eeping/Shelter	yes	no
sleeping bag in waterproof stuff sack		
 sleeping pad/therm-a-rest (waterproof) tent/poles/pegs (supplied) tarp (groundsheet/footprint) 		
othing (Trail)		
 hiking boots (sturdy boots, well-broken, and waterproofed) Hiking poles Pack cover sandals/tevas/running shoes (for in camp use) pack lined with garbage bag liner socks – synthetic or wool hiking socks – synthetic or wool (3 pair) polypro/dri-fit/synthetic long underwear top/bottom fleece jacket/wool sweater fleece pants/ wool pants medium weight top/pants- synthetic/fleece or wool wind pants (MEC rad pants, tear away pants) shorts (quick drying) could also be used as a bathing suit rain jacket (waterproof, with hood) pants (waterproof) rain hat /sun hat (required) warm hat /toque fleece or wool underwear (2 pair, not cotton) fleece or wool mittens /gloves light pair gaiters (mandatory) Lanyard 		
oking		
ve/pots/ (supplied) I (sealed in plastic bag) (supplied) 2 bottles /bowl/fork/spoon ket knife scrubber d sanitizer degradable dish soap (use small amount) lighter I litre water bottle(s)/ platypus duct tape on it nch polypro rope 15 metres for hanging food		

Medical/Repair/Safety		
 first aid / repair kit personal medications informed teacher of any changes in health, sunscreen lip protection sunglasses 		
Toiletries		
 toothbrush/paste personal toilet items toilet paper & plastic baginclude hand sanitizer small towel 		
Miscellaneous		
 headlamp/extra bulb/batteries (extra batteries) pack cover garbage bags (3 large) zip lock (3) watch (with alarm) camera (optional) candles (optional) journal (Mandatory) book water purification (filter/Iodine tablets, etc)) 		
Info		
Pack organized using stuff sacks		
Boots, Gaitors, poles checked		
shower test		
Food group Who has pot/fuel/		
Tent group(set up/checked) who has tent/fly /poles/footprint		
Menu submitted/approved		
Read material on blog and parent acknowledgement		
Paid \$285		
Marks	80	