

Oct 11th- 14th 2018

The Radiance Sutras Three Day Retreat

with Lorin Roche and Camille Maurine

Sunshine Coast

Thursday 11th Oct

330-530pm	Arrival and Check in
5.30pm	Greeting and House-Keeping
6pm	Dinner
7-9 pm	Workshop

Friday 12th Oct

7-8.15am	Yoga with Tash
830-930am	Breakfast
10am-1pm	Workshop
1-3.30pm	Lunch/break/massage/walk/solo time
330-630pm	Workshop
630pm-730pm	Dinner
800-930pm	Workshop

Saturday 13th Oct

7-8.15am	Yoga with Tash
830-930am	Breakfast
10am-1pm	Workshop
1-3.30pm	Lunch/break/massage/walk/solo time
330-630pm	Workshop
630pm-730pm	Dinner
8-10 pm	Workshop /fire ceremony close

Sunday 14th Oct

830-930	Breakfast
10am	Check out
1030-12	Teacher trainees debrief, Q + A.

Nb Actual times and schedule may vary.

