

PAUANUI SURF LIFE SAVING CLUB

Frequently Asked Questions for Junior Surf



Welcome to Pauanui Surf Life Saving Club's Junior Surf Programme.

Below are answers to common questions to help you prepare for the 2025/26 season.

How do I sign up?

Visit www.pauanuilifeguards.org.nz >Our Club >Become a Member

- Enter each child's name and details.
- Add parents as emergency contacts.
- Families with Junior Surf participants (including Rookies) automatically become Junior Surf families.
- Add multiple children under one family membership for discounted rates.
- Purchase a hi-vis vest for each child and a beanie for all non-Rookies.
- Follow our Facebook page "**Pauanui SLSC Junior Surf**" for uniform collection dates and updates.

I accidentally signed up for the wrong thing — what do I do?

Email juniorsurf@pauanuilifeguards.org.nz and Maya will help sort it out.

What age group is my child in?

Your child's age group is based on their age as of 1 October, as per Surf Life Saving NZ guidelines.

My child is 6 — can they join?

Unfortunately, our youngest eligible age group is 7 years old due to programme timing and limited resources.

Can my child do Rookies?

Only if they were 13 on 1 October, as per Surf Life Saving NZ requirements.

Can my child do Rookies instead of Trainees?

Yes, if they can swim 200m in under 4 minutes 30 seconds.

There's no requirement to have completed Junior Surf or Rookies to become a lifeguard — all theory is covered during lifeguard training.

Do parents have to stay?

Yes. Parents must remain for all sessions (except Rookies).

This ensures quick response in case of emergencies.

We also maintain a **1:5 water safety ratio**, so please be prepared to assist in the water if needed.

PAUANUI SURF LIFE SAVING CLUB

Frequently Asked Questions for Junior Surf



What time are sessions?

Sessions start at 9:15am beside the clubhouse and finish around 10:30am on the beach.

Please sign your child out at the end of each session.

What are the start and end dates?

The programme runs weekdays from 19 December to 20 January (excl Christmas and Boxing Days).

Most years the final week drops to Monday, Wednesday and Friday.

What if we miss a day or week?

Attendance is flexible — come when you can!

We mark attendance for safety but there's no requirement to attend every session.

If joining late, please introduce yourself to the coordinator or coaches.

Can a visiting family friend join for a week?

Yes, if they join the club and purchase the uniform.

Non-members can't participate in individual or casual sessions.

When is the carnival?

Early January (Date TBC), approximately 5 hours, starting mid-morning (tide and weather dependent).

Updates will be posted on Facebook.

Can we attend other carnivals?

We usually attend the Whangamata Coro Cup and sometimes Tairua or Whiritoa carnivals, depending on numbers.

My child loves competing — what's next?

We've sent teams to Junior Eastern Regions and Oceans (Nationals).

These are parent-led trips, let Maya know if you're interested.

We also need qualified officials to support entries.

Where can I find more dates or updates?

Follow the Pauanui SLSC [Junior Surf Facebook](#) page for the latest information, including the Junior Surf Handbook and seasonal calendar.

Contact

PAUANUI SURF LIFE SAVING CLUB
Frequently Asked Questions for Junior Surf



For all other queries, please email juniorsurf@pauanuilifeguards.org.nz