



****FFC Flag Football Championship Waiver****

I, hereby acknowledge that my participation in the flag football game organized by The FFC involves inherent risks, including but not limited to physical injury. In consideration of being allowed to participate in this activity, I agree to the following:

1. I acknowledge and understand that flag football involves physical contact and may result in injury.
2. I affirm that I am in good health and physical condition to participate in this activity.
3. I understand the rules and regulations of the game and agree to abide by them.
4. I acknowledge that the organizers, volunteers, and any associated personnel of the event are not responsible for any injury or damage that may occur during the flag football game.
5. I hereby release, waive, discharge, and covenant not to sue The FFC, its officers, employees, volunteers, and agents from any and all liability, claims, demands, actions, and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me while participating in the flag football game.
6. I agree to indemnify and hold harmless The FFC, its officers, employees, volunteers, and agents from any loss, liability, damage, or costs, including court costs and attorney fees, that they may incur due to my participation in the flag football game.
7. I grant permission to The FFC to use photographs, videos, or other media of me participating in the flag football game for promotional purposes.

I have read this waiver and fully understand its terms. I understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.