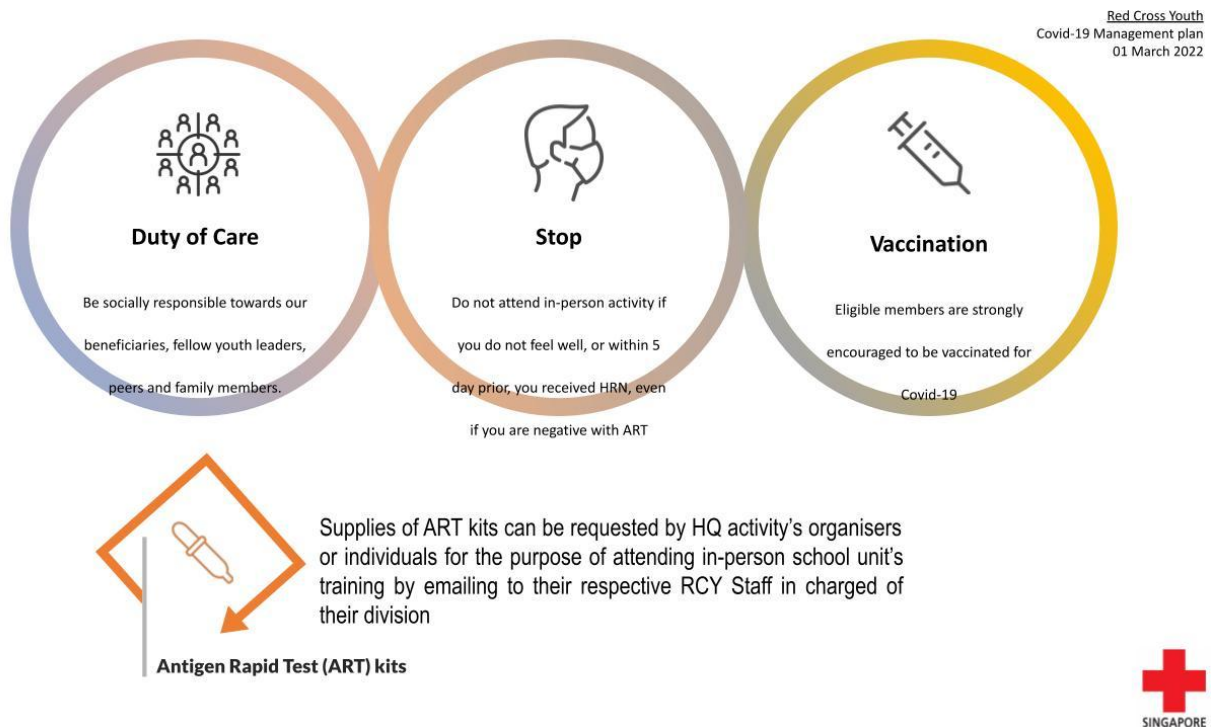


SAFE MANAGEMENT MEASURES FOR RED CROSS TRAINING CAMPSITE

Kindly comply with the latest Safe Management Measures for the Red Cross Training Campsite, in line with the prevailing [COVID-19 Phase Advisory](#).

We seek your kind understanding as we do our part to provide a safe learning and working environment for our participants & guests.



Health Monitoring of Personnel entering Red Cross Training Campsite

Generic

1. All staff, volunteers, participants, guests and vendors/contractors should check in [Safe-Entry via TraceTogether](#) before entering into the premises. This will facilitate [contact tracing](#) should the need arise.

2. A face mask shall be worn at all times. A new face mask shall be worn if the existing one is soiled, damp/wet or worn out. Additional face masks will be made available to individuals who do not have a replacement.

3. Should you become unwell during the day, inform the staff in-charge and arrange to leave the premises immediately, to seek medical attention as required.

Staff and Working Crew

4. Self-test ART to be done 1-3 hours prior to reporting time, applicable for events that are >3 hours and/or involve 50 pax.

Event Participants and Trainees

5. Self-test ART is not required.

Safe Distancing Measures (General)

1. Activities shall be conducted in small groups of 5 pax. There shall be no inter-mingling of the different groups throughout the duration at the premises.
2. All personnel shall be at least 1-metre apart at all times, during registration and health screening, when seated or moving around the premises.
3. Physical and social interactions will be minimised.
4. Staggered break times will be imposed to reduce possible congregation of people in common areas.
5. All personnel are encouraged to wipe down any shared tools / equipment before and after use.

Personal Hygiene and Infection Control (General)

1. Wash your hands thoroughly before and after any hands-on activity or breaks; and avoid touching the face at all times. Use a hand sanitizer if a handwashing facility is not immediately available.
2. Avoid the sharing of food & beverages.
3. Avoid gathering socially especially during breaks.
4. Wipe down surfaces frequently with wet wipes to maintain personal cleanliness & hygiene.

REPORTING OF CASES

Red Cross Youth
Covid-19 Management plan
01 March 2022



Safe Distancing Measures (SRCA Training Node)

1. A maximum class size of 16 learners + 1 instructor, as stipulated by SRFAC guidelines, will be adhered to. Designated seating arrangement with safe distancing will be implemented.
2. Instructor-to-learners ratio shall be reduced to 1:4 or less, for practical sessions involving manikin practice and AED use. Additional manikins will be made available for practice purposes by the waiting pair of learners.
3. Learners shall be assigned to and remain within the assigned small group without switching throughout the training course, and allocated to the use the same CPR and AED practical stations for training and assessment. The practising partner should remain the same throughout the whole course.

Personal Hygiene and Infection Control (SRCA Training Node)

4. All instructors and learners must wear a mask (minimally reusable mask) at all times, except when performing Mouth-To-Mouth ventilations for the BCLS+AED components within the Child First Aid course.
5. Consumables will not be reused across training sessions (i.e. bandages are discarded after each session and are not reused for another session).
6. Manikin's face and mouth must be thoroughly disinfected before and after every learner's use using disinfectant wipes. After every training session, the manikins and training aids should be thoroughly cleaned and disinfected.
7. Manikin's face and related parts should be changed after each training session. Gloves should be worn when changing and disinfecting the manikin and its related parts.

Miscellaneous (SRCA Training Node)

8. Mouth-To-Mouth (MTM) ventilations for BCLS+AED course will be replaced with Bag Valve Mask (BVM) for training and assessment until further notice.
9. This difference will be indicated on the Provider certificate as – BCLS+AED (BVM instead of MTM ventilation was taught). This will only apply to BCLS+AED courses catered for Healthcare providers.
10. For the BCLS+AED components within the Child First Aid (CFA) course, MTM ventilations will still be taught and assessed as Bag Valve Mask ventilation is not widely available in the pre-school/childcare centre setting.
11. SRCA reserves the right to amend the safety measures for training terms and conditions as and when it deems necessary, without prior notice and at its sole discretion to comply with MOH/MOM/MTI/SRFAC's guidelines.