



ChiroMission

St Vincent and the Grenadines

APRIL 25-29, 2020

Registration includes hotel, transportation on the island, a special island excursion, and breakfast all mornings. Food and beverages are not included otherwise, but are very reasonably priced in and around St. Vincent. You can also purchase water and snacks at the local grocery stores. Airfare is not included, and you are responsible for booking your own flights.

PRICING

Single Occupancy: \$999 per person

Double Occupancy : \$799 per person

We will be staying at the beautiful [Sunset Shores Beach Hotel](#) just outside of Kingstown.

REGISTRATION DEADLINE: MARCH 10, 2020

WE MUST HAVE AT LEAST 10 PEOPLE BOOKED/PAID TO GO AHEAD WITH THIS TRIP!

Otherwise it will be very difficult to serve the number of people we will be seeing.

(DO NOT BOOK FLIGHTS UNTIL WE ADVISE YOU TO DO SO...BRING A FRIEND... BRING TWO!)

TRAVEL INFO

St. Vincent (Argyle) (Airport Code = SVD): Arrive on Saturday, leave on Wednesday.

It does take some time and effort to get there but it is well worth it! Currently the only direct flights from the US on these dates is via Miami. (JFK has direct flights but only on Tuesdays)

The flight out of Miami is around **10:30am** and arrives directly in SVG at around **2pm Sat April 25th (American Airlines #1427)**.

The flight home leaves SVG back to Miami direct on **Wed April 29th at around 3pm** and arrives there around **7:15pm (American Airlines #1427)**.

Use American Airlines or your favorite travel site to find your best route. Travel times can be long if you should choose other days. Keep in mind the cheapest flights are usually the longest, so may not be the best idea. The MIA/SVG flights are currently around \$450-\$500.

FREQUENTLY ASKED QUESTIONS

Where is St. Vincent?

West of Barbados, south of St. Lucia (30 miles), north of Trinidad and Tobago -- www.discoversvg.com

Can I bring kids/family on the trip?

Friends, family, and staff are welcome, and are encouraged to join you in the field as volunteers to help organize the crowds and educate the public. Many who have volunteered this way have had their own breakthrough, life-changing experiences, even if they aren't adjusting! It can be a great experience for older children, especially teenagers, as long as they are mature enough to look after themselves and behave appropriately and respectfully in the field. They are also welcome to stay at the resort while you are out serving.

Is it safe?

Yes. Our hosts organize our locations, and you are accompanied by local volunteers who assist with transportation, communication, and most anything else you may need when out in the field. Often we are working from schools, churches, or community centers, and the locals are very friendly and happy to help you. Yes, you may be sent to some "rough" areas where extreme poverty exists, but again, the locals are very welcoming and grateful that we are there! (Many life-changing experiences come from visiting those locations!) As in any unfamiliar situation, just be respectful of our hosts, and use common sense.

Can I go early/stay later?

Some people like to take an extra day or two before or after the mission to vacation and enjoy the island. We only handle travel and hotel arrangements directly related to the Mission, so you will have to make any additional arrangements on your own. You can check travel websites like Orbitz, Kayak, etc, to look for room rates and deals at our hotel. Please let us know in advance what your plans are so we can help if possible, and also to help us coordinate our airport transportation for the group.

Will I need money?

In St. Vincent, food/drinks are not included at the hotel, however, prices are very reasonable. \$20-\$30 per day is sufficient to eat well there.

Sometimes meals or snacks are provided by your hosts out in the field. We recommend bringing snacks like granola bars, nuts, trail mix (all non-meltable), etc. from home.

It is always a good idea to have some pocket money for water and food when out in the field. (We can purchase cases of water for the week). You can get change money at the airport, or just get cash from a local ATM. Any other spending money you want to bring is up to you. You do not want to carry large sums of money around for obvious reasons.

What kind of donations should I take?

We are hosted by Medical Relief Associates in St. Vincent. We provide donations based on their needs and will advise you accordingly.

Cash donations can be made online at www.ChiroMission.com, or by checks made out to ChiroMission. You and any other donors will be sent a receipt for tax purposes.

We will share other ideas for fundraising and donation collections after you register for your trip.

Where do donations go?

Cash donations go to support education, shelter, and health care in our host countries. If our hosts have specific needs, we will let you know.

Do I have to take my table?

Portable tables are always useful, so if you have one please bring it! You may be asked to share it with others, if we need it at a specific location. You should also bring a roll or two of face paper, and some wipes to keep things clean. Be aware that the airlines are likely to charge the usual baggage fees.

What Kind of Adjusting will I be doing?

We will be serving Sun-Tues at multiple locations around the island. You may be sent to more than one location in a day. Typically we will have one central/permanent location in town.

Most of the adjusting is done seated cervical, especially when you are seeing several hundred people a day. Some locations are more amenable to doing full spine adjusting, depending on the volume of people you are seeing.

Where is the Sunday Excursion?

Sunday might involve some sort of trip either exploring St. Vincent or visiting Young Island, or one of the amazingly beautiful neighboring Grenadine islands.

What if I need to cancel my trip?

There is a \$200 cancellation fee up to 30 days prior to the trip. Within 30 days of the trip the cancellation fee is 50% of the trip price.

Where else does ChiroMission go?

Currently we have established trips in the Dominican Republic, Haiti, and SVG. If you have contacts or mission experience in other parts of the world that are interested in hosting us, please let us know!