

(Note: These are Sample Questions. Campus has the final decision about what they would like to ask, based on their campus needs.)

Elementary Sample Questions:

1. Today I feel...
2. I feel like _____most of the time....
3. I have friends (yes/no/neutral)
4. I enjoy being at school virtually or in person (agree/disagree/neutral)
5. I like reading, math, science, social studies, art, music, PE, counseling lessons (choose)
6. Anything else you'd like to share?

Secondary Minute Check-In Questions for Students

Hello! The following questions will help your counselor get to know you a bit more, so that they can connect you with support as needed.

1. What is your strongest subject, gift or talent?
2. What subject(s) do you need support with?
3. How do you feel about your friendships? (rate 1 - 10)
 - a. Is there anything you would like to share with counselor in writing today:
4. How do you feel about things at home? (rate 1 - 10)
 - a. Is there anything you would like to share with counselor in writing today:
5. Do you have any questions for me or anything you want to talk about?
6. What are two things that your counselor needs to know about you?

7. My relationship needs are being met

- Yes, because...
- No, because...
- Yes and no, because...

8. I have significant concerns about how racism impacts me at school

- Yes
- No

I have significant concerns about how racism impacts my friends at school.

- Yes
- No

Is there someone you would like to talk to about these concerns?

- _____

9. How significant are your concerns about the COVID pandemic when school returns?

___Not concerned for myself

___Concerned for myself

___Not concerned for my family

___Concerned for my family

___I want to provide input about measures that need to be taken

10. How significant are my concerns about your mental health?

___Not at all

___Somewhat

___Yes, significant

___I would like to speak to a school administrator/ school counselor/ therapist/ about these concerns

___A Choice to

Explain_____

11. Do you have any concerns about obstacles to learning during this time? Or do you have any concerns about school in general?

Leave OPEN ended