



PROFESSIONAL DEVELOPMENT **FOR SCHOOL STAFF AND PARENTS/GUARDIANS**

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<u>TOPIC</u>	<u>AUDIENCE</u>	<u>BUILDING BRIDGES STAFF</u>	<u>VIDEO</u>	<u>SLIDES & RESOURCE DOCS</u>
<i>“Supporting Mental Health in Schools During COVID-19”</i>	School Staff	Molly Hartshorn, LCSW Waunakee Community School District	https://drive.google.com/file/d/1TU0AAVoCVRnuHGlyW0qxNX1RtHCylma9/view?usp=sharing 17:56	https://drive.google.com/file/d/1dTIAMwTvlSoACNMsb8u3vJG96YggHtHX/view?usp=sharing
<i>“Compassion Fatigue & Resiliency”</i>	School Staff	Jen Mizelle, LSC, LPC Julie Hanke, MSW, APSW Verona Area School District	https://drive.google.com/file/d/1RlzZtJKwqenEuTOzrc2vQ77FopkZyA8L/view?usp=sharing 8:49	https://drive.google.com/file/d/1k6OMpWymig1_vVI9jC5aywbVmot_CKhZ/view?usp=sharing
<i>“Compassion Resilience - Stages of Fatigue”</i>	School Staff	Jen Mizelle, LSC, LPC Julie Hanke, MSW, APSW Verona Area School District	https://drive.google.com/file/d/1Aq6jeRPJZHNeEQYaV5VVh5gVArbbHyhK/view 13:37	https://drive.google.com/file/d/1YviGVVXmDovCB9sWxVPYx_Bb5G4kRv2G/view?usp=sharing
<i>“Compassion Resilience - Locus of Control”</i>	School Staff	Jen Mizelle, LSC, LPC & Julie Hanke, MSW, APSW Verona Area School District	https://drive.google.com/file/d/1mPwf6U7bFn_XcSDJBYTV19NwZ-h-QZwO/view 13:31	https://drive.google.com/file/d/1vpisG9-IB8D SH8ohlnZfEjr_mRyFJA2Y/view?usp=sharing

<i>“Attunement Activities for Kids & Families”</i>	Parents / Guardians & School Staff	Chienyann Khang, APSW Jessica Klabough, MMFT Sun Prairie Area School District Mindy Grulke, MA Monona Grove School District	https://drive.google.com/file/d/1bjJxwsR2QggC43JiTXZBFj8f74cMIJrh/view?usp=sharing 18:08	https://drive.google.com/file/d/18orAHwCQF69WsyGo5dNbjcmH8tFQXrdi/view?usp=sharing One Minute Attunement Activities For Families: https://docs.google.com/document/d/1m6VKTGHXziDWfC9hho0_7aadv55M_LBITXw6RKZpL9w/edit?usp=sharing Attunement Resource List: https://drive.google.com/file/d/1S14wMQ6HaV6QIG5HYngBIXEylU0m7jf/view?usp=sharing
<i>“Grief and Loss”</i>	School Staff	Naomi Presley, MSW, APSW Oregon School District	https://drive.google.com/file/d/1cBo4W0_4Ua3aZKUA39lq0HP-2CbnbFbs/view?usp=sharing 13:54	https://drive.google.com/file/d/11i-IrrbxDga_uhg66-YB4n2vDM2WYwxHN/view?usp=sharing
<i>“Self-Care for Teachers and School Staff”</i>	School Staff	Emily McGonigle, MPA, APSW Ashleigh Carlson, MS Mount Horeb Area School District	https://drive.google.com/file/d/1lcjRwfpegM4TbVRk-MrS49rsKdVeT-9u/view?usp=sharing 18:10	https://drive.google.com/file/d/1CR2H4W7wEB0I5sYO9Lcg4aJbBMzw1JPU/view?usp=sharing
<i>“Parenting in a Pandemic: Maintaining Family Dynamics”</i>	Parents / Guardians	Brooke Allen, LPC Sara Jones, CSW Middleton-Cross Plains Area School District	https://drive.google.com/file/d/1h-pCHy7aO4w5XnThs3cb0460-EdxpH4e/view?usp=sharing	https://drive.google.com/file/d/1hITwpqxGeDCPmMAAdki6YA6puDR EIVUOm/view?usp=sharing

			g 19:41	aring COVID-19 Resource List: https://drive.google.com/file/d/15FP2emyyqrMI5VtuslJLcJbuBnNjiX8O/view?usp=sharing
<i>“Assessing Safety in a Virtual World”</i>	School Staff	Meg Nelson, LCSW Michelle Sterling, LCSW Madison Metropolitan School District Gina Marsh, MS, NCC DeForest Area School District	https://drive.google.com/file/d/1jLbrsQ93GTNBDboGbfFC6VcZQF1WXYR4/view?usp=sharing 16:53	https://docs.google.com/presentation/d/1rSkGVPE55ORhC6Dfe_rlypxCh3PvdmWKdfugQSCzJk/edit?usp=sharing
<i>“Helping Children Cope with Change: A Parent’s Guide to Providing Support”</i>	Parents / Guardians	Leah Chase, MSW, CAPSW Waunakee Community School District	https://.google.com/file/d/1VyjHjzSprFrgR4FXpZtH0-NURmvUSHfE/view?usp=sharing Drive 20:58	https://drive.google.com/file/d/17JgXmyt_8a8idl7CXJtLgwl3oFTU5uQO/view?usp=sharing
<i>“Ayudando a Nuestros Niños Afrontar los Cambios (Helping Children Cope with Change)”</i>	Spanish Speaking Parents / Guardians	Kiara Moyett, BA DeForest Area School District Noelle Bruce-Widder, MSW, CTP Madison Metropolitan School District Leah Chase, MSW, CAPSW Waunakee Community School District	https://drive.google.com/file/d/1dSGtQOUef2lu0vYRtyuIVeCUWIS43Y8h/view?usp=sharing 27:36	https://drive.google.com/file/d/1lcy47Dg3tvaNMwAp81zBDH11oH6GXLjG/view?usp=sharing
<i>“Strategies for Parents to Ease Stressful Situations at Home”</i>	Parents / Guardians	Meg Nelson, LCSW Megan Lasch Jokala, MSW, APSW Madison Metropolitan School District	https://drive.google.com/file/d/1OOGHJWboRTXsl0zzvG60t6WNN9wv4Vtl/view 9:30	https://docs.google.com/presentation/d/1e1QMHR9h0CAfDjanqBzUx9SI6S2ViCMiZVSidcHkoks/edit?usp=sharing g
<i>“Parent to Parent: COVID Skills”</i>	Parents / Guardians	Beth Rudy, BA Stoughton Area School District	https://drive.google.com/file/d/16KWcj6JY-t	NA

		Nura Capriglione, MA Oregon School District D'Angelo Capriglione, LPC Madison Metropolitan School District	Ny8qYVAa4UB_IaGMLkORG/view?usp=sharing 45:53	
<i>“Circle of Courage: There’s No Such Thing as a Bad Child”</i>	School Staff	Katelyn Becker, APSW, MSW Tiffany Stephens, MSW Megan Lasch Jokala, MSW, APSW Madison Metropolitan School District	https://drive.google.com/file/d/1Ugm2QCC97ujPzXYpE000EghMCs00vXzi/view?usp=sharing 5:33	https://docs.google.com/presentation/d/1ARkOaZ9tR8CJI3J0NYZFcgpYYn_sXSMSIoKnjNOw6E8/edit?usp=sharing
<i>“Anxiety in Children”</i>	Parents / Guardians & School Staff	Beth Rudy, BA Cathy Moura, LMSW, APSW Stoughton Area School District Wendy Ellis, MAC Monona Grove School District	https://www.youtube.com/watch?v=JIDxIDM8Jgg&t=12s 30:37	https://drive.google.com/file/d/1ttPAQu8hpW01cg6kjOL_vTH_IQmxGoBF/view?usp=sharing

ADDITIONAL TOPICS COMING SOON:

- Race, Equity and Historical Trauma