



# Kool4Kids Sickness Policy

**Last Reviewed:** 13/04/2026

**Next Review Due:** 12/04/2027

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**Director:** Louise Ousley

## 1. Purpose

Kool4Kids is committed to maintaining a safe and healthy environment for all children, staff, and visitors.

This policy outlines how illness is managed to:

Prevent the spread of infection

Protect children and staff

Ensure safe staffing levels

Promote good hygiene practices

This policy applies to:

Children attending Kool4Kids

Staff and volunteers

Visitors

## 2. Principles

Kool4Kids will:

Promote a clean and hygienic environment

Encourage good hygiene practices

Prevent the spread of illness

Act quickly when illness occurs



Follow public health guidance

Children who are unwell should not attend the setting.

### **3. When Children Must Not Attend**

Children must NOT attend Kool4Kids if they have:

A high temperature / fever

Sickness (vomiting)

Diarrhoea

Any contagious illness

A rash of unknown cause

Severe cold or flu symptoms

Any condition that makes them unfit to participate

Children must be well enough to take part in activities.

### **4. 48-Hour Rule**

Children must not attend:

Until 48 hours after the last episode of sickness or diarrhoea

This applies even if the child appears well.

This rule helps prevent infection spreading.

### **5. High Temperature Rule**

Children must not attend if they have:

A high temperature (fever)

Children may return only when:

Their temperature is back to normal

They are well enough to attend

Medication (e.g. Calpol) must not be used to mask symptoms to allow attendance.



## **6. If a Child Becomes Unwell at Kool4Kids**

If a child becomes unwell:

Staff will monitor the child

The child will be kept comfortable and supervised

Parents / carers will be contacted immediately

The child may need to be collected

In cases of:

Sickness or diarrhoea

Fever

Contagious illness

The child must be collected as soon as possible.

## **7. Infectious Illnesses**

For contagious illnesses (e.g. chickenpox, conjunctivitis, etc.):

Parents must inform Kool4Kids

Exclusion periods will be followed where required

Advice may be taken from health guidance

We may refuse attendance if a child is still infectious.

## **8. Staff Illness**

Staff must not attend work if they have:

Sickness or diarrhoea

A high temperature

Contagious illness

Any condition that affects their ability to supervise safely

Staff must:

Inform management as soon as possible



Follow the 48-hour rule for sickness and diarrhoea

Not return until fit to work

## **9. Hygiene and Infection Control**

Kool4Kids will:

Encourage regular handwashing

Clean surfaces regularly

Clean toys and equipment

Use gloves when required

Follow cleaning procedures

Children will be encouraged to:

Wash hands before eating

Wash hands after toileting

Use tissues and dispose of them properly

## **10. Medication and Illness**

Medication must not be used to allow a child to attend when unwell.

If medication is required:

The Medication Policy must be followed

Children who are clearly unwell will not be accepted into the setting.

## **11. Outbreaks**

In the event of illness outbreaks:

Parents will be informed

Additional cleaning will take place

Advice may be followed from health authorities

Further measures may be introduced if needed.



## **12. Safeguarding**

Children who are frequently unwell or repeatedly sent in when unfit may raise safeguarding concerns.

Staff must report concerns to the DSL.

## **13. Linked Policies**

Safeguarding Policy

Health & Safety Policy

First Aid Policy

Medication Policy

## **14. Review**

This policy will be reviewed annually or sooner if guidance changes.