

3P MENTALITY
ESSAY 2: PURPOSE
The Case for Personal Philosophy

P is for Purpose

Purpose is the second P in the 3P Mentality, whose essay order reflects its significance. Hence, purpose is found through passion. Passion galvanizes an individual to study existence, from which they naturally start to question what all of it means, specifically everything's purpose.

Think like a Philosopher

It starts with a level of inquiry that extends beyond *how* we exist, just as our bodies are made of cells, and cells of atoms, instead delving into *why*. What does it *really* mean to exist? What is the Purpose of life? Are there limits to our knowledge? This natural inclination for meaning lays the groundwork for developing a personal philosophy, a set of possible answers to these questions. I don't say answers directly because in philosophy, there is no absolute truth but theories that help us make sense of the unknown. That being, a personal philosophy cannot map out a specific life trajectory but point us in a general direction, a guiding purpose. Purpose is a firm conviction () one's fundamental role in life.

The Fall of the Philosopher

The philosopher is Purpose personified—someone who studies the fundamental nature of the universe, not believing everything they consume. What stops people from deep thought, however, is absorbance: the readily intake of ideas without skepticism. Absorbance is driven by cognitive ease, the mind's default path of least effort and resistance. It's the tendency to accept an idea because it avoids the discomfort of questioning internalized information. More often than not, these ideas constitute the zeitgeist, which is not guaranteed to be (). Take hustle culture, for instance, the () to be relentlessly productive to reach success is readily absorbed by the working class, believing they must assume this cultural role to fit the status quo. This () fulfills a human need for security, the comfort of having one's Purpose laid out for them, not questioning whether it's the right one.

The Dangers of Absorbance

The truth, however? The cultural Purpose does not equate to your Purpose. Although societal expectations aren't necessarily harmful, following them by default creates a dependency on other's thinking that may not always be logical.

(REST OF ESSAY UNDERGOING FINALIZATION)

The Art of Independence

Conclusion