

Career and Personality Reflection

Reflect on the information you have about yourself and careers:

You have taken two different self assessments in this Module - Skills Assessment, and Personality Assessment. Use the results and career suggestions from each of these to respond to the following reflection questions. You may put your thoughts into a paragraph or two or you may answer each question separately.

Assignment Questions:

- 1.) Do you feel the Myers Briggs personality assessment accurately describes you? To what degree or what parts are most accurate or inaccurate. Discuss at least 3 of the 5 components of your results.
- 2.) After reviewing the career suggestions for your personality type, which ones would you consider good matches or potential matches to a career that you would like to pursue? What part of your personality do you think will help you succeed in this type of work?
- 3.) Are any of the careers suggested in these results similar to ones suggested in the Skills Assessment you took earlier in the unit? **OR** Which of the careers suggested in these results are ones that you might like to know more about? What do you already know (either from previous research or general knowledge) about this type of job? What further information would you still like to know about this career?
- 4.) Compare the top rated careers from each survey. Do they align with your career values, your personality, your desire to work in a particular field? Are there any careers represented that 100% match exactly what you are looking for in terms of your long term goals and desires?
- 5.) Do you feel any more prepared now about a career that could match your skills, or personality? Do your skills or personality impact your career choice? What information do you still want to know?