

Sometimes it's difficult to find the right words to pray for someone.

Caim prayers, which means **encircling**, are helpful.

You can change the words within the parentheses.

See yourself and those you are praying for encircled as you say one of these.

Circle *(name)* Lord.

Keep *comfor*t near

and *discouragemen*t afar.

Keep *peace* within

and *turmoil* out.

Amen.

Circle *(name)* Lord.

Keep protection near

and danger afar.

Circle (name) Lord.

keep hope within,

keep despair without.

Circle *(name)* Lord,.

keep peace within

and anxiety without.

The eternal Father, Son and Holy Spirit

shield *(name)* on every side.

Amen.

from Celtic Daily Prayer prayers and readings from the Northumbria Society p. 297-298