



**ACA Council on Sports Injuries and Physical Fitness**

1701 Clarendon Blvd., Ste. 200 | Arlington, VA 22209

Phone: (703) 942-9924 | Fax: (703) 243-2593

Website: [www.acasc.org](http://www.acasc.org) | Email: [secretary@acasc.org](mailto:secretary@acasc.org)

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Meeting Minutes for the ACA Sports Council Executive Committee Meeting

Type: Board Meeting

Time: March 14, 2020 at 9:00am PST

1. Call to Order at 9:09 am (SWOT analysis)
  - a. Motion by: Shea
  - b. Second by: Bryanna
2. Roll Call
  - a. In attendance: Shea, Liz, Chris, Bryanna, Andrew, Kelly, Jordan, Cody
  - b. Not in attendance: None
3. Adopt Agenda
  - a. Motion by: Shea
  - b. Second by: Liz
  - c. Call to vote: unanimous vote
4. Approve minutes from previous ExCo meeting February 9, 2020
  - a. Motion by: Shea
  - b. Second by: Bryanna
  - c. Call to vote:
5. Approval of new members:
  - a. Doctor Members: 4 - Steve Hanson, Brennan Bates, Raymond Gaskey, Ben Bumguardner

- b. Student Members: 5 - Paola Gonzalez, Derrick Jean, Jennifer Drotar, Whitney Augustin, Peter Santiesteban
  - c. Motion by: Chris
  - d. Second by: Shea
  - e. 19 member renewals; 14 expired
    - i. Renewals: Roy Hansen, Jeff Yates, Brock Martin, Joel Carmichael, Guillermo Bermudez, Carlo Guadagno, Bruno Da Rocha, Kimball Arritt, CM Lujan, Chris Hargrave, Andrew Newman, Todd Riddle, Kindra Ingram, Cheryl Lee-Pow, Kathryn Coysh, Danielle Chong, Brianna Opperman, Scott Vanina, Jeffrey Schatz, Casey Ferguson, Karen Holland, Dan Brown,
    - ii. Expired members: Michael Spadafino, Matthew Terreri, Joseph Krzemien, Ed Le Cara, Leo Kormanik, Emily Rush, Jacob Stutz, Corinne Alexander, Amy Lennon, Mary Heidgerken, Josh Duplessis, Matthew Sipe, Job Krugly, Erick Petereson
6. Approval of new committee members
- a. None
7. Motions via Slack/Email
- a. Shea motioned to be allowed a budget of \$850 to attend the Canadian Sports Council conference in Vancouver in April.
    - i. Second by Chris; motion passes unanimously.
    - ii. Conference has been cancelled.
  - b. Liz motions to follow a recommendation from Christine Foss about providing a student discount to the ICSC hands on module in NJ.
    - i. Second by Shea; motion passes unanimously.
8. Reports of Officers
- a. President - Shea
    - i. Attended JCSMS on behalf of ACASC

1. Spoke to Ed Terris from KT Tape about being the Luncheon sponsor for Long Beach and he signed up that day
    2. He is also looking into getting Kerri Walsh Jennings as the keynote speaker for the luncheon
  - ii. Spoke to John Danchik about HOF updates after hearing a negative comment from a past president
  - iii. Booked trip to Vancouver for Canadian Sports Council
    1. Update: Conference canceled
  - iv. Reached out to Stephanie Tolonen and Jeremy Busch about stepping in to fill the role of Treasurer
  - v. Coordinating with Lisa Marie on hotel arrangements for MidYear
  - vi. Booked tickets for Spring Training Game (now canceled)
    1. Updated to Axe Throwing (Thank you Chris)
  - vii. Coordinating with Sherri and Sheila for HOF
  - viii. [Mid Year Report](#)
- b. 1<sup>st</sup> VP - Chris
- i. Attended PFCS on behalf of the ACA
    1. Was able to connect with leadership within the PFCS
    2. Spoke with several of our own members in attendance
    3. Connected with vendors, Altra Shoes, Chiro-Up and Kinetisense and spoke with them regarding attending long beach
  - ii. Assisted with developing position descriptions for CSN positions of director, state/sports coordinator and event coordinator

- iii. Worked with vendor to develop online store, work continues to ensure compliance with ACA direction
    - iv. Updated current membership committee to ensure only active members are holding the position
  - c. 2<sup>nd</sup> VP - Liz
    - i. [Moos Mid Year Report](#)
  - d. Secretary - Bryanna
    - i. February Sports Talk
    - ii. Connect with Rippl
      - 1. Waiting for the president to send over marketing material
    - iii. Sent out e-blasts for events
    - iv. Added all FICS events, AVP events, and more to calendar
    - v. Updated website with meeting minutes
    - vi. [Mid Year Report](#)
  - e. Treasurer - Chris
    - i. Following unsuccessful pass-on to newly elected treasurer I resumed the duties associated with this position
    - ii. Processed reimbursements
    - iii. Issued payments to FIC for members annual dues
    - iv. Issued final payments for continuing education to UWS for 2019 Symposium
  - f. Past President - Andrew

- i. Served as delegate for JCSMS see [summary sheet](#)
  - ii. Coordinated with HOF who submitted new changes to the HOF selection process.
  - iii. Worked with Ad-HOC wikipedia committee. It looks like there is technical expertise that is needed to submit an article that will be accepted. To hire someone to help with the project we should budget \$600-800. We want input on whether it's worth that.
  - iv. <https://docs.google.com/document/d/1c1z2XziYXKRGzam6vhO6oGdJFr05ggL8PtglveRhr4Q>
- g. Student ExCo - Cody
- i. [Student ExCo Mid Year Report.docx](#)
  - ii. Student Members increase
  - iii. Reach out to new student members/renewals with benefits laid out.
  - iv. Chapter of the year challenges
- h. Faculty Advisor - Jordan
- i. [Faculty Liaison Mid-Year Report 2020](#)
  - ii. Providing monthly updates to all faculty
    - 1. Appear to appreciate it
    - 2. Promoting faculty to get students to create and present posters
  - iii. Research posters
    - 1. Initial bring sent it by Dr. Stark
  - iv. Communication
- i. Advisor - Kelly

- i. No report

9. Old Business (from previous meetings)

- a. Andrew to create an ad-hoc committee to create a wikipedia page for the ACASC
  - i. Update-See above- Amy, Carly and I have investigated it. Seems to need some skills we don't possess. We could hire a Fiverr but would cost money so need to weigh things out. Let's discuss.
  - ii. After discussion the idea has been taken off the table.
- b. Student membership flat rate for tenure as student
  - i. Tabled until we get more information
  - ii. Need to revisit meeting minutes from last year's end of the year meeting
- c. ACA Webinar
  - i. Jim Flanagan reached out again to get the ball rolling on an ACASC webinar.
  - ii. Bryanna to send an e-blast with speaker application this week
- d. Funding proposal for ACASC members to request funds from the council
  - i. <https://drive.google.com/file/d/1i1MPIPSDuOs7Ye3enIWYXHyi2vSMsl-A/view?usp=sharing>
  - ii. Liz's proposal is a motion, Shea second.
  - iii. Call to a vote: passes unanimously
  - iv. Liz to add field manual info into proposal/P&P

10. New Business

- a. [SWOT Analysis](#) -morning activity from 9:09-11:15 am
  - i. Action Items from SWOT exercise:
    1. Bryanna to add sports talk to discussion My ACA
    2. Bryanna: attach google form to website to have members sign field manual before they work an event
    3. Chris: reach out to Brenda to see if she would be interested in helping with CSN

4. Shea: reach out to ACBSP (Cindy) to see if we can have our symposium a testing site/opportunity and/or offering a CPR re-cert
5. Kelly: reach out to gavel club
6. Everyone: submit a 100 word to less bio to Kelly (to be put on website). Why you got involved in Sports Council—send by next call 4/5/20
7. Andrew: send a link for personality test
8. Everyone: create a google doc of what your role consists of. Continuously update it when you do/add different tasks
9. Everyone: Have mid-year report done by the next call

b. Treasurer appointment

- i. Shea moves to appoint Jeremy Busch to treasurer position, second by Chris.
- ii. Call to a vote: passes unanimously
- iii. Shea to contact Jeremy to let him know of our decision

c. [P&P update from HOF](#)

d. Student discount for store (or discount for new members)

- i. <https://drive.google.com/file/d/1KrbC3TT95i992m6PxQeDTHyDqXe9Fxo0/view?usp=sharing>
- ii. Liz moves to go with the above proposal, Shea seconds.
- iii. Voting tabled until Andrew returns

e. WDC is donating 15 registrations to their conference in Tampa to the ACASC

- i. Can be students or doctors
- ii. Bryanna to make a social media post. Individuals will need to comment “what’s her story” - how/why they got into chiropractic, tag one person, follow ACASC and WDC. Will run it for one week, if 15 haven’t been reached, will extend. Winners will be DM’d.

f. Switching membership back to ACA

- i. Shea to reach out to Bethany with our discussion questions.

g. Symposium update from Lisa Marie and Liz

- i. Vendors \$14,400
- ii.

1. Booths-Janeapp, chiromatrix, Rocktape, graston
  2. Bronze sponsor- Normatec
  3. KT for luncheon
  - iii. Registrations
    1. 24 students, 15 doctors
  - iv. Speakers 14 applications
  - v. Shea to contact Scavify
- h. Election cycle, succession plan
- i. Everyone to go through the by laws by the next meeting, highlight items to explore.
- i. Conversion from other organization's events
- i. All events that we currently attend are worth the cost
- j. Idea-case study in sports talk-first person gets some swag and get more interaction
- i. Linking NCMIC case studies to social media
- k. Look at what FTC is doing for social events (Practice and Clinical lounge)
- i. Tabled to next meeting
- l. Diplomate in Human Performance
- i. Suggested by Todd Riddle: have him submit a formal proposal for the program
    1. Address conflicts in the proposal
      - a. Conflict with ACBSP, Rehab, etc
      - b. How can we run this program without staff?
- m. Budget Update by Chris
- i. Chris/Jeremy to reach out to ACA to find out how we can go about finding outside revenue
- n. Discussion of what we like about Rehab Symposium
- i. Posters that explain the benefits of being a member
  - ii. Lanyards with ACA Rehab
  - iii. Bryanna to reach to Auri to manage student facebook page/videos and send Bryanna interesting ones to re-post



- iv. Shea to add video option to Scavify --15-50 points?
- v. Everyone to review notes, if they have them, regarding what we like and don't like about other symposiums
- vi. Liz to contact NCMIC to see if they will allow Scott Haldeman to be our keynote.

11. Next Meeting

- i. April 5, 2020 - 5pm PST

12. Adjourn

- a. Motion by: Shea at 5:21 pm pst.

Tentative Schedule for the Weekend:

**Friday**

12:00pm - 6:00pm Attend Rehab Symposium

6:45pm Leave for outing

7:00pm - 9:00pm Axe Throwing

**Saturday**

9:00am Begin MidYear Meeting

12:00pm Lunch

1:00pm Resume Meeting

7:00pm ExCo Dinner at The Keg Steakhouse

**Sunday**

Head home :)