

Pralined Snap Peas and Carrots

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Ingredients:

8 oz snap peas,
8 oz baby carrots
1 oz chopped pecans
3 TBSP butter
1 TBSP brown sugar
1 TBSP honey
1 TBSP maple syrup
1 TBSP orange juice
Dash of salt and pepper

Directions:

- *Place snap peas and carrots in a microwave safe dish with a cover or cover with plastic wrap and poke a few holes in the top.
- *Microwave until barely cooked but still crisp, approximately 1 ½ minutes.
- *Place the butter, brown sugar, honey, maple syrup, orange juice, salt and pepper into a microwave safe bowl. Microwave 2 minutes. Mix and add in the pecans.
- *Pour the sauce over the vegetables. Mix until all the vegetables are coated. Microwave one more minute. Mix again. Serve immediately.