

MONROE COUNTY SCHOOLS WEEKLY P.E. [LESSON PLANS](#): Grades K-12

School: Choose an item.	Teacher: Click here to enter text.	Grade Level: Choose an item.	Time(s)/ Period(s): Click here to enter text.	Week of: Click here to enter a date.
---	---	---	--	---

MONDAY

Post-Lesson Evaluation:

After teaching the lesson, my:

☐ Outcomes were met and my evidence is:

[Click here to enter text.](#)

☐ Outcomes were **NOT** met and I will reteach on:

[Click here to enter a date.](#)

AL COS Standard(s): [Click here to enter text.](#)

Daily Outcome(s): The students will [click here to enter your outcome.](#)

Domain: Check all that apply. ☐ Psychomotor ☐ Cognitive ☐ Affective ☐ Interpersonal

Lesson Focus/Name of Activity: [Click here to enter text.](#)

Brief Description of Activity: [Click here to enter text.](#)

Equipment/ Materials Needed: [Click here to enter text.](#)

Safety Considerations: [Click here to enter text.](#)

Choose an item. Intro/Warm-up Activities: [Click here to describe the warm-up activity.](#)

Choose an item. Learning Activity: [Click here to describe the procedures for the learning activity.](#)

Choose an item. Culminating/Cool-down Activities: [Click here to describe the closure/warm-down activity.](#)

IDEA STUDENTS ACCOMMODATED PER IEP: Check one.

☐ Yes

☐ No

☐ Does not apply

504 STUDENTS ACCOMMODATED PER 504 PLAN: Check one.

☐ Yes

☐ No

☐ Does not apply

Alternate Lesson: [Click here to enter what you will do in case of weather changes or other interruptions.](#)

Lesson Evaluation: Check all that apply.

☐ [Paper & Pencil](#)

☐ [Alternative Assessment](#)

☐ Participation

☐ Skills Test

[Briefly describe your lesson evaluation.](#)

TUESDAY

Post-Lesson Evaluation:

After teaching the lesson,
my:

☐ Outcomes were met and
my evidence is:

[Click here to enter text.](#)

☐ Outcomes were **NOT** met
and I will reteach on:

[Click here to enter a date.](#)

AL COS Standard(s): [Click here to enter text.](#)

Daily Outcome(s): The students will [click here to enter your outcome.](#)

Domain: Check all that apply. ☐ Psychomotor ☐ Cognitive ☐ Affective ☐ Interpersonal

Lesson Focus/Name of Activity: [Click here to enter text.](#)

Brief Description of Activity: [Click here to enter text.](#)

Equipment/ Materials Needed: [Click here to enter text.](#)

Safety Considerations: [Click here to enter text.](#)

Choose an item. Intro/Warm-up Activities: [Click here to describe the warm-up activity.](#)

Choose an item. Learning Activity: [Click here to describe the procedures for the learning activity.](#)

Choose an item. Closure/Cool-down Activities: [Click here to describe the closure/warm-down activity.](#)

IDEA STUDENTS ACCOMMODATED PER IEP: Check one.

☐ Yes

☐ No

☐ Does not apply

504 STUDENTS ACCOMMODATED PER 504 PLAN: Check one.

☐ Yes

☐ No

☐ Does not apply

Alternate Lesson: [Click here to enter what you will do in case of weather changes or other interruptions.](#)

Lesson Evaluation: Check all that apply.

- ☐ [Paper & Pencil](#)
- ☐ [Alternative Assessment](#)
- ☐ Participation
- ☐ Skills Test

[Briefly describe your lesson evaluation.](#)

WEDNESDAY

Post-Lesson Evaluation:

After teaching the lesson,
my:

☐ Outcomes were met and
my evidence is:

[Click here to enter text.](#)

☐ Outcomes were **NOT** met
and I will reteach on:

[Click here to enter a date.](#)

AL COS Standard(s): [Click here to enter text.](#)

Daily Outcome(s): The students will [click here to enter your outcome.](#)

Domain: Check all that apply. ☐ Psychomotor ☐ Cognitive ☐ Affective ☐ Interpersonal

Lesson Focus/Name of Activity: [Click here to enter text.](#)

Brief Description of Activity: [Click here to enter text.](#)

Equipment/ Materials Needed: [Click here to enter text.](#)

Safety Considerations: [Click here to enter text.](#)

Choose an item. Intro/Warm-up Activities: [Click here to describe the warm-up activity.](#)

Choose an item. Learning Activity: [Click here to describe the procedures for the learning activity.](#)

Choose an item. Closure/Cool-down Activities: [Click here to describe the closure/warm-down activity.](#)

IDEA STUDENTS ACCOMMODATED PER IEP: Check one.

☐ Yes

☐ No

☐ Does not apply

504 STUDENTS ACCOMMODATED PER 504 PLAN: Check one.

☐ Yes

☐ No

☐ Does not apply

Alternate Lesson: [Click here to enter what you will do in case of weather changes or other interruptions.](#)

Lesson Evaluation: Check all that apply.

- ☐ [Paper & Pencil](#)
- ☐ [Alternative Assessment](#)
- ☐ Participation
- ☐ Skills Test

[Briefly describe your lesson evaluation.](#)

THURSDAY

Post-Lesson Evaluation:

After teaching the lesson,
my:

☐ Outcomes were met and
my evidence is:

[Click here to enter text.](#)

☐ Outcomes were **NOT** met
and I will reteach on:

[Click here to enter a date.](#)

AL COS Standard(s): [Click here to enter text.](#)

Daily Outcome(s): The students will [click here to enter your outcome.](#)

Domain: Check all that apply. ☐ Psychomotor ☐ Cognitive ☐ Affective ☐ Interpersonal

Lesson Focus/Name of Activity: [Click here to enter text.](#)

Brief Description of Activity: [Click here to enter text.](#)

Equipment/ Materials Needed: [Click here to enter text.](#)

Safety Considerations: [Click here to enter text.](#)

Choose an item. Intro/Warm-up Activities: [Click here to describe the warm-up activity.](#)

Choose an item. Learning Activity: [Click here to describe the procedures for the learning activity.](#)

Choose an item. Closure/Cool-down Activities: [Click here to describe the closure/warm-down activity.](#)

IDEA STUDENTS ACCOMMODATED PER IEP: Check one.

☐ Yes

☐ No

☐ Does not apply

504 STUDENTS ACCOMMODATED PER 504 PLAN: Check one.

☐ Yes

☐ No

☐ Does not apply

Alternate Lesson: [Click here to enter what you will do in case of weather changes or other interruptions.](#)

Lesson Evaluation: Check all that apply.

- ☐ [Paper & Pencil](#)
- ☐ [Alternative Assessment](#)
- ☐ Participation
- ☐ Skills Test

[Briefly describe your lesson evaluation.](#)

FRIDAY

Post-Lesson Evaluation:

After teaching the lesson,
my:

☐ Outcomes were met and
my evidence is:

[Click here to enter text.](#)

☐ Outcomes were **NOT** met
and I will reteach on:

[Click here to enter a date.](#)

AL COS Standard(s): [Click here to enter text.](#)

Daily Outcome(s): The students will [click here to enter your outcome.](#)

Domain: Check all that apply. ☐ Psychomotor ☐ Cognitive ☐ Affective ☐ Interpersonal

Lesson Focus/Name of Activity: [Click here to enter text.](#)

Brief Description of Activity: [Click here to enter text.](#)

Equipment/ Materials Needed: [Click here to enter text.](#)

Safety Considerations: [Click here to enter text.](#)

Choose an item. Intro/Warm-up Activities: [Click here to describe the warm-up activity.](#)

Choose an item. Learning Activity: [Click here to describe the procedures for the learning activity.](#)

Choose an item. Closure/Cool-down Activities: [Click here to describe the closure/warm-down activity.](#)

IDEA STUDENTS ACCOMMODATED PER IEP: Check one.

☐ Yes

☐ No

☐ Does not apply

504 STUDENTS ACCOMMODATED PER 504 PLAN: Check one.

☐ Yes

☐ No

☐ Does not apply

Alternate Lesson: [Click here to enter what you will do in case of weather changes or other interruptions.](#)

Lesson Evaluation: Check all that apply.

☐ [Paper & Pencil](#)

☐ [Alternative Assessment](#)

☐ Participation

☐ Skills Test

[Briefly describe your lesson evaluation.](#)