

WORLD HELLO DAY SOCIAL CONNECTION CONTEST
OFFICIAL RULES
NO PURCHASE NECESSARY

1. **CONTEST:** The World Hello Day Social Connection Contest (the “Contest”) is conducted by The Governors of the University of Alberta (“U of A”) and administered on behalf of U of A by Days of Action Committee, which is chaired by Wellness Supports Team, in the Dean of Students Office (“DAC-WST”). The Contest is to encourage participation in the World Hello Day Campaign from November 1-30, 2023.
2. **ELIGIBILITY:** To be eligible for the Contest (an “Eligible Entrant”) you must:
 - (a) Be Eighteen (18) years of age or older;
 - (b) Be a U of A student, staff or faculty member; and
 - (c) Attend a Hello Day Campaign event or engage with a suggestion or resource.

You are not eligible for the Contest if you are a resident of Quebec or if you are an employee of DAC-WST, including a member of the immediate family (defined as mother, father, brothers, sisters, sons, daughters and husband or wife, regardless of where they reside) or household of any of the above persons, their respective affiliates, agents, licensors, associates or representatives. All decisions regarding eligibility to enter this Contest and the Entry Submissions will be determined by U of A its sole discretion. This Contest is void where prohibited by law.

3. **NUMBER, APPROXIMATE VALUE OF PRIZE AND CHANCES OF WINNING:** There are four (4) prizes available to be won in this Contest (a “Prize”; collectively “the Prizes”). The Prizes are described in paragraph 9 below. The chances of winning a Prize will depend on the number of Eligible Entrants received in accordance with these Official Rules during the Entry Period as defined herein.
4. **CONTEST SCHEDULE:** This Contest commences on Wednesday, November 1, 2023 at 8:30 a.m. (Edmonton Time) and closes on Thursday, November 30, 2023 at 11:59 p.m. (Edmonton Time) (the “Entry Period”). Entry Submissions must be received by DAC-WST before the contest closing time, which is Thursday, November 30, 2023 at 11:59 p.m. (Edmonton Time) (the “Contest Closing Time”) to be eligible to win a Prize.
5. **HOW TO ENTER:** No purchase is necessary to enter the Draw. To be entered into the Contest, Eligible Entrants must participate in one of the following events:
 - Wednesday, November 1, 2023: [Mental Health Mixer. Jack.org in collaboration with CMHA and Active Minds!](#) From 4:00pm to 6:00pm (Edmonton Time);
 - Thursday, November 2, 2023: Learn: [How love can help repair social inequality](#) from 3:00 p.m. to 4:00 p.m. (Edmonton Time)
 - Thursday, November 2, 2023: [Yoga for Peace of Mind](#) from 3:00 p.m. to 4:00 p.m. (Edmonton Time)
 - Friday, November 3, 2023: [Hide and Go Seek](#) at 4:00 p.m. (Edmonton Time);
 - Saturday, November 4, 2023: Text someone you miss, but haven’t reached out to in a while;
 - Sunday, November 5, 2023: Invite a classmate to study with you;
 - Sunday, November 5, 2023: [All Bodies Swim](#) from 6:30 p.m. - 8:00 p.m. (Edmonton Time);
 - Monday, November 6, 2023: [Yoga for Peace of Mind](#) from 11:00 a.m. to 12:00 p.m. (Edmonton Time);
 - Tuesday, November 7, 2023: [Explore a new coffee shop on or around campus with a friend](#);
 - Wednesday, November 8, 2023: Unitea x ASSET Collective Tea Time: Destressing During Exam Season from 12:00pm to 1:00pm;
 - Thursday, November 9, 2023: [Yoga for Peace of Mind](#) from 3:00 p.m. to 4:00 p.m. (Edmonton Time)
 - Thursday, November 9, 2023: UAI Hexagon Board Game Café Social Mixer from 5:00 p.m. to 7:30 p.m.;
 - Friday, November 10, 2023: Say HI to 10 people throughout your day;

- Saturday, November 11, 2023: Express gratitude to someone who makes a positive difference in your life;
- Sunday, November 12, 2023: [All Bodies Swim](#) from 6:30 p.m. - 8:00 p.m. (Edmonton Time);
- Monday, November 13, 2023: Sign up for the [U of A Stayin' Connected Newsletter](#);
- Monday, November 13, 2023: [Yoga for Peace of Mind](#) from 11:00 a.m. to 12:00 p.m. (Edmonton Time);
- Tuesday, November 14, 2023: Find a [free activity](#) in Edmonton to do with a friend;
- Wednesday, November 15, 2023: Check out [Dear Maddi's post: Talking to New People](#);
- Thursday, November 16, 2023: [Take out a game from the SU Board Game library](#);
- Thursday, November 16, 2023: [Yoga for Peace of Mind](#) from 3:00 p.m. to 4:00 p.m. (Edmonton Time)
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- Friday, November 17, 2023: [Learn some greetings in ASL](#);
- Saturday, November 18, 2023: Try [North Campus' outdoor gym](#) with a friend;
- Sunday, November 19, 2023: [All Bodies Swim](#) from 6:30 p.m. - 8:00 p.m. (Edmonton Time);
- Monday, November 20, 2023: Listen to [Grad Student Experiences Podcast](#);
- Monday, November 20, 2023: [Yoga for Peace of Mind](#) from 11:00 a.m. to 12:00 p.m. (Edmonton Time);
- Monday, November 20, 2023: Unitea Collective Tea Time - Loneliness & Social Connection from 12:00pm to 1:00pm;
- Tuesday, November 21, 2023: [Campus Social Hour at Rutherford Atrium](#) from 11:00 a.m. to 2:00 p.m. (Edmonton Time);
- Tuesday, November 21, 2023: Self Portraits at Campus St. Jean, at La Caf  t  ria from 12:00 p.m. to 1:00 p.m. (Edmonton Time);
- Tuesday, November 21, 2023: [Dance & Destress: Cha-Cha Social](#), from 3:30 p.m. to 5:30 p.m. (Edmonton Time);
- Wednesday, November 22, 2023: Wellness Wednesday: [Take a "PAWS" from Exam Stress](#) from 12:00 p.m. to 1:00 p.m. (Edmonton Time);
- Thursday, November 23, 2023: Go for a walk with a friend;
- Thursday, November 23, 2023: [Yoga for Peace of Mind](#) from 3:00 p.m. to 4:00 p.m. (Edmonton Time);
- Friday, November 24, 2023: [GSA Coffee Break x Campus Social Hour](#) from 12:30 p.m. to 3:00 p.m. (Edmonton Time);
- Friday, November 24, 2023: [Make some Qualitea Time - Unitea Outreach Event](#) from 4:00 p.m. to 6:00 p.m. (Edmonton Time);
- Friday, November 24, 2023: [Jigsaw Puzzle Competition - CCR](#) from 5:30 p.m. to 8:00 p.m. (Edmonton Time);
- Saturday, November 25, 2023: [Learn about pronouns](#);
- Sunday, November 26, 2023: [Family Fun Sunday: Winter Wonderland Edition](#) from 12:00 p.m. - 3:00 p.m. (Edmonton Time);
- Sunday, November 26, 2023: [All Bodies Swim](#) from 6:30 p.m. - 8:00 p.m. (Edmonton Time);
- Monday, November 27, 2023: [Yoga for Peace of Mind](#) from 11:00 a.m. to 12:00 p.m. (Edmonton Time);
- Tuesday, November 28, 2023: Watch the TEDX Talk: [How to Deepen Friendships](#);
- Wednesday, November 29, 2023: Say Hi to someone in the coffee line with you;
- Thursday, November 30, 2023: Check out the Cookies & Cheer Mosaic Project.
- Thursday, November 30, 2023: [Yoga for Peace of Mind](#) from 3:00 p.m. to 4:00 p.m. (Edmonton Time)

Eligible Entrants are to complete this [google form](#), which can also be found on the [World Hello Day website](#), with their name, email address and upload a picture or write a reflection/highlight for each event participated in ("Entry Submission"). All personal information obtained from the Entry Submissions will not be used beyond providing evidence of participation in the events. Participants who attend the World Hello Day events organized by Days of Action on Tuesday, November 21, 2023 and Friday, November 24, 2023 are eligible for three (3) entries. All other events are eligible for one (1) entry each into the draw. Eligible Entrants are eligible to enter the Draw for a potential total of thirty-four (34) entries.

Once submitted, all Entry Submissions become the property of U of A and will not be returned. All Entry Submissions will be reviewed, and any Entry Submissions which are deemed to be late, illegible, incomplete, inaccurate, inappropriate, offensive, plagiarized, subject to copyright or other intellectual property considerations, do not meet the Alberta *Freedom of Information and Protection of Privacy Act* ("FOIPPA") or privacy considerations, as set out in paragraph 19 herein, and otherwise, or which are deemed to not enhance the reputation of U of A, will be disqualified. The determination of whether an Entry Submission is illegible, incomplete, offensive, late, or deemed not to enhance the reputation of U of A will be in the sole discretion of DAC-WST.

6. **PRIZE DRAW DETAILS:** The draw will take place on Friday, December 1, 2023 at 11:00 a.m. (Edmonton Time). The Eligible Entrants whose Entry Submissions are drawn at random and have complied with these Official Rules, including without limitation the provisions of paragraph 8 will be declared the Winners. If necessary, should a Prize be unclaimed, or should a Winner be unwilling, unable or ineligible to win a Prize as set out in these Official Rules, the Prize will be forfeited and U of A shall have the right, but not the obligation, to draw, as replacements only, an additional prize winner(s). All participants (including without limitation the Eligible Entrants and Winners) must comply with these Official Rules. The determination of the Winners by U of A is final and binding. No communication with Eligible Entrants will be entered into except with the Winners, which will be selected in accordance with these Official Rules. All matters related to the Contest and the verification of the eligibility of the Eligible Entrants and Winners will be conducted by U of A, or by persons designated by U of A in its sole and absolute discretion. All decisions made by U of A in this regard are final and binding and cannot be challenged.
7. **NOTIFICATION:** U of A will notify the Winners via email on Friday, December 1, 2023 immediately following the draw. If the Winners do not contact DAC-WST by 4:30 p.m. (Edmonton Time) on Friday, December 15, 2023, DAC-WST shall have the right, but not the obligation, to select alternative Winners.
8. **DECLARATION OF WINNER:** An Eligible Entrant will not be declared a winner in accordance with these Official Rules unless and until:
 - a. DAC-WST has verified that the winners are Eligible Entrants pursuant to these Official Rules; and
 - b. The Eligible Entrants correctly answer a skill-testing question as set out in these Official Rules.

Once these requirements have taken place, the Eligible Entrants will be declared the winners (the "Winners").

9. **PRIZE:** There will be four (4) Prize packages, each consisting of the following:
 - a. One (1) Journal and Pen;
 - b. One (1) recreation punch pass to one (1) class, CCR branded lunch bag, water bottle and cutlery;
 - c. One (1) Engineering branded water bottle and stress ball
 - d. One (1) board game; and
 - e. One (1) Unitea travel mug and one (1) coffee voucher to the Daily Grind.

Each Prize package has an approximate value of \$75.00 (CDN).

The Prizes are not transferable and must be accepted as awarded with no substitutions, except at the U of A's sole discretion. U of A reserves the right to substitute a Prize of equivalent monetary value if U of A is unable to award the Prizes as described. U of A will not be responsible, however, if factors beyond the U of A's reasonable control prevents the Prizes from being fulfilled. In any such event, the Winners will not be provided with a substitute prize or cash equivalent. The Prizes will only be granted to the verified Winners. The Winners of the Prizes will be required to pick up the Prizes in person at the Wellness Supports Team Office, 2-89 CAB, Edmonton, Alberta between office hours of Monday to Friday from 8:30am-4:30pm.

- 10. SKILL TESTING QUESTION:** To win a Prize, the Eligible Entrants must correctly answer unaided, the mathematical, time-limited, skill-testing question as follows: $70 \text{ multiplied by } 3 \text{ divided by } 2 = \underline{\hspace{2cm}}$ prior to being declared a Winner.
- 11. CONTEST MODIFICATION OR CANCELLATION:** U of A reserves the right, without prior notice and at any time, to delay, or terminate the Contest, in whole or in part, or modify, suspend, amend or extend the Contest in any way, in its sole discretion including without limitation if U of A determines that the Contest is not practicable or is impaired or corrupted or that fraud or technical problems, failures or malfunctions (including without limitation, computer viruses, glitches or printing or production errors) have destroyed or severely undermined the proper conduct, integrity, and/or feasibility of the Contest. In the event DAC-WST is prevented from continuing with the Contest as contemplated herein by any event beyond its control, including but not limited to fire, flood, natural or man-made epidemic or health or other means, earthquake, explosion, labour dispute or strike, act of God or public enemy, riot or civil disturbance, terrorist threat or activity, war or any federal, provincial or local government law, order, or regulation, public health crisis, the order of any court or jurisdiction, or by any other cause not reasonably within U of A's control (each a "Force Majeure" event), then subject to any governmental approval which may be required, U of A shall have the right to modify, suspend, extend or terminate the Contest.
- 12. PARTICIPATION:** Participation in this Contest constitutes an agreement by each participant to comply with these Official Rules.
- 13. DISQUALIFICATION:** It is the participant's responsibility to ensure that he/she has complied in full with all of the conditions and requirements contained in these Official Rules. If any Eligible Entrant or Entry Submission is found to be ineligible, or if an Eligible Entrant has not complied with these Official Rules or declines the Prize for any reason prior to award, such Eligible Entrant or Entry Submission will be disqualified and, in U of A's sole discretion, an alternate Winner may be selected. No mechanically reproduced, illegible, incomplete, forged, software generated or other automated multiple entries will be accepted. U of A reserves the right, in its sole discretion, to disqualify any individual who is found to be tampering or attempting to tamper with the entry process or the operation of the Contest; to be acting in violation of these Official Rules; or to be acting in an unsportsmanlike or disruptive manner, or with the intent to disrupt or undermine the legitimate operation of this Contest, or to annoy, abuse, threaten or harass any other person.
- 14. RELEASE AND INDEMNIFICATION:** By entering the Contest, each participant: (a) releases and agrees to hold U of A and its respective directors, officers, employees, and agents harmless from and against any and all costs, injuries, losses or damages of any kind, including, without limitation, bodily injury and property damage, or any other damage or loss, due in whole or in part, directly or indirectly, to participation in this Contest, any Contest related activity, or from acceptance, possession, use or misuse of any Prize, or participation in any Prize related activity; and (b) agrees to fully indemnify U of A and its respective directors, officers, employees, and agents from any and all claims on the part of any third party or parties related in any way and for any reason to the Contest or the Prize including, without limitation, death, and personal or property damage or injury.
- 15. LIMITATION OF LIABILITY:** U of A assumes no responsibility or liability for incorrect, damaged, illegible, incomplete, mutilated, spoiled, destroyed, stolen, misplaced, lost, late, misdirected or incomplete Entry Submissions, which may be judged void, any notifications, responses, replies, or for any computer, telephone, hardware, software or technical malfunctions that may occur. U of A assumes no responsibility for any theft or destruction or unauthorized access to, or alteration of, Entry Submissions. U of A is not responsible for any injury or damage to participants in this Contest.
- 16. PUBLICITY RELEASE:** By entering this Contest, each participant who submits an Entry Submission, hereby agrees and grants to U of A, without further compensation, the unrestricted rights, but not the obligation, to use the entirety of the Entry Submission, as set out in these Official Rules and otherwise, and to use his/her name, picture, portrait, likeness, voice, along with his/her address (City and Province) and any statements

made by or attributed to such Eligible Entrants, or other individuals associated with an Entry Submission, in any and all media, now known or hereafter devised, without notice, review or approval, in perpetuity and throughout the universe, and for educational, advertising and promotional purposes in connection with the Contest, and any other promotions and programs, whatsoever, without further notice or compensation and hereby releases U of A from any liability with respect thereto.

- 17. OFFICIAL RULES AND LAWS:** These are the official rules (the “Official Rules”). This Contest is governed by and construed and enforced in accordance with the laws of the Province of Alberta and federal laws of Canada applicable therein and the parties hereby attorn to the jurisdiction of the courts of the Province of Alberta. In the event a court determines that this Choice of Law clause is invalid or unenforceable as against an Entry Submission, such Entry Submission will be void. These Contest rules are subject to change without notice in order to comply with any applicable federal, provincial and municipal laws or the policy of any other entity having jurisdiction over the U of A. These Official Rules, as amended from time to time, will be posted on the Days of Action contest website: uab.ca/doawin.
- 18. CONSTRUCTION:** Words importing the singular shall include the plural and vice versa. The invalidity or unenforceability of any provision of these Official Rules shall not affect the validity or enforceability of any other provision. In the event that any provision is determined to be invalid or otherwise unenforceable or illegal, these Official Rules shall otherwise remain in effect and be construed in accordance with their terms as if the invalid or illegal provision were not contained in these Official Rules. Headings and captions are used in these Official Rules solely for ease of reference, and shall not be deemed to affect in any manner the meaning or intent of these Official Rules or any provision hereof. These Official Rules cannot be modified or amended in any way except in writing by a duly authorized representative of the U of A. Employees of U of A are not authorized to modify, amend or waive these Contest Rules.
- 19. PRIVACY:** The personal information requested pursuant to these Official Rules is collected, used and disclosed under the authority of the Alberta *Freedom of Information and Protection of Privacy Act* (“FOIPP”) and will be protected in accordance with Part 2 of that Act. It will be collected, used and disclosed for the purpose of administration of the Contest. All personal information collected for the purposes of administration of the Contest will be retained for two (2) years from the closing of the Contest. Direct any questions about this collection, use or disclosure to: Heather Ritz at hritz@ualberta.ca.