Decision Making

4	Learning Target - 3	2	1
I can <u>thoroughly</u> demonstrate the ability to use decision making skills to enhance my health and the health and well-being of others	**I can effectively demonstrate the ability to use decision making skills to enhance the health of myself and others**	I can demonstrate the ability to use decision making skills to enhance the health of myself and others	I make decisions with limited or inaccurate content that may not have a positive impact on myself and others

Success Criteria
❑ Accurately apply concepts learned in class ❑ Examine barriers that can hinder healthy decision making ❑ Generate alternatives to health-related issues or problems ❑ Predict the potential short-term and long-term impact of each alternative on self and others ❑ Defend the healthy choice when making decisions ❑ Evaluate the effectiveness of health-related decisions