

Elkhorn South High School Girls Track School Records

Event	Name	Performance	Year
100 Meter Dash	Tarisa Frans	12.22	2024
200 Meter Dash	Tarisa Frans	25.22	2024
400 Meter Dash	Kaleigh Heng	58.90	2012
800 Meter Run	Jaci Sievers	2:15.58	2023
1600 Meter Run	Jaci Sievers	4:51.67	2022
3200 Meter Run	Jaci Sievers	10:23.39	2023
100 Meter Hurdles	Brooke Adams	15.35	2013
300 Meter Hurdles	Grace Wolf	46.44	2018
Shot Put	Aaliyah Pete	49-11	2013
Discus	Ellie Akough	149-00	2019
High Jump	EJ Brown	5-09	2023
Long Jump	Kassie Gibbons	18-00	2016
Triple Jump	Grace Henry	36-10.25	2022
Pole Vault	Ali Armstrong	10-07	2024
3200 Meter Relay	Jaci Sievers Lindsay Neill Emily Tichota Elise Madden	9:33.90	2022
1600 Meter Relay	Maggie Madsen Alexa Eddie Cosette Bartling Morgan Brady	4:02.59	2023
400 Meter Relay	Lennah Kathol Haley Mattox Sophie Zalewski Tarisa Frans	48.57	2024