





























































# - “28 Days To A Client” -




## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Copywriting
2.  / 	1 	Social Media post
3.  / 	1 	Speaking and listening to motivational/successful speakers
4.  / 	1 	Work out and continue to follow a good diet
5.  / 	1 	Learn more about masculinity
6.  / 	1 	Continue working on the clothing brand social media campaign
7.  / 	1 	Clean the house
8.  / 	1 	Try and learn more from Business Mastery about business and SSSS
9.  / 	2 	
10.  / 	2 	
11.  / 	2 	
12.  / 	2 	
13.  / 	2 	
14.  / 	3 	
15.  / 	3 	
16.  / 	3 	
17.  / 	3 	
18.  / 	3 	
19.  / 	3 	
20.  / 	3 	

**Day Number: 3**

**Date: 4/26/23**







**Start Of The Day - Time: 5:00 am**

	 <b>3 Things That I Am Excited To Have In The Future?</b> 
<b>1.</b>	<b>Financial Freedom</b>
<b>2.</b>	<b>Being able to retire my mom</b>
<b>3.</b>	<b>A healthy happy body</b>

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## **Hour-By-Hour** **Tracking:**

**[Track+Measure=Improve]**

 <b>Task:</b>	 <b>Task = Set The Task That I Intend To Complete This Hour?</b>
 <b>Intention:</b>	 <b>Intention = What Is My Plan Of Action To Complete This Task For This Hour?</b>
 <b>Reflection:</b>	 <b>Reflection = Did I Complete This Task For This Hour? If Not, Then Why?</b>

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### **My War Mode Words:**

***1. I Am Acting With No Limits To My Abilities!***

***2. I Am Being All That I Can Be, Every Hour And Every Day!***

***3. Every Word I Am Saying And Thought I Am Thinking Is Positive!***

***4. I Am Being Enthusiastic About Completing Each Task!***

## 5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before  
The Time That You Start Your Day In Your  
Own Copy)**

<b>\$ 5 am: Task \$</b>	<b>Wake up hour</b>
<b>🔔 Intention 🔔</b>	<b>This hour will be used to wake up and get my brain going for the day</b>
<b>✍️ Reflection ✍️</b>	<b>Got up at 530 and was on time to my next task</b>

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<b>\$ 6 am: Task \$</b>	<b>This time will be used to make breakfast and a protein shake</b>
<b>🔔 Intention 🔔</b>	<b>Get fueled up for the morning and prepared for my work out</b>
<b>✍️ Reflection ✍️</b>	<b>Breakfast was smashed! Had eggs, steak and hashbrowns, didn't get in a protein shake tho</b>

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<b>\$ 7 am: Task \$</b>	<b>Work out and shower time + listen to successful speaker</b>
<b>🔔 Intention 🔔</b>	<b>Get my work out in to continue improving my body and mind, and a shower for personal hygiene to stay clean and fresh</b>
<b>✍️ Reflection ✍️</b>	<b>I failed to accomplish my work out, my punishment is 200 push ups or more today</b>

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<b>\$ 8 am: Task \$</b>	<b>Social Media Content Creation + run to the store</b>
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 <b>Intention</b> 	<b>Red bull, its an addiction, and create social media value for colossusapparel and personal account</b>
 <b>Reflection</b> 	<b>This was not accomplished as far as social media content creation, however the store run was completed</b>

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<b>\$ 9 am: Task \$</b>	<b>Begin Copywriting, look into the feedback and correct all 5 pieces of FV created for prospects</b>
 <b>Intention</b> 	<b>Create the most valuable copy I can at my current stage and skill of copywriting</b>
 <b>Reflection</b> 	<b>Late start to copywriting, the store took longer than expected.</b>

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<b>\$ 10 am: Task \$</b>	<b>Continue working on fixing the FV, if finished than start on Cold Email for prospects</b>
 <b>Intention</b> 	<b>Finishing up last minor details with FV created for 5 prospects</b>
 <b>Reflection</b> 	<b>Finished writing and correcting all FV content for prospects</b>

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<b>\$ 11: am: Task \$</b>	<b>If FV is finished, than continue working on Cold Emails, if not begin on cold outreach</b>
 <b>Intention</b> 	<b>Create cold outreach emails of value to send to clients</b>
 <b>Reflection</b> 	<b>Began writing cold outreach for clients and began getting feedback on emails</b>

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<b>\$ 12: am: Task \$</b>	<b>Lunch and learning more about masculinity and business mastery</b>
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 <b>Intention</b> 	<b>Fuel up for the afternoon and continue learning what it means to be a traditional man and to be successful at business</b>
 <b>Reflection</b> 	

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<b>\$ 1 pm: Task \$</b>	<b>Continue working on cold outreach emails</b>
 <b>Intention</b> 	<b>By this time the emails should be getting feedback and fixed as well as sent off to clients!</b>
 <b>Reflection</b> 	

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<b>\$ 2: pm: Task \$</b>	<b>Take a short break and break down a piece of copy</b>
 <b>Intention</b> 	<b>Giving my mind a short brain break and work on breaking down a piece of successful copy to better learn about how successful copy is written</b>
 <b>Reflection</b> 	<b>I did not manage to breakdown a piece of copy I used this time for lunch</b>

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<b>\$ 3 pm: Task \$</b>	<b>Go to physical job</b>
 <b>Intention</b> 	<b>Make a small stream of income while working on copywriting and business skills</b>
 <b>Reflection</b> 	<b>Self explanatory</b>

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<b>\$ 4 pm: Task \$</b>	
 <b>Intention</b> 	

 <b>Reflection</b> 	
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<b>\$ 5 pm: Task \$</b>	<b>Practice SSSS and work on doing dmv practice</b>
 <b>Intention</b> 	<b>SSSS is one thing I need to work on, I found myself the previous day getting nervous to talk to people in a largely populated environment, work on getting car license</b>
 <b>Reflection</b> 	<b>Forgot about the DMV practice</b>

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<b>\$ 6 pm: Task \$</b>	<b>Get off work and make dinner</b>
 <b>Intention</b> 	<b>Gotta fuel up for the night and my shift ends</b>
 <b>Reflection</b> 	<b>Dinner was pre made for me when I got home which was nice</b>

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<b>\$ 7 pm: Task \$</b>	<b>Continue learning about copywriting and finding prospects</b>
 <b>Intention</b> 	<b>My intention is to find at least 3 prospects for the following day</b>
 <b>Reflection</b> 	<b>I ended up refining some copy and outreach for current prospects</b>

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<b>\$ 8 pm: Task \$</b>	<b>Help fellow G's with their copy</b>
 <b>Intention</b> 	<b>Help fellow copywriters write better copy and learn knew things, will also teach me things to avoid and learn</b>
 <b>Reflection</b> 	<b>Spent this time refining copy and didn't accomplish this task</b>

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<b>\$ 9 pm: Task \$</b>	<b>After 830 Write down next days schedule and bed</b>
<b>🔔 Intention 🔔</b>	<b>Have a written plan for my next day and get to bed!</b>
<b>✍️ Reflection ✍️</b>	<b>Self explanatory</b>

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## End-Of-The-Day Report:



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### 🧠 What Did I Learn Today? 🧠

**I learned more about creative writing and things I need to do to improve that will be implemented tomorrow, I will go back over cold outreach in the bootcamp and break down some copy**

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### NEW What Do I Plan To Do Differently Tomorrow? NEW

**Follow through with ALL of my tasks rather than skipping them**

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### NEW What Do I Plan To Do The Same Tomorrow? NEW

**Working hard and getting shit done**

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 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

**No one I can think of**

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 **What Tasks Were Left Undone?** 

Social Media post

Speaking and listening to motivational/successful speakers

Work out and continue to follow a good diet

Learn more about masculinity

Continue working on the clothing brand social media campaign

Clean the house

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**Brain Dump: a majority of things I wanted to accomplish today where left undone which angers me, however they WILL get done tomorrow with out any excuses, I am disappointed in myself and failure to take action and commit to the things I want to complete.**