

Food DIYs: Profits of Selling Ingredients vs Cooked Food

Be a Chef!/Basic Cooking Recipes				
Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Brown sugar x10	Sugarcane x5	1750 (350x5)	2100 (210x10)	350 (35 per item)
Brown sugar cupcakes	Whole-wheat flour x 1 Brown sugar x 1	420	630	210
Carrot cake	Flour x 1 Sugar x 1 Carrot x 1	770	630	-140
Carrot potage	Flour x 1 Carrot x 2	910	1370	460
Flour x10	Wheat x5	1750 (350x5)	2100 (210x10)	350 (35 per item)
[Fruit] Smoothie (Apple, Cherry, Orange, Peach, Pear)	[Fruit] x 2	200 (Native) 1000 (Foreign)	300	100 (Native) -700 (Foreign)
Gnocchi di patate	Flour x 2 Potato x 3	1470	2210	740
Grilled sea bass with herbs	Weeds x 5 Sea bass x 1	450 650 (with CJ)	540	90 (-110 with CJ)
Organic bread	Whole-wheat flour x 3	630	950	320
Pancakes	Flour x 2 Sugar x 2	840	1260	420
Pumpkin bagel sandwich	Flour x 2 Pumpkin x 3	1470	2210	740
Seaweed soup	Seaweed x 2	1200	1440	240
Sugar x10	Sugarcane x5	1750 (350x5)	2100 (210x10)	350 (35 per item)
Tomato curry	Flour x 3 Tomato x 3	1680	2520	840
Tomato puree	Tomato x 3	1050	1260	210
Whole-wheat flour x10	Wheat x5	1750 (350x5)	2100 (210x10)	350 (35 per item)

Recipes from Fishing

Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Aji fry	Flour x 1 Horse mackerel x 1	360 435 (with CJ)	540	180 105 (with CJ)
Anchoas al ajillo	Anchovy x 2	400 600 (CJ)	600	200 0 (CJ)
Barred-knifejaw carpaccio	Barred knifejaw x 1	5000 7500 (CJ)	6000	1000 -1500 (CJ)
Carpaccio Di Marlin Blu	Blue marlin x 1	10,000 15,000 (CJ)	12,000	2000 -3000 (CJ)
Carpaccio Di Salmone	Salmon x 1	700 1050 (CJ)	840	140 -210 (CJ)
Karei No Nitsuke	Dab x 1	300 450 (CJ)	360	60 -90 (CJ)
Pesce All'Acqua Pazza	Manila clam x 1 Red snapper x 1 Tomato x 1	3450 4950 (CJ)	4140	390 -810 (CJ)
Poke	Salmon x 1 Tomato x 1	1050 1400 (CJ)	1260	210 -140 (CJ)
Salmon Bagel Sandwich	Flour x 2 Salmon x 1	1120 1470 (CJ)	1350	230 -120 (CJ)
Salmon Sandwich	Whole-wheat flour x2 Salmon x 1	1120 1470 (CJ)	1350	230 -120 (CJ)
Sardines in Oil	Anchovy x 1	200 300 (CJ)	300	100 0 (CJ)
Sautéed Olive Flounder	Olive flounder x 1 Skinny mushroom x 1	1100 1500 (CJ)	1320	220 -180 (CJ)
Sea bass pie	Flour x 3 Sea bass x 1	1030 1230 (CJ)	1240	210 10 (CJ)
Squid-Ink Curry	Flour x 3 Squid x 1	1130 1380 (CJ)	1360	230 -20 (CJ)
Squid-Ink Spaghetti	Flour x 3 Squid x 1	1130 1380 (CJ)	1360	230 -20 (CJ)

Recipes from Villagers

Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
[Fruit] Jam/Marmalade (Apple, Cherry, Orange, Peach, Pear)	[Fruit] x 3	300 (Native) 1500 (Foreign)	450	150 (Native) -1050 (Foreign)
[Fruit] Jelly (Apple, Cherry, Orange, Peach, Pear)	[Fruit] x 2	200 (Native) 1000 (Foreign)	300	100 (Native) -700 (Foreign)
[Fruit] Pie (Apple, Cherry, Orange, Peach, Pear)	Flour x 3 Sugar x 2 [Fruit] x 2	1150 (Native) 2050 (Foreign)	1880	730 (Native) -170 (Foreign)
[Fruit] Smoothie (Apple, Cherry, Orange, Peach, Pear)	[Fruit] x 2	200 (Native) 1000 (Foreign)	300	100 (Native) -700 (Foreign)
[Fruit] Tart (Apple, Cherry, Orange, Peach, Pear)	Flour x 1 Sugar x 1 [Fruit] x 1	520 (Native) 920 (Foreign)	780	260 (Native) -140 (Foreign)
Baked Potatoes	Potato x 2	700	840	140
Bread	Flour x 3	630	950	320
Bread Gratin	Flour x 2 Whole-wheat flour x 2	840	1260	420
Brown-Sugar Pound Cake	Flour x 2 Brown sugar x 1	630	950	320
Cake Salé	Flour x 2 Potato x 1 Carrot x 1	1120	1680	530
Carpaccio Di Capesante	Scallop x 2	2400	2880	480
Carrot Bagel Sandwich	Whole-wheat flour x 2 Carrot x 3	1470	2210	740
Carrot Juice	Carrot x 2	700	840	140
Carrot Scones	Whole-wheat flour x 2 Sugar x 1 Carrot x 2	1330	2000	670
Carrot-Tops Curry	Flour x 3 Carrot x 3	1680	2520	840
Champiñones Al Ajillo	Flat mushroom x 1 Rare mushroom x 1 Round mushroom x 1 Skinny mushroom x 1	16,700	20,040	3340
Coconut Cookies	Flour x 1 Sugar x 1 Coconut x 1	670	1010	340
Coconut Milk	Coconut x 2	500	750	250
Coconut Oil	Coconut x 3	750	1130	380
Coconut Pancakes	Flour x 2 Sugar x 2 Coconut x 2	1340	2010	670

Coconut Pudding	Sugar x 1 Coconut x 2	710	1070	360
Recipes from Villagers				
Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Cookies	Flour x 1 Sugar x 1	420	630	210
Fish and Chips	Dab x 1 Potato x 2	1000 1150 (with CJ)	1200	200 50 (with CJ)
French Fries	Potato x 3	1050	1260	210
Frosted Cookies	Flour x 1 Sugar x 2	630	950	320
Frosted Pretzels	Flour x 1 Sugar x 2	630	950	320
Fruit Cupcakes	Flour x 1 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2310 (1 native + 4 foreign fruit)	1870	-440
Fruit Pizza	Flour x 3 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2630 (1 native + 4 foreign fruit)	2500	-130
Fruit Salad	Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2100 (1 native + 4 foreign fruit)	1550	-550
Fruit Scones	Flour x 2 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2520 (1 native + 4 foreign fruit)	2180	-340
Fruit-Topped Pancakes	Flour x 2 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2520 (1 native + 4 foreign fruit)	2180	-340
Gnocchi Di Carote	Flour x 2 Carrot x 3	1470	2210	740
Gnocchi Di Zucca	Flour x 2 Orange Pumpkin x 3	1470	2210	740
Jarred Mushrooms	Skinny mushroom x 2	600	1200	600
Minestrone Soup	Carrot x 1 Potato x 1 Tomato x 2	1400	2100	700

Recipes from Villagers

Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Mixed-Fruits Bagel Sandwich	Flour x 2 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2520 (1 native + 4 foreign fruit)	2180	-340
Mixed-Fruits Crepe	Flour x 2 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2520 (1 native + 4 foreign fruit)	2180	-340
Mixed-Fruits Pie	Flour x 3 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2730 (1 native + 4 foreign fruit)	2500	-230
Mixed-Fruits Sandwich	Flour x 2 Orange x 1 Peach x 1 Pear x 1	1520 (1 native + 2 foreign) 1920 (3 foreign)	2180	660 (1 native + 2 foreign) 260 (3 foreign)
Mixed-Fruits Tart	Flour x 1 Apple x 1 Cherry x 1 Orange x 1 Peach x 1 Pear x 1	2310 (1 native + 4 foreign fruit)	1870	-440
Mushroom Crepe	Flour x 2 Round mushroom x 1 Skinny mushroom x 1	920	1840	920
Mushroom Curry	Flour x 3 Flat mushroom x 1 Round mushroom x 1 Skinny mushroom x 1	1330	2660	1330
Mushroom Pizza	Flour x 3 Flat mushroom x 2 Round mushroom x 2	1430	2860	1430
Mushroom Potage	Flour x 1 Flat mushroom x 1 Round mushroom x 1	610	1220	610
Mushroom Salad	Flat mushroom x 1 Round mushroom x 1 Skinny mushroom x 1	700	1400	700
Pickled Veggies	Carrot x 1 Orange pumpkin x 1 Potato x 1 Tomato x 1	1400	2100	700
Pizza Margherita	Flour x 3	1330	2000	670

	Tomato x 2			
Recipes from Villagers				
Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Plain Cupcakes	Flour x 1 Sugar x 1	420	630	210
Plain Scones	Flour x 2 Sugar x 1	630	950	320
Potato Curry	Flour x 3 Potato x 3	1680	2520	840
Potato Galette	Flour x 2 Potato x 3	1470	2210	740
Potato Potage	Flour x 1 Potato x 2	910	1370	460
Pound Cake	Flour x 2 Sugar x 1	630	950	320
Pretzels	Flour x 1 Sugar x 1	420	630	210
Pull-Apart Bread	Flour x 2	420	630	210
Pumpkin Cupcakes	Flour x 1 Sugar x 1 Orange pumpkin x 2	1120	1680	560
Pumpkin Curry	Flour x 3 Orange pumpkin x 3	1680	2520	840
Pumpkin Pound Cake	Flour x 2 Sugar x 1 Orange pumpkin x 2	1330	2000	670
Pumpkin Scones	Whole-wheat flour x 2 Sugar x 1 Orange pumpkin x 2	1330	2000	670
Pumpkin Soup	Orange pumpkin x 3	1050	1260	210
Salad	Carrot x1 Orange pumpkin x 1 Potato x 1 Tomato x 1	1400	2100	700
Salad-Stuffed Tomato	Tomato x 3	1050	1260	210
Salade De Carottes Râpées	Carrot x 3	1050	1260	210
Savory Bread	Flour x 3 Carrot x 1 Potato x 1 Tomato x 1	1680	2520	840
Seafood Ajillo	Scallop x 1 Squid x 1 Tiger prawn x 1	4700 4950 (with CJ)	5640	940 690 (with CJ)
Seafood Pizza	Flour x 3 Manila clam x 2 Tiger prawn x 1	3830	4600	770

Recipes from Villagers

Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Seafood Salad	Squid x 1 Sweet shrimp x 1	1900 2150 (with CJ)	2280	380 130 (with CJ)
Snack Bread	Flour x 3 Sugar x 1	840	1260	420
Spaghetti Marinara	Flour x 3 Tomato Puree x 1	1890	2210	320
Spaghetti Napolitan	Flour x 3 Tomato Puree x 1	1890	2210	320
Sugar Crepe	Flour x 2 Sugar x 2	840	1260	420
Thumbprint Jam Cookies	Flour x 1 Sugar x 1	420	630	210
Tomates Al Ajillo	Tomato x 3	1050	1260	210
Tomato Bagel Sandwich	Flour x 2 Tomato x 3	1470	2210	740
Tomato Juice	Tomato x 2	700	840	140
Veggie Cookies	Flour x 1 Sugar x 1 Carrot x 1 Orange x 1 Tomato x 1	1470	2210	740
Veggie Crepe	Flour x 2 Orange pumpkin x 1 Tomato x 1	1120	1680	560
Veggie Cupcakes	Flour x 1 Sugar x 1 Carrot x 1 Potato x 1 Tomato x 1	1470	2210	740
Veggie Quiche	Flour x 1 Orange pumpkin x 1 Potato x 1	910	1370	460
Veggie Sandwich	Flour x 2 Carrot x 1 Tomato x 1	1120	1680	560

Recipes from Turkey Day				
Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Clam Chowder	Flour x 1 Manila Clam x 3	510	1020	510
Gratin	Flour x 3 Potato x 2	1330	2000	670
Olive-Flounder Meunière	Flour x 2 Olive flounder x 1	1220 1620 (with CJ)	1470	250 -150 (with CJ)
Pumpkin Pie	Flour x 3 Sugar x 2 Orange pumpkin x 2	1750	2630	880

Other Recipes				
Recipe	Materials	Materials sell price	Recipe sell price	Profit (from selling cooked)
Bamboo-Shoot Soup	Bamboo shoot x 2	500	1000	500
Jarred Bamboo Shoots	Bamboo shoot x 3	750	1500	750
Kabu Ankake	Turnips x 10	Various	450	Various
Roost Sablé Cookies	Flour x 1 Sugar x 2	630	950	320
Turnip Salad	Turnips x 10 Tomato x 1	Various	680	Various

Ingredients Sell Price List

Ingredients	Sell Price		Ingredients	Sell Price
Carrot	350		Sea bass	400 600 (with CJ)
Pumpkin	350		Horse mackerel	150 225 (CJ)
Potato	350		Anchovy	200 300 (CJ)
Wheat	350		Barred knifejaw	5000 7500 (CJ)
Tomato	350		Blue marlin	10,000 15,000 (CJ)
Flour	210		Salmon	700 1050 (CJ)
Whole-wheat flour	210		Dab	300 450 (CJ)
Sugar	210		Red snapper	3000 4500 (CJ)
Brown Sugar	210		Olive flounder	800 1200 (CJ)
Tomato Puree	1260		Squid	500 750 (CJ)
Native fruit	100		Manila clam	100
Foreign fruit	500		Scallop	1200
Coconut	250		Seaweed	600
Clump of weeds	10		Tiger prawn	3000
Round mushroom	200		Sweet shrimp	1400
Skinny mushroom	300			
Flat mushroom	200			
Rare mushroom	16,000			
Bamboo shoot	250			