

<u>Think...</u>
<u>H</u>ave Empathy
<u>R</u>espect Differences
<u>I</u>dentify Feelings
<u>V</u>alue Yourself
<u>Emanate Kindness</u>

Dear Parents & Guardians,

This is our seventh newsletter of the year to keep you up to date on the progress of the *THRIVE* program. As we've described, *THRIVE* focuses on building positive relationship skills to help ensure that all of our children will thrive both socially and academically!

The seventh lesson was recently delivered to every K-5 student in the Summit Public Schools and covered the topics of:

Empathy and Kindness

Each month we are providing you with lesson objectives and a link to the curriculum in order to allow you to reinforce the lessons at home, making *THRIVE* a truly collaborative effort. Each month we are providing you with lesson objectives and a link to the curriculum in order to allow you to reinforce the lessons at home, making *THRIVE* a truly collaborative effort. To keep track of what your child discussed today, you can access all lessons on the THRIVE website.

FAQs:

- 1. Where do I find the lessons? Click here: THRIVE website
- 2. Why can't I view some of the videos? Some videos may contain pictures of Summit students. This is a privacy issue since our website is live on the internet.
- 3. What if my child was absent on the day of the lesson? You can access the lesson and materials on the website and review it with your child.
- 4. What if I have questions about a lesson? You can contact your child's teacher or school counselor.

~The Summit K-5 Thrive team