

# Decision Making

4	Learning Target - 3	2	1
I can <u>thoroughly</u> demonstrate the ability to use decision making skills to enhance my health and the health and well-being of others	<b>I can effectively demonstrate the ability to use decision making skills to enhance the health of myself and others</b>	I can demonstrate the ability to use decision making skills to enhance the health of myself and others	I make decisions with limited or inaccurate content that may not have a positive impact on myself and others

Success Criteria
<ul style="list-style-type: none"> <li><input type="checkbox"/> Accurately apply concepts learned in class</li> <li><input type="checkbox"/> Examine barriers that can hinder healthy decision making</li> <li><input type="checkbox"/> Generate alternatives to health-related issues or problems</li> <li><input type="checkbox"/> Predict the potential short-term and long-term impact of each alternative on self and others</li> <li><input type="checkbox"/> Defend the healthy choice when making decisions</li> <li><input type="checkbox"/> Evaluate the effectiveness of health-related decisions</li> </ul>