

Warren Science: Morning Skin Care Routine VLOG

You can complete this project in place of taking the Integumentary System Quiz. If you choose to take the Integumentary System Quiz AND do this project then the project will be extra credit.

Directions:

1. You will film yourself doing your **Morning Skin Care Routine**. Remember to start with telling your viewers about your type of skin (oily/dry/combo etc.) You must include the following:



Step 1: Cleanser



Step 2: Toner



Step 3: Serum(s)



Step 4: Moisturizer



Step 5: Sunscreen

- i. Include one item used to treat **ACNE**
*Sometimes called "spot treatments" which would go on before your moisturizer
*This can be prescription or over the counter
- ii. Include one item used to treat **AGING SKIN**
*This can be prescription or over the counter
*Good example to use is Retinol/Tretinoin
- iii. Add anything you use only once in a while and not every day
*Examples include: exfoliators, masks, essences, special creams, etc.

*****If you do not use all of these items normally, place a picture of a product you research on your screen (in the background or print a picture of the product and show it on the screen)**

2. For each item, show or describe how to apply it
3. For each item, name the first 3 ingredients on the back of the bottle
4. For each item, describe how 2 of those ingredients (do not include water) help your skin.
 - a. Be **SPECIFIC!** Use the vocab you have learned in this unit...this is also where research comes in!
 - i. Example..."_____" helps remove excess layers of stratum corneum which will reveal newer cells making your skin look healthier.

*You must **EDIT** your video to be around 3 minutes (don't take a minute to wash your face)!

*You can make this on YouTube, TikTok, Instagram, etc. or use a software program you are familiar with.

Title should be: **Warren Science: My Morning Skincare Routine (First Name, Last Initial)**

*Turn in/upload link on my website under Integumentary System or click [HERE](#)