

Bow High School - School Competencies

School Competency: Risk Taking

Area of Focus: Wellness

Level: Foundational

Competency Description:

• Student engages in behavior that pushes them beyond their comfort zone.

Courses:

- BEST
 - o BEST 10
 - Strength Training I
 - o Strength Training II
- Business
- English
 - o Public Presentation
 - o Senior Seminar
- FACS
- Humanities
 - o America in the World
- Mathematics
- Performing Arts
- Science
- Social Studies
- Visual Arts
 - Photography
- World Language