

MANGO BANANA SMOOTHIE with GINGER KOMBUCHA

Serves 1

1 1/2 cups frozen mango chunks

1 banana

1/4 cup almond milk

1/2 cup ginger kombucha

1/2 teaspoon baobab powder

1 tablespoon brown sugar, or maple syrup

1 teaspoon lemon juice

Scant 1/8 teaspoon stevia powder, if desired

Pinch sea salt

Blend it all up! Adjust according to taste. Add more kombucha to make it more light and tart, and/or add more almond milk to make it more rich and creamy. If you want a thicker smoothie, add extra frozen mango.

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