

**MISSION VALLEY ATHLETIC LEAGUE  
BOARD OF MANAGERS  
MINUTES**

Regularly Scheduled Advisory Board Meeting  
Friday, October 18, 2024, Mission San Jose H.S.  
7:30 AM (Staff Room)

**ROLL CALL:**

- ☒ ~~Sandhya Sharma (American)~~
- ☒ ~~Thomas Oviatt (American)~~
- ☐ Stan Hicks (Irvington) - ABSENT
- ☒ ~~Michelle Stone (Irvington)~~
- ☐ Jennifer Tutass (Irvington) - ABSENT
- ☒ ~~Jennifer Gribben (Irvington)~~
- ☒ ~~Nels Larsen (Irvington)~~
- ☐ Ronaldo Fisher (John F. Kennedy) - ABSENT
- ☒ ~~Kim Martin (John F. Kennedy)~~
- ☒ ~~Paul McDermott (John F. Kennedy)~~
- ☒ ~~Dave Demelle (John F. Kennedy)~~
- ☒ ~~Ron Polk (James Logan)~~
- ☒ ~~Eli Bagaoisan (James Logan)~~
- ☒ ~~Amy Perez (Mission San Jose)~~
- ☒ ~~Stephanie Randazzo (Mission San Jose)~~
- ☒ ~~Melissa Kaeo (Mission San Jose)~~
- ☒ ~~Colleen Galloway (Moreau Catholic)~~
- ☒ ~~Tommy Abdenour (Moreau Catholic)~~
- ☐ Mike Murphy (Newark Memorial) - ABSENT
- ☒ ~~Rachel Kahoalii (Newark Memorial)~~
- ☒ ~~Bob Moran (Washington)~~
- ☐ Regina Quezada (Washington) - ABSENT
- ☒ ~~Fernando Sotelo (Washington)~~
- ☐ Jennifer DeFrance (Irvington)

**Time Meeting Started: 7:30 AM**

**APPROVE MINUTES:**

Approve minutes of Regularly Scheduled Board of Managers  
[Advisory Board Minutes September 6, 2024](#)

**Motion - James Logan**

**Second - Irvington**

**Vote - 8-0**

**Result - Pass**

**Public Comments:** Under Education Code 33353.2(c) any person wishing to speak on any item on the agenda, or comment on the policies and practices of the MVAL, will be heard at this time. The time for such comments is at most three (3) minutes per person on an item and fifteen (15) minutes total on an item designated by the chair.

**CONSENT AGENDA:** No Items

**ANNOUNCEMENTS:** None

**CORRESPONDENCE:** None

**OLD BUSINESS:** None

**NEW BUSINESS:** Welcome Dr. Nord and Mike Rogers T. Thomsen  
Understanding the Scope of an Athletic Trainer

Dr. Nord and Mike Rogers from Washington Township Hospital gave a PowerPoint presentation to reiterate the responsibilities and guidelines the trainers from Washington Hospital provide to FUSD Schools.

**I/D/A** Extreme Heat Protocols for Districts T. Thomsen

The board discussed the recent events surrounding the XC meet held on October 2, 2024 when FUSD decided not to allow student-athletes to participate in the XC meet due to concerns they had about very high heat the day of the race. Leslie Heller from FUSD attended the meeting. Commissioner Thomsen shared the email from FUSD superintendent Erik Burmeister stating the reasons for this decision. Leslie let the board know FUSD had the best interest of the athletes' safety when making the decision.

Newark Unified School District, New Haven Unified School District, and Morerau Catholic H.S. Decided to let their student-athletes compete that day as long as the CIF/NCS and CDPH Extreme Heat guidelines were followed. The race proceeded as scheduled because the wet bulb glob monitor's readings were all within the acceptable range to continue with the race.

During further discussion, it was asked if FUSD schools should be allowed to make up the race from Oct 2nd. Mr. Thomsen then asked the board for a show of hands in favor of this request. No hands were raised in favor of this request. So the request failed 0-8. Therefore, FUSD XC teams will not be allowed to make up the race.

Moving forward, it was agreed that only those teams that participated in the XC meet on October 2, 2024, will earn points toward the final league standings.

**Resource:** [CIF Extreme Heat and Air Quality Policy \(PDF\)](#)

**Resource:** <https://www.cdph.ca.gov/Programs/EPO/Pages/Extreme%20Heat%20Pages/extreme-heat-guidance-for-schools.aspx#>

The Board of Managers then directed the Advisory Board to develop guidelines for future situations in cases of extreme heat, bad air quality, or other unforeseen and unavoidable circumstances that all schools in the league must adhere to. The next Advisory Board meeting is on November 15, 2024.

**Motion - John F. Kennedy**  
**Second - Moreau Catholic**  
**Vote - 8-0**  
**Result - Pass**

<b>*I/D/A</b>	<b>Guidelines for possible district strikes during a season of sport.</b>	<b>T. Thomsen</b>
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It was suggested the league establish some guidelines for competitions and practices if a school district in the MVAL goes on strike during their contract negotiations.

Questions were raised about coaches who are also teachers holding practices or coaching at scheduled games. It was also discussed and determined that guidelines need to be established for qualifying NCS championship events scheduled to take place during a strike.

The Board of Managers directed the Athletic Directors to develop these guidelines at their November 15, 2024 meeting.

**Motion - John F. Kennedy**  
**Second - Mission San Jose H.S.**  
**Vote - 8-0**  
**Result -**

<b>I/D/A</b>	<b><u><a href="#">2025-2026 MVAL Admission Prices</a></u></b>	<b>Bagaoisan/McDermott</b>
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The advisory board proposes a hike in admission fees that would start during the 2025-2026 school year. Commissioner Thomsen will have the new prices posted as soon as he finalizes the championship event prices with the Advisory Board at the November 15, 2024 meeting.

**Motion - John F. Kennedy**  
**Second - Mission San Jose**  
**Vote - 8-0**  
**Result - Pass**

<b>INFO ONLY</b>	<b><u><a href="#">Fall Post-Season Meetings</a></u></b>	<b>T. Thomsen</b>
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Commissioner Thomsen asked to make sure coaches submit all nominations and attend all post-season meetings.

INFO ONLY

Winter Sports Pre-Season Meeting

T. Thomsen

Commissioner Thomsen asked athletic directors to let coaches know the scheduled date for the 2024-2025 Winter season and ensure they attend this mandated pre-season meeting.

INFO ONLY

2024-2025 Winter Schedules

T. Thomsen

Commissioner Thomsen asked ADs to please review the 2024-2025 Winter schedules. If any changes need to be made, please submit changes before the 204-205 season starts.

INFO ONLY

Financial Update

T. Thomsen

- Ledger
- Budget
- Expenses
- Playoffs
- Schools
- Current Balance as of 10/17/2024 - \$77,096.95

INFO ONLY

Unpaid Invoices

T. Thomsen

Commissioner Thomsen put invoices in each folder. Commissioner Thomsen also thanked everyone for getting a majority of their invoices paid on time.

INFO ONLY

NCS BOM Meeting Report

Regina Quezada

Commissioner Thomsen gave the NCS BOM report from the October 4th meeting.

INFO ONLY

Irvington Self Report of NCS Violation  
Use of Ineligible Player - G. Volleyball

M. Stone, J. Gribben  
N. Larsen

Jennifer De France from Irvington H.S. reported on the girl's volleyball NCS violation they reported to NCS on September 6, 2024. Jennifer reviewed the corrective action Irvington put into motion to prevent any further violations.

The board felt it necessary to impose further penalties on the coach since this was his second violation. The board voted to suspend the head coach for the remainder of the season. The coach may not conduct any practices for the rest of the year. He may attend games only as a paid spectator. If Irvington H.S., girls' volleyball team qualifies for NCS, he will not be allowed to coach the team.

Motion - Mission San Jose H.S.

Second - John F. Kennedy H.S.

Vote - 7-1

Result - Pass

**James Logan Self Report of NCS Violation  
Use of Ineligible Player - Football**

**E. Bagaoisan/R.Polk**

Eli Bagoisan from James Logan H.S. reported on their NCS violation in football reported to NCS on September 23, 2024. Eli reviewed the corrective action James Logan will put in motion to prevent further violations. The board accepted their remedies.

**Motion - Irvington H.S.  
Second - Newark Memorial H.S.  
Vote - 8-0  
Result - Pass**

**INFO ONLY**

**Moreau Catholic Self Report of NCS Violation  
For Girls Tennis**

**T. Abdenour**

Tommy Abdenour from Moreau Catholic H.S. reported on their NCS violation in girls tennis that they reported to NCS on September October 3, 2024. Tommy reviewed the corrective action that Moreau Catholic will put into motion to prevent further violations. The board accepted their remedies.

**Motion - American H.S.  
Second - James Logan H.S.  
Vote - 8-0  
Result - Pass**

**INFO ONLY**

**[2024 Water Polo Championships Schedule](#)**

**T. Thomsen**

Commissioner Thomsen shared the schedule for the 2024 water polo championships with the board. He asked they the athletic directors share with parents and players.

**INFO ONLY**

**2024 Water Polo Championships Tickets**

**T. Thomsen**

**<https://gofan.co/app/school/CA86968>**

**Please post the enclosed flyer at your school site**

Commissioner Thomsen let the board know parents and students can now purchase tickets for the 2024 water polo championships on GoFan.

**INFO ONLY**

**BYOG Apparel for Fall Championships**

**T. Thomsen**

Commissioner Thomsen informed the board the apparel will be sold at the XC finals and the water polo championships.

**INFO ONLY**

**NCS Fall Championship Applications**

**T. Thomsen**

Commissioner Thomsen reminded athletic directors to make sure coaches are aware of the NCS application deadlines.

INFO ONLY

2024-2025 Dates of Determination

T. Thomsen

Commissioner Thomsen reminded athletic directors of the first DOD.

INFO ONLY

Emergency Action Plans

T. Thomsen

Commissioner Thomsen shared the link to the EAP that is part of Assembly Bill No. 1653. Commissioner Thomsen encouraged all athletic directors to make sure these action plans are being practiced and that all EAPs are conducive to each sports location. AED devices should all be within 3 minutes of any location on campus.

INFO ONLY

Reminder of Supervision Duties  
for Basketball Games/Soccer Games

T. Thomsen

Commissioner Thomsen reminded the board that administrators are mandated at all home and away boy's basketball games and all girl's basketball home games.

Schools are encouraged to request additional administrative support at soccer games that are deemed to be highly contested game and could have potential problems that would need additional supervision.

Girls Wrestling Results Used  
For Sperou/Vares Results

Eli Bagaoisan

Mr. Eli Bagaoisan made a motion to use the final team standings for girls at the MVAL Championships Tournament as the final team standings for the Sperou and Vares results.

Motion - James Logan  
Second -Newark Memorial  
Vote - 8-0  
Result - Pass

INFO ONLY

Fall Wrestling Meeting Report

Eli Bagaoisan

Mr. Eli Bagaoisan reported on the Fall NCS boys' and girls' wrestling committee meeting.

INFO ONLY

Ohlone Coaches Recruiting Questions

T. Thomsen

Commissioner Thomsen addressed the concerns about Ohlone College coaches coming on campus to observe practices or attend games and talk to student-athletes. After clarifying the rules with Chris Warden, the AD at Ohlone Commissioner Thomsen reported to the group that Ohlone coaches may recruit athletes in the MVAL but should always check in at the front office if they are on campus before 4:00. Ohlone coaches should also communicate with MVAL coaches about talking to players before, during, or after games.

**\*(I) Information**  
**\*(D) Discussion**  
**\*(A) Action**

**Other -**

## **Reports From Schools**

**American - Currently looking for a girls soccer coach**

**Irvington - Currently looking for B & G volleyball coach**

**John F. Kennedy - Needs to get their turf fixed on their fields.**

**James Logan - In the process of getting a new athletic trainer**

**Mission San Jose - needs an athletic trainer. Their girls volleyball team is doing very well.**

**Moreau - Needs girl's lacrosse coach**

**Newark Memorial - During the Winter season, teams may enter the Sillman Center fields after 2:30 for soccer matches.**

**Washington - Has a Homecoming Game tonight.**