Thursday, 10:00am-6:00pm Friday and Saturday, 1:00pm-5:00pm Sunday
- <u>Service:</u> Access to books, computer assistance, training and usage, scanning, faxing, printing, resource referral, information help, recreational programs, and entertainment for everyone.
- Point of Contact: Information desk: 719-531-6333.
- Additional notes: For most convenience, apply for a library card and have an email to use. Many libraries located around town.

## Community Care of Central Colorado Service Center (719-314-2560, 1-866-938-5091)

- Address: 6005 Delmonico Dr. Suite 225
- · Hours: 7:00am-7:00pm Monday-Friday
- · <u>Service:</u> Health First Colorado Medicaid support and resources for members living in El Paso, Elbert, Park, and Teller counties
- Point of Contact: Administrative Offices: 719-632-5094.
- · <u>Additional notes:</u> Bilingual support available. Information for primary care, speciality care, and a host of community resources.

#### Blackbird Outreach (719-357-8767)

- Address: none listed
- · Hours: none listed
- $\cdot$  Service: Seek out those in need where they are. System navigators and also provide aftercare to the newly housed clients.
- <u>Point of Contact:</u> Trig Bundgaard, Outreach Director, trig@blackbirdoutreach.org, info@blackbirdoutreach.org
- Additional notes: Part of Coalition for Compassion and Action.

# *Pikes Peak United Way 2-1-1* (719-955-0742, 1-866-488-9742)

- · Address: 518 N Nevada Ave.
- Hours: 8:00am-5:00pm Monday-Friday
- · <u>Service:</u> Local information to meet your needs. Referrals for community resources and supports.
- Point of Contact: Text your zip code to 898211 or dial 2-1-1. Online database at: <a href="https://www.ppunitedway.org">www.ppunitedway.org</a>
- $\cdot$  Additional notes: Multilingual assistance. Speak to a trained information specialist for free, confidential support.

### Colorado Springs Police Department Homeless Outreach Team (719-444-7666)

- · Address: Active in the community
- Hours: none listed
- <u>Service</u>: Providing citizens with information and referrals in support of homeless individuals in Colorado Springs.
- Point of Contact: CSPDHot@springsgov.com
- Additional notes: HOT formed in 2009 to coordinate efforts among a large number of advocacy groups and services providers for providing support to homeless individual.

#### **Groceries**

#### Silver Key Emergency Pantry (719-884-2370)

- · Address: 1605 S Murray Blvd.
- · Hours: 9:00am-4:00pm Monday-Friday
- <u>Service</u>: Provides food for people over the age of 60 years old in an emergency and temporary situation.
- Point of Contact: nutrition@silverkey.org
- Additional notes: Other food assistance programs for seniors including Commodity Supplemental Food Program and Emergency Food Assistance Program. Call to verify eligibility: 719-884-2370.

#### Silver Key Meals on Wheels (719-884-2370)

- Address: 1655 S Murray Blvd.
- · Hours: 8:30am-4:00pm Monday-Friday
- <u>Service</u>: Delivers hot, nutritious meals to seniors (60 or older) in Colorado Springs, Manitou Springs, Fountain, and the Security-Widefield area. Hot meals Monday-Friday and reheatable meals on weekends to provide easy, health food options.
- Point of Contact: nutrition@silverkey.org
- Additional notes: Please call or visit to apply. New client assessment in-person or by phone. Pricing available upon request.

#### Springs Rescue Mission (719-632-1822)

- · Address: 25 W Las Vegas St.
- · Hours: 1:00pm-3:00pm Monday-Thursday
- · Service: Clothing, household items and food.
- Point of Contact: Samaritan's Kitchen: 719-632-1822
- · Additional notes: Everything is free of charge.

#### Ecumenical Social Ministries (719-636-1916)

- · Address: 201 N Weber St.
- Hours: 9:00am-3:00pm Monday-Friday, 8:00am-11:30am Saturday, 10:00am-2:00pm Sunday
- · Service: Food pantry.
- · Point of Contact: none listed
- · Additional notes: No screening.

#### Westside First Wesleyan Church (719-473-7113)

- Address: 502 N Walnut St
- Hours: 9:00am-1:00pm Wednesday
- · Service: 3 days food supply depending on family size.
- Point of Contact: 719-473-7113
- · Additional notes: Personal shopper assistance.

#### Care and Share Food Bank (719-528-1247)

- Address: 2605 Preamble Point
- Hours: 8:00am-5:00pm Monday-Friday
- <u>Service:</u> Food pantries around Southern Colorado. View website for finding food locally <a href="https://careandshare.org/findfood/">https://careandshare.org/findfood/</a>
  - Point of Contact: none listed
- Additional notes: none listed

#### Westside Cares (719-389-0759)

- Address: 2808 W. Colorado Ave.
- $\cdot$  <u>Hours:</u> 9:30am-12:30pm Monday-Thursday, and 4:30pm-6:30pm Thursday
- <u>Service:</u> Six pantries on the west side of Colorado Springs and El Paso County. Vouchers are administered at the central office on Colorado Avenue
- Point of Contact: 719-389-0759

Additional notes: none listed

#### Project Angel Heart (719-323-0084)

- · Address: 1625 W Uintah St. Suite I
- · Hours: Monday-Saturday, hours vary, please call
- <u>Service</u>: Meal delivery service for individuals with: current diagnosis of a life-threatening illness such as cancer, HIV/AIDS, renal disease, congestive heart failure, multiple sclerosis AND documented difficulty preparing or accessing healthy meals due to illness.
- Point of Contact: Inquiries about receiving meals, 1-800-381-5612.
- · <u>Additional notes:</u> Client referral form required to be filled out by referring health care provider with required authorization from provider

#### Catholic Charities Community Outreach

- . Address: 14 W. Bijou Street
- . Hours: 10:30am-1:00pm Monday-Friday (Closed on Holidays)
- . <u>Service:</u> Senior Food Box monthly delivery for inbound low income senior citizens. The service is a collaboration with Care and Share. Also, emergency food boxes provided on sight for US citizens. Restricted to one box every 6 months. The service is a collaboration with American Charitable Trust.

Point of Contact: 719-866-6550

Additional notes: none listed

#### Mercy's Gate (719-277-7470)

- . Address: 4360 Montebello Drive Suite 300
- . <u>Hours:</u> 4pm-7pm Monday, 9am-12pm Wednesday, 9am-12pm and 1pm-4pm Wednesday, 4pm-7pm Friday
- . <u>Service:</u> Food pantry, clothing resources, community resources and referrals, utility and rental assistance, legal services program, and medical consultation program.
- Point of Contact: info@mercysgatecs.org
- Additional notes: none listed

### **Domestic Violence**

# TESSA - Center for Domestic Violence (719-633-3819 or 719-636-1462)

- Address: 435 Gold Pass Heights
- · Hours: 24/7
- <u>Service</u>: Housing and Emergency services related to domestic violence including a safehouse. Call for more information.
- · <u>Point of Contact:</u> Scott Peck, Director of Advocacy, 719-785-6816, <u>speck@tessacs.org</u>
- · <u>Additional notes</u>; Screening/intake/referral for several Westside food banks. For residents.

# A Turning Point of Colorado Springs (719-550-1011, emergency 719-337-4310)

- · Address: 5160 N Union Blvd.
- · <u>Hours:</u> Intakes are 9:00am-4:00pm Monday and Wednesday, regular business hours 9:00am-9:00pm Monday-Thursday, 10:00am-6:00pm Friday, 8:00am-2:30pm Saturday
- <u>Service</u>: Domestic violence courses for offenders. Courses and services based on level of offender risk agreed upon by multidisciplinary treatment team.
- Point of Contact: none listed

• Additional notes: Intakes take 45 minutes to 90 minutes and there is a charge of \$20. Call for more program specific information.

#### Haseya Advocate Program (719-600-3939)

- · Address: 5350 Tomah Dr.
- Hours: 9:00am-3:00pm Monday, Wednesday, Thursday, 9:00am-12:00pm Friday. Closed Tues, Sat & Sun
- <u>Service</u>: Native American-specific advocacy for survivors of domestic violence, sexual assault, & stalking
- Point of Contact: <a href="haseya.advocate@red-wind.net">haseya.advocate@red-wind.net</a>
  <a href="Additional notes:">Additional notes:</a> All contact is free and confidential.

Child Welfare Hotline (1-800-422-4453, National and 1-844-264-5437, El Paso County)
Child Abuse Hotline (719-444-5700)

Elderly and At-Risk Hotline (719-444-5755)

Domestic Violence Hotline (1-800-799-7233)

Colorado Springs Police Department Non-Emergency (719-444-7000)

### **Family Services**

### El Paso County Department of Public Health -Nurse Family Partnership (719-578-3199)

- Address: 1675 W Garden of the Gods Rd. Suite 2044
- Hours: 7:30am-4:30pm Monday- Friday
- <u>Service:</u> Home visits of nurses to women/families during pregnancy to the child's age of 2 to help with parenting skills and healthcare. Goal setting, a support network, resources and referrals.
- Point of Contact: none listed
- <u>Additional notes:</u> Medicaid, WIC, other income requirements. Voluntary, by appointment only. Spanish speaking available.

### Catholic Charities Family Connections at Helen Hunt Campus (719-578-1222)

- · Address: 917 E. Moreno Ave.
- · Hours: 9:00am-2:00pm Monday- Friday
- <u>Service</u>: For families with children under 18. Pregnancy and new baby support including clothing for babies and children ages 0-13, formula, diapers, baby food,maternity wear and other baby needs. Kidz Kloset clothing for children up to size 14, maternity clothing, <u>no other adult clothing</u>. Sizes and availability varies. Life Coaching, laundry, computer and shower services by appointment only.
- Point of Contact: 719-578-1222, info@ccharitiescc.org
- Additional notes: none listed

## Catholic Charities Family Mentor Alliance (719-578-1222)

- Address: 917 E Moreno Ave
- Hours: 9:00am-4:00pm Monday- Friday, appointments only after
   2:00pm
- <u>Service</u>: Long term relational program serving families with minor children experiencing homelessness, providing life skills, support and assistance securing housing.
- Point of Contact: Family Advocate, 719-866-6555, info@ccharitiescc.org

Additional notes: none listed

## Family Promise/Interfaith Hospitality Network (719-329-1244)

- Address: 519 N Tejon St.
- · Hours: 9:00am-4:30pm Monday-Friday
- <u>Service</u>: Transitional housing, Family Day House center, case management, connecting to social services, transportation.
  - Point of Contact: none listed
- · Additional notes: Four different programs. Call for eligibility.

### **Youth Services**

# *Urban Peak* (719-630-3223, 719-205-7129 after hours and on weekends)

- · Address: 423 E Cucharras St.
- · <u>Hours:</u> Available all hours, office staff 9:00am-5:00pm Monday-Friday
- <u>Service</u>: Shelter and resources for youth of all identities ages 15 to 21. Basic needs, intensive case management, health services, education, employment support to empower, build self-sufficiency based on own identified goals and needs. Life skill classes, bike program, community activities. UPCS shelter serves youth 15 up to 21st birthday, youth up to 24 years of age can access case management/services and support through Outreach Case Managers and Drop In Office.
- <u>Point of Contact:</u> MJ McHugh, Street Outreach Case Manager, 719-630-3223 ext. 2821, <u>mj.mchugh@urbanpeak.org</u>; Allison Ometer, Street Outreach Case Manager, <u>allison.ometer@urbanpeak.org</u>; Victoria Scanlon, Program Supervisor, <u>victoria.scanlon@urbanpeak.org</u>; 719-630-3223 ext. 2830

Additional notes: Has 20 beds available.

#### TwoCor Projects (719-471-6916)

- Address: 925 Arrawanna St.
- · Hours: 8:00am-5:00pm Monday-Thursday
- <u>Service:</u> Vocational training program for traumatized youth aged 15-19 years old in the Pikes Peak Region.
- Point of Contact: info@twocor.org
- Additional notes: youth are referred to the program through social service and juvenile justice agencies, schools, churches, and families.

#### Teens with Promise (719-266-0106)

- Address: 3540 N Academy Blvd.
- Hours: 11:00am-5:00pm Tuesday-Friday (by Appt)
- <u>Service</u>: Homeless outreach, clothing, school supplies, sports equipment, holiday gifts and medical/dental care for homeless and disadvantaged teens.
- Point of Contact: Robin Coen, Executive Director, 719-266-0106, robin@teenswithpromise.com
- · <u>Additional notes:</u> Unlimited capacity. Referrals only. Ages 13-19 years old. Clothes come in adult sizes only. Teen resources.

### **Disabled Homeless**

#### Cheyenne Village (719-592-0200)

- · Address: 6275 Lehman Dr
- · Hours: none listed
- · <u>Service:</u> Support for adults with intellectual and developmental disabilities with housing transportation, benefits and healthcare coordination. Each client gets a personal service plan.

- <u>Point of Contact:</u> Connie Barrick, Outreach Coordinator, 719-572-7457, cbarrick@cheyennevillage.org
- · Additional notes: none listed

#### The Resource Exchange (719-380-1100)

- · Address: 6385 Corporate Dr. Suite 301
- Hours: 7:30am-5:00pm Monday-Thursday, 7:30am-11:30am Friday
- · <u>Service</u>: Case management with service coordinators, eligibility determination for resources. Provider integration. Resources listings for food, financial assistance, emergency housing, mental health, disability resources.
- Point of Contact: none listed
- · <u>Additional notes:</u> Developmental delay, disability, intellectual disability. Call for more information.

#### The Independence Center (719-471-8181)

- · Address: 729 S Tejon St.
- · Hours: 8:00am-4:30pm Monday-Friday
- <u>Service</u>: Assists disabled in becoming independent including some home health services, peer support, self advocacy, skills classes, deaf and hard of hearing services, employment help. Also CNA school.
- Point of Contact: Marsha Unrun, IL Program Manager, info@theindependencecenter.org
- · Additional notes: none listed

### **Day Labor**

#### People Ready (719-632-1883)

- · Address: 2216 E Pikes Peak Ave.
- Hours: 5:30am-6:30pm Monday-Friday, 6:00am-10:00am Saturday
- · Service: Day labor choices.
- · Point of Contact: none listed
- Additional notes: Go to office and apply on computer there. Need 2 forms of ID license, birth certificate or social security card. Will need work boots if doing construction work. Personal protective equipment (official gloves, hard hat, glasses, etc.) may be required or provided.

#### Trojan Labor (719-578-5100)

- Address: 311 N Hancock Ave.
- · Hours: 6:00am-2:00pm Monday-Friday
- Service: Day labor choices.
- · Point of Contact: none listed
- Additional notes: 2 forms of ID such as a license, birth certificate or social security card. Will be paid weekly.

#### Apprentice Personnel

#### (719-473-5800)

- · Address: 3134 W Colorado Ave.
- Hours: 6:00am-3:00pm Monday-Friday
- · Service: Day labor choices.
- Point of Contact: none listed
- Additional notes: 2 forms of ID such as a license, birth certificate or social security card. May need black shoes and slacks. Will be paid weekly.

#### **Pet Care**

#### Street Petz (719-629-7389)

Address: 10343 Federal Blvd. Suite J-103, Westminster, CO

- · Hours: 12:00pm Thursday on westside of Marian House
- <u>Service:</u> Dog food, cat Food, puppy food, pet supplies, treats Free vaccinations for distemper, lepto, parvo and rabies for pets living with the homeless. Feline upper respiratory virus shots for cats and kittens. Pet toys, coats, blankets. Requests taken for collars, harnesses, leashes, cat litter, dog beds and carriers.
- · Point of Contact: Facebook: Street Petz Colorado Springs
- Additional notes: none listed

#### Humane Society of Plkes Peak (719-473-1741)

- Address: 610 Abbott Lane
- · <u>Hours:</u> 8:00am-6:00pm Monday-Friday, 11:00am-5:30pm Saturday-Sunday
- $\cdot$  <u>Service:</u> Subsidized spay/neuter surgeries and vaccinations. If staying at RJ shelter can have pet sheltered there for a period of time.
- Point of Contact: 719-473-1741 ext. 195
- Additional notes: Call for more information about sheltering. Requires a referral from RJ Montgomery

#### Harley's Hope Foundations (719-495-6083)

- Address: PO Box 88146
- · Hours: 10:00am-5:00pm Monday-Friday
- <u>Service</u>: Assistance for emergency/major veterinary care, behavioral training, and emergency foster care. Low-cost microchipping clinics (check website for dates and locations) and in-home microchipping for shy pets. Annual pet health fair offering wellness exams and free vaccinations upon proof of financial need.
- Point of Contact: www.harleys-hopefoundation.org
- · <u>Additional notes:</u> Pets of low or fixed income, no income guardians. Check out website for more information.

#### Hamlett Spay/Neuter Clinic (719-475-1800)

- · Address: 3660 Citadel Dr. N
- · Hours: 7:00am-4:30pm Tuesday-Friday
- · Point of Contact: office@hamlettclinic.org
- Additional notes: Vaccinations from 9:00am-11:00am and 1:00pm-3:30pm

#### Peak Pet Pantry (719-217-9528)

- · Address: 6436 US Hwy 85 Ste U, Fountain, CO
- Hours: 7:00am-4:30pm Tuesday-Friday
- · Service: Pet food and litter.
- Point of Contact: 719-354-0022, peakpetpantry@gmail.com
- · Additional notes: Bring ID, pet records to apply. App on website. One person from a household may apply and receive assistance twice a month up to a period of three months. If the household receives assistance six times in three months, we ask that the household give a 30 day 'break' before returning.

### **Ongoing Healthcare Maintenance**

#### SET Family Clinic (719-776-8850)

- · Address: 2864 S Circle Dr. Suite 450
- · Hours: 7:30am-6:00pm Monday- Friday
- · <u>Service:</u> Provide medical care to the uninsured, underinsured, homeless and Medicaid populations as well as health related education, health insurance exchange enrollment and services navigation. Physicals for work, school, daycare, sports.
- · <u>Point of Contact:</u> Katey Burdick, Programs Coordinator, 719-776-8863, <u>kateyburdick@centura.org</u>

• Additional notes: Appointment only. Payment based on sliding scale. Medicaid patients \$2 co-pay. No walk-ins. Appointments generally within the week. Telephone translator available.

## Peak Vista Community Health Centers (719-632-5700, 719-344-6889 for enrollment)

- Address: Multiple locations
- · Hours: 8:00am-5:00pm Monday- Saturday, varies
- <u>Service</u>: Full Service healthcare management. No emergency care or walk-in care. Includes OB/GYN and pediatrics.
- · <u>Point of Contact:</u> Annie Beer, Director of Homeless Care, 719-344-7049
- Additional notes: Sliding scale based on ability to pay. No wait list.
   Can do medicaid enrollment at locations. Go online to see all locations and services. <a href="https://www.peakvista.org">www.peakvista.org</a>

#### Mission Medical Clinic (719-219-3402)

- Address: 2125 E La Salle St.
- · Hours: 9:00am-5:00pm Monday-Friday
- <u>Service</u>: Healthcare for uninsured 18 to 64 years old. Primary care, diabetes education, dental, vision, eyeglasses, durable medical equipment, behavioral health, prescription assistance and spiritual companionship.
- <u>Point of Contact:</u> Barb Cronin, Executive Director, 719-219-3402
   ext. 1006, <u>barb.cronin@mmccs.org</u>
- <u>Additional notes:</u> Primary care is for uninsured, underinsured and undocumented. Does not accept Medicaid patients who are referred to Peak Vista. Vision care is for Medicaid patients. Glasses are free. No OB/GYN patients. Referred to Dream Centers.

### <u>Advocates/Case</u> <u>Management/Benefits/Misc.</u>

# Catholic Charities Marian House Client Services (719-475-7314)

- · Address: 14 W Bijou
- · Hours: 10:30am-1:00pm Monday-Friday
- · <u>Service:</u> Clothing and necessities, shelter referrals, food boxes, phone, mail and ID services, new home starter kit, and utilities assistance. Services vary based on funding availability.
- Point of Contact: David Green, Community Case Manager, 719-866-6282, dgreen@ccharities.org
- Additional notes: Adult clothing is distributed by Case Managers only at Marian House. Family Clothing Closet is open Monday-Friday at Helen Hunt Campus 917 E Moreno Ave.

## Peak Vista Medicaid Enrollment Technician (719-632-5700, 719-344-6889 for enrollment)

- · <u>Address:</u> Urban Peak, Springs Rescue MIssion, Peak Vista Homeless Clinic
  - Hours: 8:00am-1:30pm at Urban Peak and Springs
     Rescue, all hours of operation at Peak Vista Homeless Clinic
- Service: Health First Colorado Medicaid enrollment.
- · <u>Point of Contact:</u> Annie Beer, Director of Homeless Care, 719-344-7049
- Additional notes: none listed

# Homeward Pikes Peak/Housing First (719-375-8794)

- · Address: 610 S Tejon St.
- · Hours: 9:00am-5:00pm Monday-Friday
- · <u>Service:</u> Provides case manager with a variety of services to provide stable permanent housing specifically for the mentally ill, substance abusers and chronically homeless populations. Also has Veteran specific housing.
- <u>Point of Contact:</u> Heather Ryan-Figueroa, Housing Director, <u>hryanfigueroa@homewardpikespeak.org</u>
- Additional notes: none listed

# Springs Rescue Resource Advocate Program (719-314-2376)

- · Address: 5 W Las Vegas St.
- · Hours: 8:30am-11:30am Monday-Friday, drop-in
- <u>Service</u>: For homeless needing help in connecting with agencies that will help with housing, medical care, dental care, food, clothing, employment, education, legal aid and especially for those who have mental health and substance abuse issues.
- · Point of Contact: none listed
- Additional notes: Supported by a network of faith congregations.

## Social Security Office (888-880-0688, 1-800-772-1213)

- · Address: 2306 E Pikes Peak Ave.
- Hours: 9:00am-2:00pm Monday-Friday
- · Service: Information on receiving Social Security (SS),

Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI), and Medicare.

- · Point of Contact: More info available at www.socialsecurity.gov
- · Additional notes: May be long wait times.

## El Paso County Department of Human Services (719-636-0000)

- · Address: 1675 W Garden of the Gods Road
- Hours: 8:00am-5:00pm Monday-Friday
- · <u>Service:</u> Medicaid, SNAP (Food stamps), AND (Aid to Needy Disabled), and other social services programs.
- Point of Contact:

http://dhs.elpasoco.com/Pages/AssistancePrograms.aspx

· Additional notes: Citizens Service Center

# Community Care of Central Colorado (719-632-5094)

- Address: 6005 Delmonico Dr. Suite 225
- Hours: 8:00am-5:00pm Monday-Friday
- · <u>Service</u>: Care Coordination support for Health First Colorado Medicaid in El Paso, Park, Teller, and Elbert county. Connection to primary care, specialty care, social services, and other community resources based on eligibility.
- Point of Contact: Service Center, 719-314-2560
- Additional notes: Check eligibility and Health First Colorado Medicaid status by calling the Community Care of Central Colorado Service Center.

#### Ecumenical Social Ministries (719-636-1916)

- Address: 201 N Weber St.
- Hours: 9:00am-3:00pm Monday-Friday, 8:00am-11:30am Saturday, 10:00am-2:00pm Sunday
- <u>Service</u>: Sandwiches/street food packages, commodities 1 x month, laundry facilities, showers, emergency food per person in family, clothing 1 per quarter, help with prescriptions, bus passes,

copay help, Uses lenscrafters for glasses, program referrals and advocacy into various programs

- · Point of Contact: Velda Baker, RN, 719-310-7399
- · <u>Additional notes:</u> Some services require an ID, line develops early so plan ahead.

#### Haseya Advocate Program (719-600-3939)

- · Address: 5350 Tomah Dr.
- · <u>Hours:</u> 9:00am-3:00pm Monday, Wednesday, Thursday, 9:00am-12:00pm Friday. Closed Tues, Sat & Sun
- <u>Service:</u> Native American-specific advocacy for survivors of domestic violence, sexual assault, & stalking. Assistance with legal, medical, & housing advocacy. Help with obtaining protection orders. Resource location & referrals. Address Confidentiality Program & notary services
- Point of Contact: <a href="haseya.advocate@red-wind.net">haseya.advocate@red-wind.net</a> Additional notes: All contact is free and confidential.

#### One Nation Walking Together (719-329-0251)

- · Address: 3150 N Nevada Ave.
- Hours: 9:00am-3:00pm Tuesday-Friday
- <u>Service</u>: Food, Medical supplies, ie wheelchairs, diabetic supplies, family assistance, hygiene items, diapers, formula.
- Point of Contact: none listed
- · Additional notes: For Native Americans

#### REACH Pikes Peak (719-358-8396)

- Address: 31 N Tejon St.
- · Hours: 8:00am-4:30pm Monday-Friday
- · Service: Vouchers for \$10 at Goodwill. Travel vouchers
- · Point of Contact: Patrice Ravenscott, Director,

patrice@reachpikespeak.org

· Additional notes: none listed

# The Salvation Army - Fountain Valley (719-382-1182)

- · Address: 208 Cunningham Dr., 80911
- · Hours: 9am-5:30pm, Monday-Friday
- <u>Service:</u> Emergency food pantry 1x per month, utility assistance, program referrals, advocacy, and basic counseling available.
- Point of Contact: Anne Schneck, Social Services Director
- Additional notes: Serving Fountain, Fort Carson, Security and Widefield. Some services require an ID and other forms, please call in advance for best assistance.

#### Crossfire Ministries (719-447-1806)

- Address: 2120 E La Salle St.
- Hours: 10:00am-7:00pm Tuesday, 10:00am-4:00pm Wednesday, Thursday
- <u>Service</u>: Food, clothing, toiletries, household vouchers for their thrift shop on premises. General inspirational guidance and education as desired.
- · <u>Point of Contact:</u> Leslie Assistant Manager, 719-447-1806, crossfireministries@msn.com
- · <u>Additional notes:</u> Picture ID, ss# or alternate ID for all family members where available. Bring your own box/bags

### **Legal Services**

The Justice Center of the El Paso County Bar Association - Pro Bono or Modest Means Program (719-473-6212)

· Address: Apply online:

https://www.elpasocountybar.org/legal-resources-for-the-public/pro-bon o-program/

- Hours: none listed
- <u>Service</u>: Apply for consideration. Due to the structure of our programs, we are unable to handle emergencies, cannot expedite the processing of applications, and cannot provide representation to all who apply.
- · <u>Point of Contact:</u> Britt Kwan, Executive Director <u>probono@elpasocountybar.org</u>
- · <u>Additional notes:</u> Only for cases in El Paso and Teller Counties. Criminal cases cannot be considered for the Pro Bono program, but may apply for Modest Means. Spanish speaking available.

#### Ask-A-Lawyer

2nd Saturday of every month 10 a.m. to 12 p.m. Imagination Celebration Space, Citadel Mall In person free legal clinic, first come-first served.

#### /\*- Call-A-Lawyer

Third Thursday of every month 7 p.m. to 9 p.m.

Call (719) 471-0380 to speak with an attorney about your legal issue. This is a call in free legal clinic.

#### Marian House Free Legal Clinic

4th Saturday of every month, Excluding May, Nov & Dec 11 a.m. to 1 p.m.

Marian House Kitchen, 14 W. Bijou St.

In person free legal clinic, first come first served.

#### Colorado Legal Services (719-471-0380)

- Address: 617 S Nevada Ave.
- · Hours: 8:30am-5:00pm Monday- Friday, closed 12:00pm-1:00pm
- <u>Service</u>: Assistance with knowledge, forms and assistance with family and child law: divorce, protection orders, support. Housing law: eviction, foreclosure. Consumer law, elder law, health, government benefits, migrant workers, immigration, civil rights, disaster help.
- · <u>Point of Contact:</u> Sarah Lipka, Managing Attorney, <u>slipka@colegalservices.org</u>

#### Additional nates: Apply onli

 $\cdot$  Additional notes: Apply online on website. Statewide system. Some Spanish speakers.

#### Ask-A-Lawyer (N/A)

- · <u>Address:</u> Citadel Mall- Imagination Celebration Suite, East side on the 2nd level
- · Hours: 10:00am-12:00pm 2nd Saturday of each month
- Service: Legal advice.
- · Point of Contact: El Paso County Bar Association
- · Additional notes: none listed.

#### Call-A-Lawyer (719-471-0380)

- Address: N/A
- Hours: 7:00pm-9:00pm 3rd Thursday of each month
- · Service: Legal advice.
- · Point of Contact: El Paso County Bar Association

Additional notes: Calls not accepted for this at any other time.

# Self Help Center at El Paso County Combined Courts (719-452-5560 or 5561)

- · Address: 270 S Tejon St Room S101
- · Hours: 7:30am-5:00pm Monday-Friday
- Service: Assistance with legal forms.
- Point of Contact: none listed.
- Additional notes: none listed.

### **Transitional and Permanent Housing**

#### Ithaka Land Trust (719-578-1629)

- Address: 321 Mesa Rd, <a href="http://ithakaland.org/">http://ithakaland.org/</a>
- Hours: Office Hours M-F, 9-4
- · Service: Permanent and transitional housing
- Point of Contact: 719-578-1629; office@ithakaland.org
- Additional notes: Transitional housing is for single adults only. Permanent housing is for adults and families.

#### Dream Centers Mary's Home (719-301-5411)

- Address: 3650 Airport Rd, dreamcenters.com
- <u>Service</u>: Mary's Home is a faith-based supportive housing program for single mothers who are homeless, with three or less children, under the age of eight, residents of El Paso County, and eligible for TANF / CCAP. A few openings are available each year in the 15 one-bedroom unit community.
- Point of Contact: maryshomeadmissions@dreamcenters.com (Admissions), maryshome@dreamcenters.com (General Info)
- · <u>Additional notes:</u> Mary's Home is a highly structured career readiness program that is one to five years in length. The first six months of residency focuses on life skills training, GED studies, trauma therapy, and a part-time employment option.

### El Paso County Department of Human Services Locations

#### Main Office - EBT Office

- Address: 1675 Garden of the Gods Rd. Third Floor
- · Hours: 8:00am-5:00pm Monday-Friday
- Service: Enrollment in Human Services and benefits programs

#### Fountain Office - EBT Office (719-444-8303)

· Address: Peak Vista Health Center

350 Lyckman Dr, Fountain, CO, 80817

- · Hours: 8:00am-12:00pm and 1:00pm-4:30pm, Monday-Friday
- · Service: Enrollment in Human Services and benefits programs

#### Criminal Justice Center (CJC)

- Address: 2739 E Las Vegas St.
- · Hours: 6:00am-5:00pm Monday-Friday
- <u>Service</u>: Enrollment in Human Services and benefits programs. Technician can be requested at Front Desk

# Rocky Mountain Human Services (719-323-2600, phone for Front Desk)

- · Address: 17 S Weber St.
- · Hours: 8:00am-3:30pm Monday, Tuesday
- · Service: Enrollment in Human Services and benefits programs

#### Springs Rescue Mission

- · Address: 5 W Las Vegas St.
- · Hours: 6:00am-5:00pm Monday-Friday
- Service: Enrollment in Human Services and benefits programs.

#### Urban Peak (homeless teens only ages 15-24)

- Address: 423 E Churcharras St.
- · Hours: 10:00am-3:30pm 1st and 3rd Thursdays
- · Service: Enrollment in Human Services and benefits programs

#### Championship View-East (719-444-5725)

- · Address: 5850 Championship View, Suite 120A
- Hours: 8:00am-11:30am and 1:00pm-4:30pm, Monday-Friday
- · Service: Enrollment in Human Services and benefits programs.

#### Calhan Office (719-520-7897)

- Address: 328 10th Street, Calhan, CO 80808
- · Hours: 10:00am-12:00pm and 1:00pm-4:00pm, Wednesday only
- · Service: Enrollment in Human Services and benefits programs

#### Mt. Carmel Office (719-667-3834)

- · Address: 530 Communication Circle
- · Hours: 8:00am-12:00pm, Thursday only
- · Service: Enrollment in Human Services and benefits programs.

#### 4th Judicial Court

- · Address: 105 E Vermijo Ave
- · Hours: PPP Hearings, Monday-Friday
- · Service: Enrollment in Human Services and benefits programs

#### Sand Creek Library

- · Address: 1821 S Academy Blvd
- · Hours: 8:30am-5:00pm, Monday, Wednesday, Friday
- · Service: Enrollment in Human Services and benefits programs.

#### Online Applications - Colorado PEAK

- · Address: colorado.gov/Peak
- Hours: Online applications
- <u>Service</u>: Apply online, make changes, view benefits information,

access correspondence, submit documentation