



National Center on Advancing  
Person-Centered Practices and Systems

# Nourishing the Whole-Person: NCAPPS Older Americans Act Nutrition Services Learning Collaborative

## Description

The [National Center on Advancing Person-Centered Practices and Systems \(NCAPPS\)](#) will facilitate a series of four 90-minute interactive workshops for nutrition programs focused on enhancing person-centered practices for people receiving Older Americans Act funded nutrition services.

Sessions will support nutrition programs in learning the basics of person-centered practice, help them identify existing person-centered approaches and potential areas of innovation within their own programs, highlight promising practices across States, Tribes, and Territories, and ground them in the model for quality improvement. Participants will address the critical person-centered components of nutrition programs including the mitigation of social isolation, connecting people to other supportive services, tailoring services to meet needs and preferences, and understanding people's holistic needs.

Participation in the Learning Collaborative is open to anyone who is interested in improving person-centered practices within their own nutrition program including representatives from State Units on Aging, Area Agencies on Aging, Aging and Disability Resource Centers, No Wrong Door programs, Tribal organizations, and more.

## Schedule and Time Commitment

Participants commit to attending four 90-minute monthly meetings from June to September 2024 with optional office hours to engage in one-on-one dialogue with experts available between the sessions.

A list of the scheduled Learning Collaborative Sessions can be found below.

- Session #1: June 25th from 3-4:30 pm ET
  - Optional Office Hour #1: July 16th from 3-4 pm ET
- Session #2: July 30th from 3-4:30 pm ET
  - Optional Office Hour #2: August 20th from 3-4 pm ET
- Session #3: August 27th from 3-4:30 pm ET
  - Optional Office Hour #3: September 17th from 3-4 pm ET
- Session #4: September 24th from 3-4:30 pm ET

## Structure

NCAPPS Learning Collaboratives are **not** one-on-one or group technical assistance. They provide a structure for organizations and subject matter experts to come together around a common issue and learn from each other. There is no cost to participate in this Learning Collaborative, no travel is required, and all meetings will be conducted virtually. That said, it is expected that participating individuals and organizations understand and are willing to dedicate the time and resources necessary to implement change within their systems and actively participate in Collaborative sessions.