Answers to tough questions in Song of Solomon

1. Should Song of Solomon be interpreted as person-to-person love or as an allegory of God's love for Israel or Christ's love for the church?

Allegorical interpretations of this book tend to be strained. Denying the human and historical setting of this Song creates more discomfort with the subject matter than insight into the nature of Scripture. The idealistic and allegorical language that lovers use might lead one to assume the freedom to allegorize the entire experience, but the lovers themselves would strongly object. The practice of allegorizing the book comes from outside theological and philosophical frameworks, not the content of the book itself.

One form of interpretation similar to allegorizing takes a "typological" approach. It begins by admitting the historical validity of the story. But it also insists that the idealized language of the lovers can ultimately only accurately describe the kind of love that Christ has demonstrated toward His church.

A more satisfying way to approach Solomon's Song takes the story at face value, interprets it in a normal historical sense, and understands the idealized use of poetic language to depict reality. This interpretation affirms Solomon's account of three phases in his relationship with the Shulamite: his early days of courtship, the early days of his marriage, and the maturing of the royal couple through the good and bad days of married life."

https://sites.google.com/a/indubiblia.org/inductive-bible-study/song-of-songs