



CHRISTIAN SOCIAL SERVICES COMMISSION (CSSC)
CSSC JOINT EXAMINATIONS FOR CHURCH SCHOOLS
EASTERN ZONE
FORM II PRE – NATIONAL EXAMINATION 2024
HOME ECONOMICS

CODE: 050

Time: 2:30 Hours

Date: Thursday, 29th August, 2024 p.m

Instructions

1. This paper consists of section **A**, **B** and **C** with a total of **ten (10)** questions.
2. Answer **all** questions in the space provided.
3. Section **A** and **C** carries **fifteen (15)** marks and section **B** carries **seventy (70)** marks.
4. All writings must be in black or blue ink except diagram which must be in pencil.
5. Cellular phones and any unauthorized materials are not allowed in the Examination room.
6. Write your **Examination Number** on the top right hand corner of every page.

FOR EXAMINER'S USE ONLY

QUESTION NUMBER	SCORE	EXAMINER'S INITIALS
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
TOTAL		
CHECKER'S INITIALS		

SECTION A: (15 Marks)

Answer **all** questions in this section

1. For each of the items (i) – (x), choose the correct answer from the given alternatives and write its letter in the box provided.
- (i) You have been given the task to prepare a first aid kit for the home economics department. Which sign would you put on it for its easy identification.
- A. A red cross mark on the box
 - B. Picture of items in the box
 - C. A cross mark on both sides
 - D. Names of items in the box
- (ii) You are advised to cover the pot with a fitting lid while cooking vegetable. What is the reason behind?
- A. Because green colour will fade
 - B. Because green colour will change flavour
 - C. Because water soluble vitamins will evaporate
 - D. Because oxidation will take place to the vegetables
- (iii) Your house floor is the earthen most of the time. Just before you are about to sweep, you must sprinkle water. This helps to;
- A. Minimize the amount of dust
 - B. To make it dirty on the floor
 - C. To minimize the amount of heat
 - D. To allow water to penetrate on the ground
- (iv) A work triangle is accommodated in most of the kitchen for the following reasons: -
- (i) To facilitate proper movement in the kitchen
 - (ii) To minimize the insect breeding in the kitchen
 - (iii) It is used as a working centre in the kitchen
 - (iv) To minimize accident and ensure safety
 - (v) To reduce excessive bending and stretching
 - (vi) To save time and energy while working
- A. i, ii, iv
 - B. iv, ii, v
 - C. iii, v, iii
 - D. i, iv, vi
- (v) Which type of inorganic refuse if not well disposed can be eaten by domestic animals and cause suffocation then death.
- A. Trimmed trees
 - B. Plastic bags
 - C. Empty bottles
 - D. Pruned grasses
- (vi) Sewing machine cannot work without threads from the bobbin. The following is among the processes of threading the bobbin.
- A. Remove the bobbin minder

- B. Hosen the stop motion screw
 C. Tighten the stop motion screw
 D. Remove the spool pin
- (vii) Your grandmother asked you to repair her torn blanket. Which type of mending would you use to repair it?
 A. Flannel patch
 B. Cotton patch
 C. Applique patch
 D. Printed patch
- (viii) The nutrition for expectant mother is important for the growth of the foetus in the womb. Which part provides nutrient to the foetus in the womb?
 A. Uterus
 B. Placenta
 C. Umbilical cord
 D. Amniotic sac
- (xi) What kind of lavatory is advisable to a person who uses wheel chair?
 A. Pit latrine
 B. Western type water closet
 C. Drain latrine
 D. Eastern type water closet
- (x) During sewing a tailor discovered that the loops were formed on the right side of the stitching. How would you correct the problem?
 A. By tightening needle screw
 B. By re-threading correctly
 C. By loosening tension screw
 D. By tightening needle screw

Answers

i	ii	iii	iv	v	vi	vii	viii	ix	x

2. Match the description of needles from Column A with the particular name of needles in Column B by writing the correct response below the corresponding item number in the table provided.

LIST A	LIST B
(i) Used for a variety of craft technique sewing crochet and knitting.	A. Awl B. Loop twiner C. Bodkin D. Tapestry E. Ribbon threaded F. Between G. Sharp H. Darner
(ii) Shorter needles used for tailoring general fabrics.	
(iii) Have longer and oval eyes, they are suitable for general use.	
(iv) Have sharp points used to punch holes as eyelets.	
(v) These are thick needle used for threading or inserting tape, elastic or ribbon in the material.	

Answers

List A	i	ii	iii	iv	v
List B					

SECTION B: (70 Marks)

Answer **all** questions in this section

3. Your aunt is shifting from Masaki to Kigamboni. She is looking for a house to rent. Advice her on

(a) Precautions to take when looking for the house. Give five points

(i)

(ii)

(iii)

(iv)

(v)

(b) The different between buying a house from renting a house

(c) Briefly explain three advantages of owning a house.

(i) -----

(ii)

(iii)

4. Sara is a lactating mother, oh her travel to Mbeya the passengers were wondering on how healthier her baby was, she did not carry away food for the child, instead she breasts fed the child to the end of the journey. Justify this statement by:

(a) Explain the importance of feeding. Give six points.

(i) -----

(ii)

(iii)

(iv)

(v)

(vi)

(b) Briefly explain two reasons, that makes some mothers not to breast feed their babies.

(i) -----

(ii)

(c) What does colostrum milk mean?

5. Malkia women group is establishing a tailoring project, they have hired you as an expert to assist them on planning a room for sewing and other requirement which are needed in the room.

(a) Suggest for them five characteristics of good sewing room.

(i) -----

(ii)

(iii)

(iv)

(v)

(b) Explain five groups of sewing equipment according to their function.

(i) -----

(ii)

(iii)

(iv)

(v)

6. The personal behaviour of the child can be determined by how parents install and train their children about good manners. Agree this statement by;

(a) Explaining four factors that influence the development of good manners.

(i)

(ii)

(iii)

(iv)

(b) Differentiating good manners from good grooming.

(c) Give four reasons which explains the importance of good grooming.

(i) _____

(ii)

(iii)

(iv)

7. Foods are cooked in order to soften their fibres and make them tender to enhance easy digestion. As a nutritionist justify this statement by;

(a) Briefly explain how direct steaming is done hence food is cooked.

(b) Give a general rules to be observed during steaming method of cooking.

(i) -----

(ii)

(iii)

(iv)

(c) Explain disadvantages of using a pressure cooker.

(i) -----

(ii)

(iii)

(iv)

8. Customers of Shilole catering normally complain about the yellowish colour of green vegetable when served with other delicious accompaniments. Assist Shilole catering by;

(a) Analyzing two causes of green vegetable turning into yellowish while cooking.

(i)

(ii)

(b) Suggest four ways how to overcome the problem above.

(i)

(ii)

(iii)

(iv)

(c) Explain four function of dietary fibre.

(i)

(ii)

(iii)

(iv)

9. In your School there is a disease outbreak caused by drinking water contaminated with amoeba cyst. Clarify to your class teacher on;

(a) (i) The four symptoms that would be observed to the student.

(i) -----

(ii)

(iii)

(iv)

(ii) The name of the disease which students are suffering from -----

(b) The five ways to reduce the risk of the disease from reoccurring.

(i) -----

(ii)

(iii)

(iv)

SECTION C: (15 Marks)

Answer question ten (10)

10. A kitchen is one of the important rooms found in the house. It should be well equipped to facilitate efficient preparation and cooling of food. Agree this statement by;

(a) Analyzing seven qualities of a good kitchen.

(b) Use diagrams to illustrate the characteristics of the following kitchen layout. Show the position of triangle

(i) The L shape layout

(ii) The U shape layout

