

Head's Up Activity List #2

This *activity list* is divided into three columns: the type of activity (required, choice, or optional), the title and description for each activity, and the approximate time it will take to complete the activity. You will work from this *activity list* throughout the week and attend groups with your teacher.

Required — These are must-do activities.

Choice — These activities will give you a choice in how to complete the activity.

Optional — These activities are provided as additional support if you need them.

Work through this *activity list* in any order you choose! Tip: Work through an entire section before moving into a new section.

Type	Title and Description	Time
<i>What Is a Concussion?</i>		
Choice	<ol style="list-style-type: none"> 1. Add the heading “What Is a Concussion?” and the date to your <i>Efficacy Notebook</i>. 2. Watch the video Concussion Awareness all the way through. 3. Watch the video a second time and pause it as needed to answer the questions below in your <i>Efficacy Notebook</i>: <ol style="list-style-type: none"> a. How is a concussion different from other injuries, such as a sprained ankle? Use specific details and evidence from the text to support your answer. b. Liam learned four important lessons about concussions. Summarize each lesson using key details from the text. c. Based on the text, how can understanding concussions help people stay safe? Use evidence to explain your answer. 	15 min
	<ol style="list-style-type: none"> 1. Add the heading "What Is a Concussion?" and the date to your <i>Efficacy Notebook</i>. 2. Read the text Concussion Awareness. 3. Use the text to answer the questions below in your <i>Efficacy Notebook</i>: <ol style="list-style-type: none"> a. How is a concussion different from other injuries, such as a sprained ankle? Use specific details and evidence from the text to support your answer. b. Liam learned four important lessons about concussions. Summarize each lesson using key details from the text. c. Based on the text, how can understanding concussions help people stay safe? Use evidence to explain your answer. 	15 min
Required	With your group, follow these directions to discuss one of the questions from the video or text <i>Concussion Awareness</i> .	30 min

Optional	Refer to How to Share Google Docs, Slides, and Drawings anytime you need to share something with your teacher.	5 min
Choice	Independently or with a partner, review the rubric row “Concussion.” Identify what you have learned and what you still need.	10 min
	Attend a <i>small-group mini-lesson</i> to review the rubric row “Concussion” with your teacher.	10 min
<i>Identifying and Graphing Points on a Coordinate Plane</i>		
Choice	<ol style="list-style-type: none"> Add the heading “Coordinate Plane” and the date to your <i>Efficacy Notebook</i>. Explore this Coordinate Plane Resource Sheet. Use pictures and words to explain the following words in your <i>Efficacy Notebook</i>: <ol style="list-style-type: none"> origin x-axis y-axis ordered pair x coordinate y coordinate 	20 min
	<ol style="list-style-type: none"> Add the heading “Coordinate Plane” and the date to your <i>Efficacy Notebook</i>. Watch this video on Introduction to the Coordinate Plane. Watch the video a second time and pause as needed to explain the following words in your <i>Efficacy Notebook</i>: <ol style="list-style-type: none"> origin x-axis y-axis ordered pair x coordinate y coordinate 	20 min
Choice	<ol style="list-style-type: none"> Add the heading “Graphing Points” and the date to your <i>Efficacy Notebook</i>. Watch this video on how to graph points on a coordinate plane. Watch the video a second time and pause as needed to complete the Graphing Points Worksheet from the <i>resource area</i>. 	10 min
	<ol style="list-style-type: none"> Add the heading “Graphing Points” and the date to your <i>Efficacy Notebook</i>. Use this how-to sheet on how to graph points on a coordinate plane. Watch the video a second time and pause as needed to complete the Graphing Points Worksheet from the <i>resource area</i>. 	10 min
Required	Independently or with a partner, complete the 7 problems in this practice set to practice graphing points on a coordinate plane.	15 min

Optional	Watch this video to help you complete the practice problems on the Khan Academy website.	2 min
<p style="text-align: center;"><i>Daily Reflection</i></p> <p><i>At the end of each day, you will choose at least one of the prompts below to reflect on. Use a clock or set a timer. You should spend at least 10 minutes thinking and writing/drawing your daily reflection.</i></p>		
Choice	Describe a challenge you faced in your learning today. How did you overcome it? What did you learn from facing this challenge?	10 min
	Write or draw about one thing you learned today that was exciting or interesting. Why was it important to you? How does it connect to what you already know?	10 min
	Describe something your teacher did really well today and how it helped you. Are there any ways they can help you more tomorrow?	10 min