

Self Retracting Lanyard Inspection Checklist

1. Make an initial visual external inspection of the SRL, observing:

- 1.1. Are all the parts in place?
- 1.2. If there are two SRL's inspect both, make sure to use the proper SRL.(Climbing SRL or Working SRL)
- 1.3. Can you see the correct labels and markings, and are they legible?
- 1.4. Is the SRL free from other signs of deterioration?

Look at the entire length of the wire rope cable, if relevant to your model, including underneath where the cable bumper is:

- 1.5. When you bend the wire into a U, is it free from nicks and cuts?
- 1.6. Is it free from broken wires, broken strands, knots, twists, bulges, frays, gaps between strands or kinks?
- 1.7. Can you see any rust or corrosion?

2. Look at the hardware components of the SRL:

- 2.1. Are the other hardware components free from damage and corrosion?
- 2.2. Are the swaged terminations secure?
- 2.3. Are the thimbles on the swaged terminations tight and free from damage?
- 2.4. Are sewn terminations secure and free from damage?

3. Closely examine the SRL to ensure it has not been used in a fall arrest event. If it has been subject to fall arrest forces, the inspector must take it out of service immediately for recertification.

4. Look at the **SRL impact indicator, which should be located on the snap hook or rebar hook. This will show whether or not it has been deployed.**